Making inclusion of individuals with developmental disabilities a genuine reality in everyday life is an ongoing focus of everything we do at Lanterman. Here are some examples of acceptance in action.

Lanterman Youngsters Make an Impact at the Assistance League

From the moment they step off the bus, the sixteen Lanterman children who participate in the Assistance League Children’s Club make their presence felt. Through their interactions with staff members and their peers in the classroom, these youngsters have strongly enhanced the feeling of unity in the Assistance League children — and the sense of acceptance keeps growing.

Jean Hall, administrator of the Children’s Club, believes that Lanterman consumers play an important role in broadening the horizons of their program. She has observed an exciting transition as obstinate teenagers become conscientious mentors to their playmates from Lanterman, and younger children assume protective responsibilities for their new friends.

The program runs from 7:00am — 6:00pm for students 5–13 years of age. Activities range from computer training and help with homework to organized sports. Even though the feeling of love and connection is tangible, “that does not mean that we coddle the children,” Ms. Hall emphasizes. “We continue to raise the bar for all of our children, and the Lanterman kids can and do make the jump.” By respecting youngsters with developmental disabilities and maintaining the expectations that stimulate their capacity to grow, she feels that the Lanterman kids can and do make the jump.

Shane’s Inspiration — a spacious playground in Griffith Park close to the carousel near Riversides Drive. Shane was a little boy born with muscular atrophy, who died in 1997. Out of their loss, his parents — Scott Williams and Catherine Curry-Williams — were inspired to build a wheelchair accessible playground for children with all levels of physical ability, a playground Shane could have shared with other youngsters.

Following a model on the East Coast called Bonaventure Playground, and guided by the input of over 1,000 children and parents who participated in “dreaming and design” parties, the Williams created a universally accessible, fully integrated space. Seventy percent of the area allows children with disabilities to play side by side with their non-disabled friends. The swings are large and designed to support children who have physical needs. The towers and forts are connected by wheelchair ramps. There’s a castle, dinosaurs, and even a stationary train. It’s a magical place of fun, and a loving place of acceptance. And it’s become the most popular playground in Los Angeles — for all children.

“It was an idea whose time had come,” says Catherine Curry-Williams, “and we were the catalyst. But it’s succeeded way beyond our expectations.”

Shane’s Inspiration has transformed a park playground into a celebration of inclusion as children of all abilities play together — and parents of all communities share their experiences. There’s no other place like it on the West Coast — yet. Plans are already underway for Shane’s Inspiration in Westwood, Pacoima, Torrance and Pico Rivera. And that’s just the beginning.

John Poulos — Going After His Dreams

John Poulos, a consumer at the Frank D. Lanterman Regional Center, is reading a set of court documents, and setting up a case file — not for himself, but for attorneys at the offices of Melvin Horowitz. That’s where John is competitively employed as the File Manager.

John’s motto is “always believe in yourself and never give up” — and it was this determination that kept him looking for jobs. “John’s got these amazing people skills and from his ability to talk to people he’s succeeded way, way beyond our expectations.”

Shane’s Inspiration — a spa-
cious playground in Griffith
Park close to the carousel near
Riverside Drive. Shane
was a little boy born with
muscular atrophy, who
Robert

Roberta Louise Happe

A Passion for Caring and Commitment

It is with great sadness that Lanterman reports the death of staff member, Roberta Happe. Roberta was a dedicated contributor to the Lanterman community, and a beautiful individual who touched the lives of all those around her. Remembered by family, friends, colleagues, and people with developmental disabilities, Roberta is recalled as someone who fulfilled her namesake — Happe, pronounced "Happy" — in every way. At just 23 years old, Roberta managed to impact not only her family and friends, with whom she held strong bonds, but also her childhood playmates, her high school teachers and classmates, her college-alma mater’s coworkers and peers, and people with developmental disabilities in the Lanterman community, and even those acquaintances that Roberta had a way of becoming close with.

At her memorial service held at Crescenta Valley High School, more than 1,000 people gathered to celebrate and honor Roberta’s life. Speaker after speaker recounted her enthusiasm, commitment, and generosity of spirit in helping others. Roberta's contributions to the Lanterman community are just an example of how her spirit affected those around her.

Koch Young Family Resource Center

A graduate of the University of Southern California, Roberta joined the staff of the Koch Young Family Resource Center (FRC) in the fall of 1999 working as a temporary employee. She was soon offered the position of Resource Coordinator, a role that she filled well. Roberta's duties included developing and coordinating, and managing the information flow in the FRC. At any given moment, one might have found Roberta answering the Help Desk telephone, providing an orientation tour for new service coordinators, trafficking logistics for an upcoming FRC event, or simply assisting a family at the FRC Help Desk. In addition to these responsibilities, Roberta served as the editor of the FRC’s quarterly newsletter for the Frank D. Lanterman Regional Center, helped to organize the Assistive Technology Project and its computer training classes, coordinated the maintenance of the Lanterman web site, and managed the overall dissemination of information on disabilities and public awareness events sponsored by the Center.

Beyond Lanterman

Roberta’s achievements were not limited to her work at Lanterman. At both Crescenta Valley High School, and the University of Southern California, Roberta was an active member of the student body and made her presence felt. During her junior and senior years of high school, she was the director of school spirit, played on the soccer team, and participated in the school’s drama program. Roberta made those around her feel special, including the teachers and principal at Crescenta Valley High. At her memorial, many shared the personal gifts that she had given them, and talked about the unique and inspirational student that Roberta was. The legacy continued at USC, where Roberta was an active member of the Hecenes, a women’s spirit and community service organization, “a brother” in the business fraternity, Alpha Kappa Psi, and unquestionably the most dedicated Trojan fan around. Roberta graduated from the USC Business School in May of 1999.

Celebration of Life

Roberta’s good nature and enthusiasm for life was infectious. This extraordinary character was the result of her family’s love and amazing strength. In this time of hardship, the Happes’ wish is to focus upon the beautiful life that Roberta lived. It was with this in mind that they organized a memorial that truly highlighted the spirit that Roberta possessed and so openly shared. As painful as it is to bear the senseless and tragic nature of Roberta’s death, the memorial marked an effort to instead hold on to all that Roberta gave to us in the short time that we were graced with her presence.

If you would like to express your thoughts and memories of Roberta, Lanterman is organizing a Book of Remembrance for the Happe family. The book will be available at the Koch Young FRC through April 15, 2001. You may also email your tribute to frc@lanterman.org.

Lanterman is marked by the special spirit and heart of its people: a passion for caring and commitment that gives our work its true life. A prevailing culture of willingness and a readiness to volunteer characterize the people of Lanterman.

— a Lanterman core value

Robert’s Legacy

The Gift of a Willing Spirit

The following remarks were made by Executive Director Diane Amsden at the memorial celebration to honor the life of Roberta Happe.

I feel blessed to have known Roberta. Roberta was a golden person who was endowed with many gifts—some tangible and some intangible. I would like to share some thoughts with you about what I believe was Roberta’s special gift, the insight that it imparted to us, and its legacy. The gift of a willing spirit.

I would first like to set the scene. The year was 1999, my assistant of 20 years had just retired. Though I had another very capable person working with me, we needed additional help. Roberta had just graduated from the University of Southern California with a degree in business. Her dream job was “event planner”; she was “temping” while going on job interviews; and she had no relevant education or experience in the field of development.

I relate this for two reasons. First, “credentials” are important to us as a professional organization. If Roberta had applied for a position she would have been screened out as not having the correct qualifications. In all likelihood, Roberta never would have applied for a position with the Regional Center anyway; she was headed in a different direction. And second, because her lack of proper credentials proved to be a factor in an important insight Roberta imparted to us.

Looking back, I think it took all of a day or maybe two to begin to realize that we had an extraordinary person in Roberta. It took somewhat longer to realize that it didn’t much matter that her degree was in business nor that she had no relevant experience.

From the very beginning Roberta’s spirit of willingness was evident in every tangible way. Roberta was willing to take initiative — always to work collaboratively, to learn, to be challenged, to grow and to pursue excellence in all she undertook.

Roberta was willing to help others — always. And not just to help but to give of herself. Roberta was willing to embrace life joyfully. Most of all, she was willing to believe in the inherent value of every person regardless of their ability or disability — unconditionally. And although she was a Trojan through and through, she was even accepting of those of us who are Bruins.

Roberta was not simply willing, she was willing with warmth and enthusiasm. I believe that it was this spirit that fueled her signature happiness.

The insight that Roberta imparted to us was this: Although “credentials” have their place, willingness of spirit makes all things possible.

The legacy that Roberta bequeaths to us is this willing spirit. Each of us has the vision to accept this gift from Roberta. Although her gift had been given to her in abundant measure, each of us in our own way, in consciously accepting this gift, can demonstrate more willingness in our personal lives and in our work.

This is Roberta’s legacy. It is a legacy that lasts. So if you and I want to remember Roberta, to honor her, in a real way, the next time someone asks for help say “yes, I will,” and say it the way Roberta would have — with warmth and enthusiasm.

Roberta Happe Memorial Internship

In tribute to the life of Roberta Happe and to the contributions she made to the Lanterman Community, the Board of Directors has initiated plans to sponsor the Roberta Happe Memorial Internship. The internship will provide opportunities for students of promise to gain knowledge and experience in the area of family support.

The Frank D. Lanterman Regional Center’s mission is anchored on a set of core values. One of these core values is Spirit. It is a value marked by the special spirit and heart of its staff, consumers and families and is characterized by a passion for caring and a personal commitment that gives our work its true life. It is a spirit that nurtures a prevailing culture of willingness and a readiness to volunteer. In her all-too-brief career and life Roberta Happe exemplified the spirit contemplated within the Lanterman core values. The Roberta Happe Memorial Internship will be an opportunity to honor Roberta’s example and to remind us all of the importance of the human spirit in our endeavor to serve and support the Lanterman community.

Checks should be made payable to Frank D. Lanterman Regional Center. Designate the Roberta Happe Memorial Internship Fund.
Biz2Biz.com Partners with Lanterman Regional Center

Lanterman Regional Center has received a generous grant from Biz2Biz.com, a company started by Board Member Jeff Richards. The grant will allow Lanterman unlimited use of the firm’s online news release distribution service, Biz2BizPRESS.com. With over 50,000 media contacts, the site serves small and medium-sized businesses, public relations practitioners, and the editorial community.

In addition to access to the news distribution service, Biz2Biz.com will also provide support to our Business Advisory Committee by distributing Lanterman press releases to Southern California businesses that support its efforts. “By offering us public relations counsel, news releases, media relations and other support, Biz2Biz.com will help us tell our story to the greater Los Angeles community,” says Patricia Herrera, Lanterman Director of Family Support Services. “The result will be a public much more aware of and sensitive to the needs and potentials of individuals with developmental disabilities.”

Biz2Biz.com is designed to help companies build their businesses online. There are 82 vertically targeted portals already operational within the Biz2Biz.com network. Focusing on small- and medium-sized manufacturing businesses in North America, Asia, and Europe, Biz2Biz.com brings innovative Internet technologies and network applications that automate transactions and the flow of information and work between buyers, sellers, and co-workers.

The site provides businesses with a centralized location for all search, support, collaboration, and transactions, which allows them to interact with customers, suppliers, and partners more dynamically than ever before. For more information, visit www.Biz2Biz.com

HOPE Worldwide Partners with Lanterman Regional Center

Lanterman Regional Center is pleased to announce a partnership with HOPE Worldwide Los Angeles, a volunteer organization that develops programs with a long-term impact, primarily for children and families in the greater Los Angeles area. The group is a faith-based charity, which was founded in 1901 by the International Churches of Christ. A subsidiary of HOPE Worldwide Ltd., their mission is to bring hope to a hurting world through the programs they have developed in 85 countries.

They have partnered with Lanterman to support the Best Buddies program, which matches adults with developmental disabilities (Buddies) to interested individuals (Citizen Buddies) in the community.

The partnership between Lanterman and HOPE Worldwide was created thanks to Service Coordinator Dora Saki who approached Patricia Herrera, Lanterman Director of Family Support Services, about volunteer projects for the organization. The Best Buddies program was an obvious choice as Citizen Buddies were desperately needed. Today, four groups of HOPE Best Buddies are building friendships through various activities including bowling, movies, shopping, e-mailing and just spending time together.

Karen November

Karen November’s interest in people with developmental disabilities stems from her experience with her adult sister who has Down syndrome. In addition, her professional experience — she has both a Master’s in Gerontology and a Master’s in Public Administration — working with older adults, makes her an invaluable addition to the Lanterman Board.

She plans to apply her creativity and knowledge to focus on planning for individuals as they age. “I’m very interested in filling gaps for families in terms of services that are needed, particularly for people with developmental disabilities as they get older. There are significant issues for this population that must be addressed. I also think it’s very important for Lanterman to continue developing the Assistive Technology Lab.”

When she’s not working in her field or volunteering at Lanterman, Karen’s busy with her three daughters, ages 13-3.

Reynalda Sanchez

One of our newest Board Members is energetic Reynalda Sanchez. A member of the Consumer Advisory Committee for the last three years where she’s been the source of many creative ideas, she’s been described by her fellow volunteers as “committed to doing work for Lanterman.”

Reynalda is also very active in self-advocacy and has been a participant and presenter at the statewide Self-Advocacy Conference. Speaking of her involvement, Reynalda says that she wants “to pay back the regional center for all that it has done for me.”

You Spoke We Listened...

continued from page 1

created this amazing group of friends. He will network with these friends and also cold call companies to see if they need help,” says his sister Mary Lapidot. His networking skills put him in touch with Tina Karos at the law office. “Tina is an incredible woman, she’s so supportive and would be an angel for anybody to work with,” says Mary.

“John came at a great time for us,” says Tina. “The office needed organizing after we moved and John has done a great job organizing files, setting them up and helping us rearrange the office. He’s always coming up with ideas to improve things here.” John describes the office and his fellow employees as an easy working atmosphere. “The people I work with are very good to me” he says.

John is planning to pick up new skills and then move on to a higher level job. He’s taking a computer class at Lanterman as well as volunteering with Martin Sweeney, Project Coordinator for the Lanterman’s Assistive Technology Project.

“The best part about this is that John loves to work, and now that he is, his self-esteem is way back up,” says Mary.
H
ard to believe, but summer’s almost upon us — and with it the search for outdoor leisure activities for individuals or family members with developmental disabilities. To help you access information about recreational opportunities directly, we’ve established the Electronic Resource Directory (ERD). You can access it via the internet at www.lanterman.org

The ERD is a work in progress and currently has only recreational resources listed. If you have a resource you would like to recommend, please contact the Kool Young Family Resource Center at 1-800-546-3676.

Some of the resources are programs that specialize in working with people with developmental disabilities. Others are generic, meaning they cater to a variety of needs. They support a community of families and individuals with disabilities in their programs. We’ve provided this information to help adult consumers and families locate low-cost recreational activities. This doesn’t necessarily mean Lanterman will purchase these services. Funding is determined on a case by case basis as do other resources in your Individual Program Plan. Please contact your service coordinator if you have questions.

The following are some examples of resources that families can access from the Electronic Resource Directory.

Generic Resources

Shane’s Inspiration is a spacious playground in Griffith Park close to the carousel near Riverside Drive. Shane was a little boy born with spinal muscular atrophy, who died in 1997. His parents built this two-acre playground for children with all levels of physical ability. The swings are large and designed to support children who have physical needs. The towers and forts are connected by wheelchair ramps. This playground is a rare addition to Griffith Park, and a no-cost way to spend a summer day. Pack your picnic basket and enjoy!

American Youth Soccer Organization (AYSO) has a special program called VIP (Very Important Person) which adapts soccer to persons with disabilities. Any parent can start a VIP soccer team. Call Cindy Seymark at (877) 967-2841 to be put on their mailing list.

Adaptive Recreation Program of Pasadena sponsors a variety of recreational activities year round. They offer specialized camp opportunities, as well as including individuals with disabilities into camps run by the Department. For more information call Jackie Arnest at (626) 398-1257.

Pasadena YMCA has recreational opportunities including dance, music, and swimming. For more information, call (626) 449-1953.

Foothill/Pasadena Area

Holy Family C.A.M.P. (Children with Autism Making Progress) is a six-week day camp in South Pasadena. Please call (626) 744-7949 for further information.

South Pasadena YMCA offers special swimming lessons. For information, call (626) 799-9119. LL Frank Center, sponsored by Ability First, offers a day camp in South Pasadena. Call (626) 449-5661 for more information.

Los Angeles Area

Etsa Israel-Camp Avraham Moshe is located in Los Angeles, and provides day camp opportunities for children. Please call (310) 285-0909 for more information.

Elysian Park Adaptive, located near Dodger Stadium, provides day camp opportunities for children and young adults. You can reach them at (323) 226-6724 or ask to speak with Gabriella.

JEMS Camp (Japanese Evangelical Missionary Society) sponsors an annual camp at Ponderosa Lodge at Mt. Hermon. This camp serves children of Asian descent, who are 9 years of age and older with a developmental disability. Campers must be ambulatory and perform their own self-care activities. For more information call (213) 615-0022 or go to www.jems.org

UCLA offers a Movie Day Camp for individuals with developmental disabilities between the ages of 10-18. Call (310) 296-6150 for more information.

Southern California Area

Camp Joan Mier and Camp Paivika are both sponsored by Ability First, and offer a variety of camping experiences for all ages. For information on Camp Joan Mier, call (310) 457-9883, and for Camp Paivika, call (626) 396-1010.

Easter Seals offers a residential camp program at various camps in San Diego County. Call (619) 536-0630 for more information, or call (851) 684-2166 to find out about possible camps in your area.

Exceptional Children’s Foundation offers residential camp opportunities in the San Bernardino Mountains. Call (323) 280-2000 for details.

Jay Nolan offers both day and residential camp opportunities. Call (818) 361-6400 for details.

Southern California Network coordinates camping trips for families with infants and preschool children with visual impairments. Call (714) 578-8888 and ask for Kathy Goodspeed.

Special People’s Foundation provides travel and camping services for people with developmental disabilities. Call (510) 618-1833 for more information.

Lanterman’s Los Angeles Basin Community Advisory Council is again sponsoring a Leisure and Recreation Forum, where people can learn about local, community-based recreation activities. This is an opportunity for families to get their questions answered regarding cost, inclusion possibilities and more. The date of the forum has been set for May 8, at the Brialle Institute. Contact your service coordinator or Sam Suzuki, Regional Manager, at ext. 559 for more details.
California’s developmental services system is in a state of crisis impacting all 21 regional centers and the five remaining developmental centers. Among the many challenges regional centers face, one of the most critical is the serious lack of resources to pay direct care staff the kind of wages that will attract and retain qualified people. On the other hand, the state’s aging developmental centers are in severely sub-standard condition, with an estimated $1.6 billion needed for their repair. These two challenges present the opportunity to act on an idea that has been around for some time, and is now gaining support — unify the service delivery system.

Thirty-five years ago, California stopped building institutions and created regional centers to serve people with developmental disabilities. This community-based system dramatically changed the approach to care and demonstrated that any individual — regardless of the nature or extent of the disability — can, with proper support, live in the community as an active, participating member. However, the developmental centers have remained in place as a parallel, but separate entity, creating an artificially and inefficiently divided service system which should serve the same population and share a common purpose, but instead forces regional centers and developmental centers to compete rather than cooperate — often at the expense of the people they serve.

In essence, the State of California runs two systems to discharge its responsibilities under the Lanterman Act. But the regional centers — because they are community-based — do so not only more effectively, but also in a more enlightened way, focusing on support, choices and the inclusion — not isolation — of individuals with disabilities into mainstream society.

Currently, the Department of Developmental Services spends an average of $166,753 per client per year for the 3,800 residents of the state-run developmental centers. It allocates an average of $11,659 per client for those living at home or in private care facilities in the community. In other words, about 25% of the state’s resources go to serve about 2% of the system’s users. And at the same time, new statutes and mandates require the regional centers — the heart of the community care system and currently serving more than 160,000 people — to do more and more with less and less.

Assemblywoman Dion Aroner has introduced legislation to change that. AB896 proposes that the state gradually close the developmental centers and transfer their residents, assets and programs to the regional center system. The law makes clear that institutional care is an option only for those people who cannot be served in the community. Integrating developmental center services into the existing community service delivery system would be effective for everyone. Regional centers would gain much-needed resources to develop and staff community living options, and could also purchase services from the developmental centers, much the way they do with others.

Unifying the system would also help create uniform rates and standards of quality, ensuring the ability to hire the most qualified individuals, and allow regional centers to continue to do what they do so well — enable people with developmental disabilities to live full, productive, satisfying lives as active members of their communities.

Holidays Are For Sharing Brings Smiles to Lanterman Families

You could see the joy on their faces. The faces of the children receiving gifts, the faces of the parents watching their children, and the faces of the staff and volunteers who spend hours gathering, sorting and distributing gifts.

For the 20th year in a row, Lanterman Regional Center has sponsored the Holidays Are For Sharing program as a part of our Client Help Fund. Its mission is to provide consumers and families with donations of gifts, food certificates and funds to fill special needs during the holiday season. As always, Lanterman staff, service providers and outside organizations outfit the previous year’s totals.

We received $26,319.46 in cash contributions along with $28,453 in gift and toy donations. In addition, 37 families were “adopted” as part of the Adopt-A-Family program, including 16 families adopted by La Giuraco.

Special thanks go to Hope Worldwide, a non-profit organization that provides services and help to people who need it most, for setting up a toy drive for Lanterman. The drive collected 500 toys. Thanks also go to Toys for Tots for their donation of $10,000.00 worth of toys, as well as Disney, Tесс Clothing Manufacturer and ARS Workshop. Tесс will continue to donate new clothing items throughout the year. In total, Holidays Are For Sharing collected $61,372.46, an increase of 33.4% over last year.

However, need knows no season, and the Client Help Fund seeks your help year round. If you or someone you know would like to make a donation, please contact Jackie Ashman at (213) 383-1300 ext. 084.
Lanterman Regional Center Family & Consumer Training

The following are training opportunities that focus on developmental disabilities and related topics and are conducted or sponsored by Lanterman Regional Center for consumers, family members, and board members in the Lanterman Community.

NEW FAMILY ORIENTATION
Lanterman Regional Center provides Orientation Meetings to welcome new consumers and families to the Center. These meetings provide an introduction to the Lanterman service delivery system. For a schedule of monthly Orientation Meetings, please call (213) 383-1300 ext. 703.

NEW FAMILY ORIENTATION FOR CHILDREN THREE YEARS OLD AND OLDER
English & Spanish, Last Friday of Every Month, 9:30 a.m.–10:30 a.m. English, 10:30 a.m.–11:30 a.m. Spanish. Lanterman Regional Center, BCR, 230 E. Amherst Dr., Burbank, CA. Poster: Contact your Service Coordinator to register.

NEW FAMILY ORIENTATION FOR EARLY INTERVENTION FAMILIES (BIRTH TO 3 YEARS)
English & Spanish, Last Monday of Every Month, 9:30 a.m.–10:30 a.m. English, 10:30 a.m.–11:30 a.m. Spanish. Lanterman Regional Center, BCR, 230 E. Amherst Dr., Burbank, CA. Poster: Contact your Service Coordinator to register.

BEHAVIOR MANAGEMENT WORKSHOP FOR PARENTS
This 20-hour course was developed for parents of Lanterman Regional Center Children and Families by the UCLA-University Affiliated Program. The training is a proactive approach where families learn strategies to manage behavioral concerns. More serious behavioral issues should be discussed with your Service Coordinator.

EDUCATIONAL WORKSHOP FOR ADULTS (SIX CONSECUTIVE TUESDAYS)
April 17–May 15, 2001, 9:00 a.m.–11:00 a.m. 3303 Wilshire Blvd., Suite 700, Los Angeles, CA. Poster: Behavioral Specialist

FOOD TALK
Sexuality & Socialization Training: Body Talk is a new Sexual Training Program specifically designed for adult individuals with developmental disabilities. Each group will accommodate 12-15 consumers and run for 12 weeks. The training will cover topics such as human anatomy and reproduction, developing social skills, prevention of exploitation, human sexuality, sexually transmitted diseases, birth control, and health and hygiene. Teen Talk addresses issues specific to pre-adolescence through young adulthood. Parent Talk is a 6-week class designed to address parental concerns and will focus on the parental role in supporting and promoting healthy relationships.

TEEN TALK FOR CONSUMERS
For Parents
May 24–July 16, 2001, 4:00 p.m.–6:00 p.m. (Twelve consecutive Wednesdays) BCR, 230 E. Amherst Dr., Burbank, CA. Contact your Service Coordinator to register.

PARENT-DACussion GROUP
This 6 week group will focus on the parental role in supporting and promoting healthy relationships. Poster: This workshop requires referral from your Service Coordinator.

KEEPING OUR CHILDREN SAFE
For Parents
April 23–2001, 6:00 p.m.–8:00 p.m. Lanterman Regional Center, 3303 Wilshire Blvd., Suite 700, Los Angeles, CA. This 2 hour in-service will help parents recognize signs of child abuse in young children with developmental disabilities. Cost: No cost Poster: UAP Children’s Hospital Project Heal Staff
For information call (213) 383-1300 ext. 720

TOOTH TALK
For Parents
May 9, 2001, 4:30 p.m.–5:30 p.m. Lanterman Regional Center, 3303 Wilshire Blvd., Suite 700, Los Angeles, CA. This training is designed for parents stressing the importance of healthy teeth and preventive dental care for people with developmental disabilities. Cost: No cost Poster: LRC Dental Hygienist Staff
For information call (213) 383-1300 ext. 720

NUTRITION & FOOD PREPARATION & STORAGE
For Service Providers. This 2 hour service provider in-service will help community residents plan and prepare nutritious, healthy meals for consumers in the care. This class meets the requirements for 2 hrs CEUs for Title 17 & Title 22.

SIR REPORTING, DOCUMENTING & FOLLOW-UP
For Service Providers. This 2 hour service provider in-service will help community residents plan and prepare appropriate special incident documentation, reporting and follow-up. This class meets the requirements for 2 hrs CEUs for Title 17 & Title 22.

AGING AND DEVELOPMENTAL DISABILITIES
For Parents & Consumers

ASSISTIVE TECHNOLOGY
The Adult Education and Career Division of LAUSD in partnership with the Assistive Technology Project of Frank D. Lanterman Regional Center have established these classes to assist the Lanterman consumers and their families. These classes are an introduction to computers and software.

Lanterman Regional Center
3303 Wilshire Blvd., Suite 700, Los Angeles, CA

DEVELOPMENTAL DISABILITIES
AGING AND
New Resources
In The FRC Library

These are just a few of the new items now available in the FRC:

The Complete IEP Guide — How to Advocate for Your Special Ed Child
by Lawrence M. Siegel

The Complete IEP Guide gives families and caregivers information on all aspects of the IEP process. Chapters include an Introduction on Special Education, an Overview of the IEP and Special Education Law, Getting Organized, Assessments, Writing Goals and Objectives, Resolving IEP Disputes Through Due Process and much, much more. The book uses topic headings in each chapter to easily guide a parent or caregiver to the information they are looking for. The Guide also contains appendices on Special Education Law, Support Groups and Resources and tear-out forms.

The Rights of People with Mental Disabilities
by Robert M. Levy and Leonard S. Rubenstein

An American Civil Liberties Union handbook, this guide to the rights of people with mental illness and mental retardation is broken into eight sections. Each section uses a simple question and answer format to cover topics including Procedures for Admission and Release, Personal Autonomy, Informed Consent, the Right to Refuse Treatment, and the Right to be Free from Discrimination. The book also includes a list of state and national resources.

Save the Date
Touch Points
SPECIAL NEEDS CONFERENCE
Featuring Dr. T. Berry Brazelton
July 20–21, 2001
Hilton Glendale Hotel
100 West Glenoaks Boulevard,
Glendale, California

For more information, call Maureen Wilson at (213) 383-1300, ext. 719

Board Welcomes Your Attendance at Its Meetings

Please be aware that anyone in the community is welcome to attend the Regional Center Board of Directors meeting which is conducted on the fourth Wednesday of every month at 6:00 p.m. Meetings are held at Lanterman Regional Center. Please call Frank Lara in advance at (213) 383-1300, ext. 665 so that you can be put on the list of attendees. We look forward to your visit.