**Come Enjoy The Koch•Young Family Resource Center Open House**

The Koch•Young Family Resource Center will hold an Open House on June 27 from 3:00–8:00 p.m. We plan to re-introduce our Lanterman community to the wide range of resources available — and to give people a chance to come together and have a good time.

Staff and special speakers will offer presentations on a variety of topics, including:
- Support groups and the Peer Support Partner Program
- Educational training for families and community members
- Library materials and the online catalogue
- Information packets and newly developed resources
- The Assistive Technology Project
- The new and improved Lanterman Web site

In addition to the presentations, we’ll be conducting tours to familiarize people with the resource center.

The Koch•Young Family Resource Center was founded as a source of information, education and support for the Lanterman community and a hub for community exchange. It’s not often that all of us have a chance to come together, so please join us on June 27th as we celebrate the strength of our network.

For more information, contact the Family Resource Center at 213.383.1300 x730.

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**As We Go to Press...**

Budget Crisis Continues and the News is Not Good

California is currently in the midst of the deepest fiscal crisis in its history, facing a budget shortfall of more than $23 billion — nearly one-fourth of the state’s total planned expenditures.

To balance the budget as required by the State Constitution, the Administration and the Legislature are carefully reviewing all state spending. The most recent actions in Sacramento are not encouraging for the regional centers.

In the May Revision to the Budget, the Governor proposes to save $52 million in the regional center purchase of services budget by implementing statewide service standards. This would mean that all regional centers would use the same standards to implement reductions in spending. The Assembly Budget Subcommittee rejected this proposal and voted to restore the $52 million to the budget. The Senate Budget Subcommittee also rejected the proposed statewide service standards, but supports a plan to save the $52 million by a method known as “unallocated budget reduction.”

“Unallocated” means that regional centers would have money taken from their budgets with very limited direction from the state, and would have to figure out on their own, working with their communities, where to make the reductions. This approach was used during the recession of the early 90s with dramatically varying degrees of success among the centers. More importantly, it resulted in gross inequities in individual regional center allocations, a situation which has taken almost a decade to resolve.

After hearing that the alternative to statewide standards is unallocated reductions, the Lanterman Board of Directors in support of statewide service standards because this approach would result in a fairer and more equitable distribution of the funding cuts.

The May Revision also calls for an additional $10 million cut in funds that would have been for new program development and regional center direct services. One method proposed to achieve these reductions is to extend the time for assessments for new consumers after initial intakes from 60 days to 120 days. Since the Assembly and the Senate are not in agreement on the $52 million budget reduction, the issue will go to the Joint Conference Committee of the Legislature for a final decision. Any reductions made will have a significant impact on our consumers and families, and the regional center’s ability to provide direct services such as intake, assessment, service coordination and advocacy, family support, quality assurance, and resource development.

The proposed budget also calls for significant reductions in services provided by other state-funded agencies such as Medi-Cal, Mental Health, and the Department of Rehabilitation. As the regional center is the payer of last resort, we expect these cuts to have an impact on our budget as well.

It’s now in the hands of the Legislature, which must consider the proposals and ultimately pass a balanced budget for the Governor to sign. Due to the complexity of the proposed cuts and tax increases, it is questionable whether the new budget will be in effect on July 1, if the budget is not in place, the regional centers will have to borrow money to remain in operation and pay service providers and staff.

We’ll continue to share information as we receive it, and particularly after we know our budget for the coming year. One thing is clear — we’ll have to work together as a community to deal with this crisis as we have had to do so many times in the past.

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**Check Out Our New Look!**

Visit Lanterman without ever leaving the house:

[www.lanterman.org](http://www.lanterman.org)

Need information on the regional center, services available, community activities or resources? Come visit the Lanterman Web site. And while you’re at it, let us know what you think of our new look.

Navigation

When you arrive at [www.lanterman.org](http://www.lanterman.org), you will find a row of buttons at the left of the page. These are on every page of the site and will allow you to go to another subject area at any time, without having to backtrack.

*continued on page 3*
People Speak Out at Annual Grassroots Event

On April 17, a team of 12 individuals from the Lanterman community, including consumers, parents, providers and regional center staff, headed to Sacramento for the annual Grassroots event.

The intensity of this year’s gathering was particularly high due to the forecasted budget deficits for the upcoming fiscal year and their undoubted affect on the developmental services system. Consumers rallied on the Capitol steps to demonstrate to representatives that many will be hurt if services are cut.

The Lanterman team visited the offices of seven catchment area representatives and met with Assemblywoman Jackie Goldberg. All offices assured the group that they support programs and services for people with developmental disabilities, but stated that there will be cuts in the Department of Developmental Services (DDS) budget given the growing deficit in California.

In addition to the budget, the issues addressed at Grassroots 2002 were health, employment, housing and services. Of particular note to our community are the following bills:

- **AB1895 (Wright) — Special Education**
  Prohibits an employee of a school district or county office of education from attempting to prevent a teacher from assisting parents/guardians in obtaining appropriate level of educational services needed for a child with special needs. (We support this bill.)

- **AB2047 (Matthews) — Medi-Cal Reimbursement for In-Patient Psychiatric Hospitals**
  Gives mental health departments the ability to negotiate a rate for administrative days, as long as it doesn’t exceed acute hospital rates. (We will watch this bill.)

- **AB2919 (Wiggins) — Medi-Cal Monthly Allowance**
  Requires the Department of Health Services to establish procedures for protection and oversight of funds held by skilled nursing facilities, and increases monthly P&I to $45 (from $35). (We support this bill.)

- **SB 1448 (Chesbro) — Deceased residents of state hospitals**
  Requires state hospitals to account for the remains of those who died while in the state hospital (on-site burial, donated to medical research, off-site burials), and requires protocol for interment for those who die at state hospitals and developmental centers and are unclaimed by family. (We support this bill.)

- **AB 275 (Aroner) — Dental**
  Waives need for prior authorization for dental services and treatment for any person who is eligible for both Medi-Cal and services under the Lanterman Act and requires DDS to identify eligible beneficiaries and develop appropriate aid codes. (We support this bill.)

- **AB 925 (Aroner) — Employment**
  Requires the Secretary of California’s Health and Human Services to create a sustainable and comprehensive strategy to help people with developmental disabilities obtain and maintain employment. (We support this bill.)

The Legislative Committee is looking for volunteers to make visits to the local offices of our elected officials. Please contact Karen Ingram at 213.383.1300 x509 if you are interested in participating.

Update On The Olmstead Decision

Advocates Urge California To Move On Plan At Packed Informational Hearing

Advocates representing community-based organizations, people with disabilities, and older Californians strongly urged California to move quickly ahead on developing a state plan to implement the 1999 US Supreme Court Olmstead Decision, in a recent 3½ hour informational joint hearing by the Assembly Committee on Human Services, chaired by Assemblywoman Dion Aroner (D-Berkeley); the Assembly Committee on Health, chaired by Assemblywoman Helen Thomson (D-Davis); and the Assembly Committee on Aging and Long Term Care, chaired by Lynn Daucher (R-Reda).

The hearing reviewed the state’s implementation of the US Supreme Court Olmstead Decision that interpreted Title II of the Americans with Disabilities Act (ADA) as requiring states to administer their services, programs, and activities in the most integrated setting appropriate to the needs of qualified individuals with disabilities.” Ellen Goldblatt, attorney with Protection and Advocacy, Inc. (P&I), who was asked by the committees to provide an overview of the issue, said the state’s development and implementation of a Olmstead State Plan should not be allowed to “drag on” and that the state was becoming more and more vulnerable to lawsuits, citing among others, the Sanchez v. Johnson case, pending in Federal District Court. Goldblatt said that while Olmstead did not force a person to move into a community setting from an institution, the presumption is that a person’s preference will be a community setting unless they choose otherwise. She underscored the responsibility of the state to provide the needed supports and services in the community to fully implement Olmstead and that the 95,000 people in nursing homes and 10,000 people in other institutions are entitled to receive services in the least restrictive environment.

While there is no requirement for the three Assembly committees to actually do anything with the information they received at the hearing, the committees can decide to initiate corrective action through legislation. Such action could be introduced via the state budget process or through introduction of regular legislation.

Lanterman consumers, parents, staff members and service providers headed up to Sacramento in April to discuss issues affecting our community with representatives like Mike Luna and Assemblywoman Jackie Goldberg, seen here.
The People
Living Our Values…
The Gonzalez Family — A Story of Inclusion
By Claudia Gonzalez.

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We are a family of four: myself, my husband Juan, and our two sons, Carl and Jeffrey. As Burbank residents, we have been with Lanterman Regional Center since Carl was born in 1989. Although Carl has Down syndrome, we have always pushed to have him included in our local school district, Burbank Unified.

Carl is presently in the 7th grade at Jordan Middle School. He is a member of the Scholarship Club, an honor he received for his good grades and meeting his IEP goals. He also belongs to the school’s Care Club, because of his concern for the environment. In addition to participating in various club activities with his classmates, Carl works at the school cafeteria and in the office sorting mail. He has received many awards for his grades and good citizenship, and is an involved member of the student body. He is preparing for a trip to Washington D.C. with his classmates in the upcoming year.

Throughout elementary school and junior high, Carl has received assistance from his one-to-one aide, Laura Zeh, and the progress he’s made is due largely to the support and encouragement of the Peer Support Partner Program. He and his classmates have a special handshake that they use and some of his classmates have recorded their voices into Carl’s communication device. We are very proud of our son, and happy to see him thriving in a normal school setting, with the same opportunities his brother and other typically developing children enjoy.

Outside of school, Carl enjoys competing in sporting events, he loves movies, and he participates in all of the family activities — we enjoy spending time together. We cannot talk about Carl without mentioning his brother, Jeffrey, who is 11 years old and in the 5th grade. He is a terrific brother, and assists and supports Carl in many ways in addition to pursuing his own academics and extracurricular activities. Jeffrey does well in school and his outside hobbies include building with Legos and collecting coins. His favorite sport is basketball.

Jeffrey treats his brother as an equal and believes that anyone with Down syndrome should be treated the same as his/her peers. Jeffrey also thinks Carl is “nice and cool.” As parents, Juan and I support our boys as much as we can and we look forward to a bright future for both of them.

Our advice to other parents is that you know what is best for your son or daughter. Try to reach the goals that you feel he/she can accomplish. Don’t give up what you stand for and if it means challenging the school system or any organization you may be working with, do it. If you feel overwhelmed, look for assistance and support from professionals that support your ideas and other parents who have similar goals.

Check Out Our New Look!
continued from page 1

At the top of each page, you’ll find a small headline that might look something like this:

“Home : Lanterman Overview : Historical Perspective”

This sequence shows you the path you’ve taken through the site and if you wish to return to any of the points along the way, you can simply click on those words. At the right side of each page, there’s a table with links to each subsection of the area you are reading about, as well as links to any topics related to those you are viewing.

The Site Map breaks down all information available on the Web site and where it is located. It’s a useful tool if you want to find a piece of information without clicking through a lot of buttons.

Information
Topics covered on the Web site include:
• A history of the developmental services and regional center system
• An overview of Lanterman and our services
• A description of how we operate
• An overview of the Board of Directors, along with board member profiles
• The Guide to Lanterman Regional Center
• Funding Guidelines that govern service provision
• Training & Events calendar
• A description of the Koch-Young Family Resource Center
• A support group listing and description of the Peer Support Partner Program
• The Assistive Technology Project (ATP)
• Community Advisory Councils and how to become involved
• Self-Advocacy Groups and how to become a member
• Updates on community activities, library materials, and resources available
• Legislative information affecting our community
• Health information and resources
• Archives of our community newsletters, Viewpoint and The Provider
• Job opportunities, internship options, and volunteer positions
• Links to other useful sites

Accessibility
In the coming year, we plan on enhancing our Web site, so that all of you can use it easily. Some of the improvements we’re working on include:
• Display of material in other languages
• Option to view site in larger font size
• Audio format that will read site aloud
• Descriptions of graphics in text format
• On-line forum for messages and conversation
• Ability to receive regional center training via the Internet

We welcome your feedback on our new look and any suggestions you may have. E-mail your comments to lisa.levin@lanterman.org or call 213.383.1300 x716.

If you’re interested in learning more about our Web site and how to use it, be sure to attend The Koch-Young Family Resource Center Open House on June 27 to see a live demonstration.
Focus on Melinda Sullivan

Melinda Sullivan has been an employee at Lanterman Regional Center for over 14 years, and is a valuable member of our team, bringing a wealth of experience working with and for people with developmental disabilities.

When she was just 16 years old, Melinda began doing volunteer work in the field in schools and also with Special Olympics. While in college, she worked full time for the San Diego Park and Recreation Department, developing leisure activities for special education classes.

After graduating from San Diego University with a degree in Recreation Administration, she moved to the Los Angeles area, and took a position at Lanterman Developmental Center in Pomona. She was there for eight years, before leaving to become the director of an adult day program run by the Exceptional Children’s Foundation.

Melinda found her way to Lanterman Regional Center in 1988. Her strong background in the field and her upbeat personality are great assets that have led to her promotion over the years from Regional Manager of the Pasadena Unit, to Director of Community Services, and finally to Associate Director for Consumer and Family Services.

Of her experience with the developmental services system, Melinda says, “Nothing makes me happier than when I run across an individual that I worked with at Lanterman Developmental Center who is now living in the community. That is just great – and it’s strengthened my resolve that individuals with developmental disabilities can be served in their home communities with the right supports.”

“Even more,” she continues, “I want people of all ages to understand and appreciate the value of including those with disabilities in all aspects of community life. That benefits us all.”

Beyond her workload at the regional center, this busy woman has also managed to find time to go back to school and study for her Masters in Organizational Management.

When she is not at work or studying, Melinda enjoys spending time with her husband and two children, who enjoy sports and scouting.
**Health and Wellness**

**Editor’s Note:** This is the fifth in a series of articles describing Lanterman Regional Center activities aimed at improving the overall health of our consumers. This article focuses on oral health.

It has been demonstrated that a person’s oral health can have a significant impact on his or her overall well-being. Potential risks associated with poor oral health include malnutrition and illness, and for persons with developmental disabilities, the risks may be greater. In 1999, a statewide needs assessment revealed that people with developmental disabilities have an increased risk (compared to the general population) of developing dental problems. This is due to a number of factors, including poor access to care, fear of the dentist, frequent use of medications that may cause oral problems, inability to complete basic oral health procedures, and challenges to providing treatment (e.g., the need for services to be provided under general anesthesia). A startling 80% of consumers assessed were found to have dental problems. The assessment also revealed that dental professionals do not feel prepared to treat patients with developmental disabilities but would be willing to do so if they had increased support.

**California Endowment Oral Health Care Program**

In response to these findings, the California Endowment funded an Oral Health Care Program, coordinated in part by the School of Dentistry at the University of the Pacific (UOP). The goals of the statewide project were to:

- replicate successful community-based systems for providing dental care to people with developmental disabilities;
- individualize programs to fit specific communities;
- emphasize oral health care as an essential component of “whole person” wellness;
- promote prevention of oral diseases; and
- support a statewide collaborative approach to improving oral health.

Lanterman Regional Center joined the project and brought dental hygienist Leticia Reyes on board to help coordinate and manage the many activities aimed at improving the oral health of our consumers. The project involves a full range of activities, including screening of consumers to determine dental care needs; outreach to the professional dental community to increase the number of resources available to consumers; educating consumers, parents and other caregivers about principles of good oral hygiene; and developing and implementing community awareness programs.

**Open House for Dental Professionals**

As part of our outreach effort, LRC held an open house for dentists on May 30. Continuing education units (CEUs) were provided to participants free of charge. The goal was to introduce dentists to the regional center system and invite them to become vendors.

We plan to repeat this type of event periodically. If you know any dental professionals who should be invited, or if you want more information about oral health, please contact Leticia Reyes at 213.383.1300 x745.

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**Nuevas Secciones Para Su Guía al Centro Regional Lanterman: Compañeros en Apoyo**

**Transición a Edad Adulta:** Esta sección ayuda a las familias y a los consumidores a ajustarse a los muchos cambios que ocurren cuando un hijo(a) con discapacidad del desarrollo entra a la edad adulta. Los temas que se incluyen en esta sección son: trabajar en educación y oportunidades de entrenamiento; arreglos de vivienda; cuidado de salud; recreo/socialización; relaciones/sexualidad; recursos financieros y asuntos legales. Familias pueden aprender como es que su familia, el centro regional, la escuela y la comunidad pueden trabajar juntos para preparar a su hijo(a) para un futuro con éxito! Para recibir una copia de esta sección, favor de llamar al Centro de Recursos Koch Young al (800) 546-3676.

**Intervención Temprana:** Esta sección provee información sobre el Grupo de Intervención Temprana del Centro Regional Lanterman, la cual sirve a familias con niños que son elegibles hasta la edad de cinco años. Familias pueden aprender sobre los diferentes tipos de servicios que son disponibles en Intervención Temprana y como prepararse para el Plan de Servicio Individualizado de la Familia (IFSP) o el Plan de Programa Individual (IPP). Para recibir una copia de esta sección, favor de llamar al Centro de Recursos Koch Young al (800) 546-3676.

**Opciones para Vivir en la Comunidad:** Esta sección ayudará a las familias a entender los diferentes tipos de opciones que existen para vivir en la comunidad que están disponibles para niños y adultos con discapacidades del desarrollo. Describe las diferentes opciones de vivienda y la clase de ayuda y apoyo que consumidores y sus familias pueden recibir dependiendo en la opción que usted elige. Para recibir una copia de esta sección, favor de llamar al Centro de Recursos Koch Young al (800) 546-3676.

El Guía al Centro Regional y estas nuevas secciones están disponibles en nuestro sitio de Internet: www.lanterman.org.

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**Rigo Goes for the Gold**

Rigoberto Gaona is a talented 29-year-old Los Angeles resident. “Rigo,” as he is known among his friends, enjoys computers, listening to music, playing sports; working out, and most of all, wheelchair racing.

He began racing in 1994 and loved it from the start. Over the past several years, he’s competed in several races and events who should be invited, or if you want more information about oral health, please contact Leticia Reyes at 213.383.1300 x745.

Beyond his athletic feats and computer talents, he has a smile that lights up the room, a personality that speaks louder than words, and real comic flair. Congratulations on all of your accomplishments, Rigo. Keep racing!
The Training & Development Unit provides information on training opportunities that focus on developmental disabilities and related topics. These training sessions provide an introduction to the Lanterman service delivery system.

For a schedule of monthly Orientation Meetings, please call (213) 383-3800 ext. 730.

NEW FAMILY ORIENTATION FOR CHILDREN THREE YEARS OLD & UP
English & Spanish. Last Friday of Every Month
9:30 a.m. – 10:30 a.m.
Lanterman Regional Center, FRC
3303 Wilshire Blvd., Suite 700
Presenters: LRC Staff
For Information and Dates call (213) 383-1300 ext. 730

NEW FAMILY ORIENTATION FOR EARLY INTERVENTION FAMILIES (BIRTH TO 3 YEARS)
English & Spanish. Last Monday of Every Month
9:30 a.m. – 10:30 a.m.
Lanterman Regional Center, FRC
3303 Wilshire Blvd., Suite 700
Presenters: LRC Staff
For Information and Dates call (213) 383-1300 ext. 730

TRANSITION TO PRESCHOOL ORIENTATION MEETING
For Families with children 2 years of age
English & Spanish.
For Information and Dates call (213) 383-1300 ext. 730

BEHAVIOR MANAGEMENT WORKSHOP FOR PARENTS
This 20-hour course was developed for Lanterman Regional Center families by the UCLA-University Affiliated Program.

PARENTING THE CHILD WITH SPECIAL NEEDS
This is an exciting 5-week course that addresses issues faced by families who have children from birth to age 6 and have special needs.
Reservations (213) 383-1300 ext. 730

FOR PARENTS — SPANISH, AUTISM
August 3 – August 31, 2002
11:30 a.m. – 1:30 p.m.
Shriners Hospital, 3160 Geneva St., Los Angeles, CA

BODY TALK
SEXUALITY & SOCIALIZATION TRAINING
Body Talk is a new sexuality and Socialization Training program specifically designed for adult individuals with developmental disabilities. Each group will accommodate 12 – 15 consumers and run for 12 weeks. The training will cover topics such as human anatomy and reproduction, developing social skills, prevention of exploitation, human sexuality, sexually transmitted diseases, birth control, and health and hygiene. Teen Talk addresses issues specific to pre-adolescence through young adulthood. Parent Talk is a 6 week class designed to address parental concerns and will focus on the parental role in supporting and promoting healthy relationships. Please note: This workshop requires referral from your Service Coordinator. Contact your Service Coordinator to register.

BODY TALK FOR ADULT CONSUMERS
Dates, Times & Location TBA

TEEN TALK FOR CONSUMERS
Dates, Times & Location TBA

PARENT TALK DISCUSSION GROUP
This 6 week group will focus on the parental role in supporting and promoting healthy relationships. Dates, Times & Location TBA

SPANISH (10 CONSECUTIVE SATURDAYS)
July 6 – September 7, 2002
9:00 a.m. – 11:00 a.m.
Shriners Hospital, 3160 Geneva St., Los Angeles, CA
Presenter: Behavioral Specialist
For Information call (213) 383-1300 ext. 730

SERVICE COORDINATION AND ADVOCACY
This training is a 10-hour course for Lanterman families to better enable them to advocate for and assist their family member with a disability.
Presenters: SCAT Faculty
Reservations (213) 383-1300 ext. 730

ENGLISH (5 CONSECUTIVE WEDNESDAYS)
October 1 – October 25, 2002
7:00 p.m. – 9:00 p.m.
Glendale Unified School District
223 N. Jackson St., Room 103, Glendale, CA

SPANISH (5 CONSECUTIVE MONDAYS)
September 16 – October 14, 2002
9:30 a.m. – 11:30 a.m.
Frank D. Lanterman Regional Center
3303 Wilshire Blvd., Suite 700, Los Angeles, CA

FOR ADULTS (BEGINNER)
ENGLISH (10 CONSECUTIVE TUESDAYS)
Dates TBA
9:00 a.m. – 12:00 p.m.
Lanterman Regional Center
3303 Wilshire Blvd., Suite 700, Los Angeles, CA

FOR ADULTS (INTERMEDIATE)
ENGLISH (10 CONSECUTIVE TUESDAYS)
Dates TBA
9:00 a.m. – 12:00 p.m.
Lanterman Regional Center
3303 Wilshire Blvd., Suite 700, Los Angeles, CA

FOR ADULTS (BEGINNER)
SPANISH
Dates, Times & Location TBA

For more information, call 1-800-546-3676.

The following are training opportunities that focus on developmental disabilities and related topics and are conducted or sponsored by Lanterman Regional Center for consumers, family members, and board members in the Lanterman Community.

Lanterman Regional Center Family & Consumer Training
The Center publishes a Training and Events webpage that is accessible via the website www.lanterman.org.

For Information and Dates call (213) 383-1300 ext. 730

Presenters: LRC Staff
For Information and Dates call (213) 383-1300 ext. 730

For more information, call: 1-800-546-3676.

by Maureen S. Wilson, Director
Ronna Kajikawa, Executive Assistant
Ronna.Kajikawa@lanterman.org

— Christopher Nolan
Dam-Bust of Dreams

Dad
Who is dad, or what is he?
Only I can tell,
He is the man that reaches —
God love him may I say,
For life and hope and so
Happy looks he too,
You’d never think
He was only just my dad

— Christopher Nolan
(post and poem with Cerebral Palsy)
Dumb-Bust of Dreams

Wanted: Dads interested in exploring the issues and experience of disability.
For more information, call 1-800-546-3676.
ADULT SIBLING SUPPORT GROUP
Call for dates, location and details.
Contact: Olivia Hinojosa (213) 383-1300 Ext. 705

ARMENIAN PARENT GROUP
Quarterly meetings — Glendale Area.
Call for dates and details
Contact: Rima Shahaun (818) 548-4349
Shahan (818) 383-1300 Ext. 546
Sona Topjian (213) 383-1300 Ext. 677

ARMENIAN PARENT SUPPORT GROUP
Monthly meetings at group members’ homes in the Glendale area.
Monthly – Last Friday, 1:00 p.m.
Contact: Rima Shahaun (818) 548-4349
Sona Topjian (213) 383-1300 Ext. 677

AUTISM SOCIETY OF AMERICA
San Gabriel Valley Chapter Support Group
1147 N. Reeder Ave., Covina.
Monthly – 1st Wednesday, 7:30 p.m.
Contact: Patricia Keysayder (626) 447-3452

BEHAVIOR MANAGEMENT PARENT SUPPORT GROUP
Call for details
Contact: Olivia Hinojosa (213) 383-1300 Ext. 705
daDA FATHERS REGIONAL SUPPORT NETWORK
Call for details
Contact: Marty Sweeney (213) 383-1300 Ext. 722

DE MI FAMILIA A SU FAMILIA
(Groupo para Familias con Niños con Autismo)
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Primeiro martes de cada mes
9:30 a.m. – 11:30 a.m.
Contact: Carlos Duque (213) 383-1300 Ext. 570
Romil Castillo (213) 426-3678

DOWN SYNDROME SAN GABRIEL VALLEY PARENT SUPPORT GROUP WITH CHILDREN UNDER SEVEN
Church of the Brethren
1041 N. Altafina Drive, Pasadena, 91107
Monthly – 1st Thursday, 7:00 p.m. – 9:00 p.m.
Contact: Olivia Hinojosa (213) 383-1300 Ext. 705
Ian & Terry West (818) 952-2629

GRUPO DE APOYO PARA FAMILIAS CON NIÑOS CON PRADER-WILLI
Shriners Hospital
3160 Geneva St. (Virgil and Third St.), Los Angeles
Ultimo martes de cada mes
7:00 p.m. – 9:00 p.m.
Contact: Francisco Arias (213) 965-0379
Patricia Rodriguez (213) 383-1300 Ext. 544

GRUPO PARA FAMILIAS CON NIÑOS CON PRADER-WILLI
Shriners Hospital
3160 Geneva St. (Virgil and Third St.), Los Angeles
Ultimo viernes de cada mes, 7:00 p.m. – 9:00 p.m.
Contact: Mercedes Rivera (213) 383-4402

HOLLYWOOD/WILSHIRE PARENT SUPPORT GROUP
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Segundo martes de cada mes, 9:30 a.m.
Contact: Augustine Mellin (213) 365-2138
Monica Mauze (213) 383-1300 Ext. 519
Laura Hernandez (213) 383-1300 Ext. 518

FAMILIES AND FRIENDS OF PERSONS WITH DISABILITIES
St. Dominic’s Community Center
2002 Merton Ave., Eagle Rock
Monthly – 1st Friday, 7:30 p.m.
Contact: Emma Guanlao (213) 659-8332
Sandy Khunch (213) 656-4484

Filipino American Special Service Group for the Developmentally Disabled
Call for dates and details
Contact: Alice Gutabun (213) 384-2340

FOOTHILL AUTISM ALLIANCE — NETWORK RESOURCE MEETINGS
BCR-200 E. Amherst Drive, Burbank, CA 91505
Monthly – 2nd Wednesday, 7:00 p.m. – 9:30 p.m.
Contact: Sue Brooks (818) 66-AUTISM (662-8847)

FRAGILE X PARENT SUPPORT GROUP
Call for dates and details
Monthly – 7:00 p.m.
Contact: (818) 754-0427 VoiceMail

GAY AND LESBIAN ADULT SUPPORT GROUP
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Segundo martes de cada mes
7:00 p.m. – 9:00 p.m.
Contact: Joe Perales (213) 383-1300 Ext. 592

GLENDALE/BURBANK/FOOTHILL PARENT SUPPORT GROUP
Monthly – 1st Monday, 7:00 a.m.
Burbank First United Methodist Church
700 N. Glenoaks Blvd., Burbank, 91502
Contact: Jennifer Wyne (213) 383-1300 Ext. 679

GRUPO DE APOYO PARA EL MANEJO DE LA CONDUCTA
Shriners Hospital
3160 Geneva St. (Virgil and Third St.), Los Angeles
Ultimo martes de cada mes
7:00 p.m. – 9:00 p.m.
Contact: Francisco Arias (213) 965-0379
Patricia Rodriguez (213) 383-1300 Ext. 544

GRUPO PARA FAMILIAS CON NIÑOS CON PRADER-WILLI
Shriners Hospital
3160 Geneva St. (Virgil and Third St.), Los Angeles
Ultimo viernes de cada mes, 7:00 p.m. – 9:00 p.m.
Contact: Mercedes Rivera (213) 383-4402

ITALIAN PARENT SUPPORT GROUP
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Segundo martes de cada mes, 9:30 a.m.
Contact: Augustina Mellin (213) 365-2138
Monica Mauze (213) 383-1300 Ext. 519
Laura Hernandez (213) 383-1300 Ext. 518

KOREAN PARENT SUPPORT GROUP
Asian Advocate for Special People
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Monthly – 2nd Monday, 6:30 p.m. – 8:30 p.m.
Contact: Suki Chang (213) 999-3981
Monthly – 1st Wednesday, 10:00 a.m.
Contact: Sam Suzuki (213) 383-1300 Ext. 559

LA ESPERANZA
(Groupo Semanal en Español)
Children’s Hospital of Los Angeles, Conference Room “D”
Segundo martes de cada mes, 7:00 p.m. – 9:00 p.m.
Contact: Joe Perales (213) 383-1300 Ext. 592

LEONARD’S LITTLE FRIENDS (OF THE DEVELOPMENTALLY DISABLED)
Call for dates and details
Contact: Alice Gutabun (213) 384-2340

“LA ESPERANZA”
Group Semanal en Español
Lanterman Regional Center, 3303 Wilshire Blvd., Ste. 700
Lunes, 7:00 p.m.
Contact: Yolanda Hernandez (818) 952-3081

“PAIDOS UNIDOS LANTERMAN”
(Groupo en Espanol)
Children’s Hospital of Los Angeles, Conference Room “D”
Segundo martes de cada mes, 7:00 p.m. – 9:00 p.m.
Contact: Joe Perales (213) 383-1300 Ext. 592

RETTE SYNDROME SUPPORT GROUP
Pasadena Area, Quarterly Meetings
Call for dates and details
Contact: Marie Hyland (808) 790-4836
Pep Stenberg (808) 355-3534

SPANISH-SPEAKING PARENT SUPPORT GROUP
(Groupo Semanal en Español)
Salvin Special Education Center
1925 S. Budlong Ave., Los Angeles
Llame para los fechas, 9:30 a.m. – 11:30 a.m.
Contact: Gloria Perez (213) 383-1300 Ext. 553

TEATRO ILUSSION
(Grupo Semanal en Espanol)
Shriners’ Hospital
3160 Geneva St. (Virgil and Third St.), Los Angeles
Cada viernes, 6:00 p.m. – 8:00 p.m.
Contact: Yolanda Hernandez (562) 928-5324

NEW GROUPS
Mommy & Daddy & ME — EARLY INTERVENTION PARENT SUPPORT GROUP
For families with children 0 to 3 years of age.
Center for Developing Kids (CDK)
200 E. Del Mar Blvd., Suite 112
Pasadena, CA 91105
Monthly — 2nd Tuesday, 7:00 p.m. – 9:00 p.m.
Contact: DaVonna Jenkins (213) 383-1300 Ext. 533
Bermadeo Bagasan (213) 383-1300 Ext. 517

SIBSHOPS
For siblings ages 6-12,
Los Angeles and Pasadena Area.
Monthly — 3rd Friday, 4:00 p.m. – 6:00 p.m.
Contact: Olivia Hinojosa (213) 383-1300 Ext. 705

Meeting Schedule
COMMUNITY ADVISORY COUNCILS
Our Community Advisory Councils serve as a link to the community. They provide input on policies, services and programs and offer opportunities for consumers, parents, service providers and staff to network. If you have an interest in serving in the council for your area or in attending meetings, contact the Lanterman Regional Managers at (213) 383-1300.

LOS ANGELES BASIN
Third Tuesday of the month
10:00 – 11:30 a.m.
Sama Suzuki Ext. 559

GLENDALE REGION
Second Tuesday of the month
6:00 – 7:30 p.m.
John Buck Ext. 619

PASADENA REGION
Third Tuesday of the month
6:30 – 8:00 p.m.
M.J. Kenast Ext. 617

If you are interested in starting a support group but don’t know how to take the first step, call The Koch Young Family Resource Center for information:
1-800-546-3676
The Child with Special Needs
By Stanley L. Greenspan, M.D.
Reviewed by Rita Chen-Brown, FDLRC Service Coordinator

Don’t let the thickness of this book deter you from reading it. It is very easy reading, and will keep you engaged from front cover to back. I recommend this book for both parents and providers. It is not just theory-based, but full of practical ideas to help you understand and work with a child with special needs or even a typically developing child. The book is divided into three sections. The first part focuses on milestones that must be achieved in order to learn and develop at maximum potential. Briefly, these include the ability to take an interest in the surrounding environment, to engage in relationships or intimacy, to communicate/share dialogue, to ascertain the sequence of actions, to create ideas and to connect ideas in a logical and realistic manner.

The second part of the book describes “Floor Time” therapy, by sharing real life situations. Floor Time, created by Dr. Greenspan, is an intensive one-on-one interactive therapy geared towards helping children reach developmental milestones.

The final section of the book explores the influence of the family, school and others on a child. It poses the question, “How does a child’s disability affect others and how do others react to the disability?”

New Resources In the FRC Library

Parenting Kit

With the support of Proposition 10 monies, the California Children and Families Commission recently produced a comprehensive kit for new parents. It includes a video series, children’s book, blanket, informational brochures, and a guide for parents. The kits are available in both English and Spanish and cover a range of topics including child development, children’s health and safety, quality childcare, and school readiness. These free kits are available for distribution at the Koch Young Family Resource Center. You may also want to discuss the appropriateness of the kit for your family with your Early Intervention Service Coordinator.

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