



SELF-DETERMINATION ADVISORY COMMITTEE MEETING

DATE: September 7, 2023
TIME: 4:30-6:00 pm
LOCATION: Virtual Meeting via Zoom

Join Zoom Meeting
<https://us02web.zoom.us/j/84749647219>

Meeting ID: 847 4964 7219
 Passcode: 729722

ACTION ITEM	ORDER	GENERAL SESSION AGENDA	
	1	Call to Order	Pierre Landry
	2	Establish a Quorum	Pierre Landry
	3	Welcome and Introductions	Pierre Landry
Action Item	4	Approval of the Minutes from August 3, 2023	Committee
Action Item	5	<ul style="list-style-type: none"> DDS Updates (Including new directives, if needed) Committee Charge – draft 	Adrian Jimenez Pierre Landry
	6	FDLRC Updates <ul style="list-style-type: none"> SDP Milestones Report SDP Infographic 	Adrian Jimenez Stephanie Ruiz
	7	FDLRC SDP Support Group Report	Adrian Jimenez
	8	Future Agenda Items	Committee
	9	Public Input Each person is allotted up to 3 minutes to comment.	
	10	Next Meetings: <ul style="list-style-type: none"> FDLRC SDAC Meeting October 5, 2023, 4:30-6 PM, via Zoom 	Pierre Landry
	11	ADJOURNMENT	

SELF-DETERMINATION ADVISORY COMMITTEE

August 3, 2023

MINUTES

PRESENT

Pierre Landry, Chair
Howard McBroom
Taleen Khatchadourian
Kristianna Moralls
Boanerges Rodriguez, DRC
Yessenia Villacorta, FRC
Michelle Wolf

NOT PRESENT

Jamie Cha-McGrath
Karla Garcia-Diaz
Lareka Killebrew

STAFF

Rose Chacana
Lia Cervantez-Lerma, SCDD
Adrian Jimenez
Megan Mendes
Stephanie Ruiz
Melinda Sullivan

GUESTS

Various Guests from the Public

CALL TO ORDER

Mr. Landry called the meeting to order at 4:35 PM. The meeting was held via Zoom.

APPROVAL OF MINUTES

The minutes of June 1, 2023 were approved by consensus.

DDS UPDATES TO INCLUDE NEW DIRECTIVES

Final Extension of Initial PCP and Pre-enrollment Transition Supports

Mr. Jimenez advised the committee that they could find in their packet a directive from DDS dated June 30, 2023 regarding the final extension of initial person-centered plan and pre-enrollment transition supports.

The purpose of this directive is to provide a final extension date for Option A, to allow additional time for regional centers to vendor providers of Self-Directed Supports (service code 099), and to clarify the billing requirements for pre-enrollment transition supports accessed through Option A for the duration of the extension.

Self-Determination Program: Meetings of the Local Volunteer Advisory Committee

Mr. Landry advised the committee that they could find in their packet a directive from DDS dated July 20, 2023 regarding meetings of the local volunteer advisory committee (LVAC).

Mr. Landry reported that DDS values the contributions of LVAC members and is providing this guidance to support the LVACs in carrying out their responsibilities. The purpose of this directive is to provide clarification on conducting meetings of local volunteer advisory committees and supersedes the August 6, 2015 memo and the July 22, 2022 guidance. LVACs are invited to provide feedback to DDS on the guidelines included in the directive no later than September 30, 2023.

Mr. Landry asked the Committee to send him their input and he will draft a response for the Committee to review.

Committee Charge

Mr. Landry presented a proposed draft of the FDLRC Self-Determination Advisory Committee Charge.

Mr. Landry asked the Committee to send their input on the draft and he will incorporate it into the draft for the Committee to review at the next meeting.

SCDD SDP UPDATES

SDP Evaluation Report

Mr. Landry advised the Committee that the State Council on Developmental Disabilities has produced a Self-Determination Evaluation Report and that he has received the Executive Summary of the report.

Mr. Landry will send it out to the Committee for review.

FDLRC UPDATES

Staffing Changes

Ms. Sullivan announced the following staff changes:

- Yessenia Villacorta is the Family Resource Center Representative for this Committee.
- Rose Chacana is the new Associate Director of Client and Family Services.
- Syuzanna Mejlumyan is the new Manager of the Koch Young Resource Center.

Glendale KYRC location

Ms. Sullivan advised the Committee that a second resource center is near completion in Glendale and it is similar to the resource center at Wilshire. The new site is not open to public yet.

SDAC Informational Flyer

Ms. Jimenez shared a flyer to invite anyone who is interested in attending the Self-Determination Advisory Committee meetings on the first Thursday of the month from 4:30 pm – 6:00 pm. The flyer will be posted on the website.

SDP Milestones Report

Mr. Jimenez advised the Committee that they could find in their packet the Self-Determination Milestones Progress Report as of May 24, 2023. This was for information only.

PROPOSED RFPS OR DIRECTED BIDS

Mr. Landry and Ms. Sullivan will arrange a call to review the proposals before sending them out for bid.

FDLRC SDP SUPPORT GROUP REPORT

Ms. Moralls reported that the recent SDP Support Group meeting went well and had about 8 people in attendance.

NEXT MEETING DATES FOR 2023

- FDLRC SDAC Meeting
Sep. 7, 4:30-6 PM, via Zoom
- DVU SDP LVAC Collaborative,
Sep. 5, 6-7:30 PM, via Zoom

PUBLIC INPUT

No public input given.

ADJOURNMENT

The meeting was adjourned at 6:00 PM.

/fl

Frank D. Lanterman Regional Center

Self-Determination Advisory Committee (SDAC)

Advisory Committee Charge

California's Self-Determination Program was established in 2014. Local advisory committees were established under the authority of the Welfare and Institutions Code section 4685.8 (w)(1). Per directives from the Department of Developmental Services, the Local Volunteer Advisory Committee (LVAC) plays an important role in the implementation and oversight of the Self-Determination Program.

The Committee shall:

- Provide oversight of the Self-Determination Program,
- Review the development and ongoing progress of program, including:
 - whether the program advances the principles of self-determination, and
 - is operating consistent with the requirement of the legislation,
- Ensure effective implementation of the Self Determination program,
- Make ongoing recommendations for improvement to the regional center and the department,
- Facilitate sharing of best practices and training materials,
- Work collaboratively with the regional center to prioritize the use of available funds to meet the needs of participants in their local area, and
- Provide opportunities for public comment.

Committee Membership

The SDAC is an advisory committee to which the Regional Center and the State Council on Developmental Disabilities each appoint one-half of the committee. Membership of the committee is up to 10 people, primarily clients and/or family members, other advocates and community leaders that reflect the multicultural diversity and geographic profile of the catchment area. The Clients' Rights Advocate and a representative of the Family Resource Center are also members of the committee. The committee selects its chairperson annually.

Conduct of Business

The SDAC typically meets monthly at a time, place and date that suits the membership; currently it meets on the first Thursday of the month at 4:30 p.m. utilizing an online meeting application. Prior to the scheduled meeting, a packet of information is emailed to each member and any member of the public who requests it. The packet includes the notice of the meeting, an agenda noting action items and items of business, and minutes of the previous meeting; the packet is posted on the regional center website.

The SDAC meetings are conducted in adherence with DDS directives. The meeting rules of order are the League of Women Voters' *Simplified Parliamentary Procedures*. Meetings will be electronically recorded to assist in the preparation of the minutes.

All members have a responsibility to attend the meetings and review the packets prior to the meetings so as to make effective use of the committee's time.

The committee receives the full support of assigned staff for the work of the committee, including administrative support for all meeting minutes, committee packets and coordination of meetings.

Commented [MS1]: I want to generalize this statement of meeting. If we change dates, times, in-person versus online meeting our charge becomes outdated and needs update. No reason for that time of detail. The change is guidance.

Lanterman Regional Center

Self-Determination Milestones

Progress Report

August 25, 2023

Sample

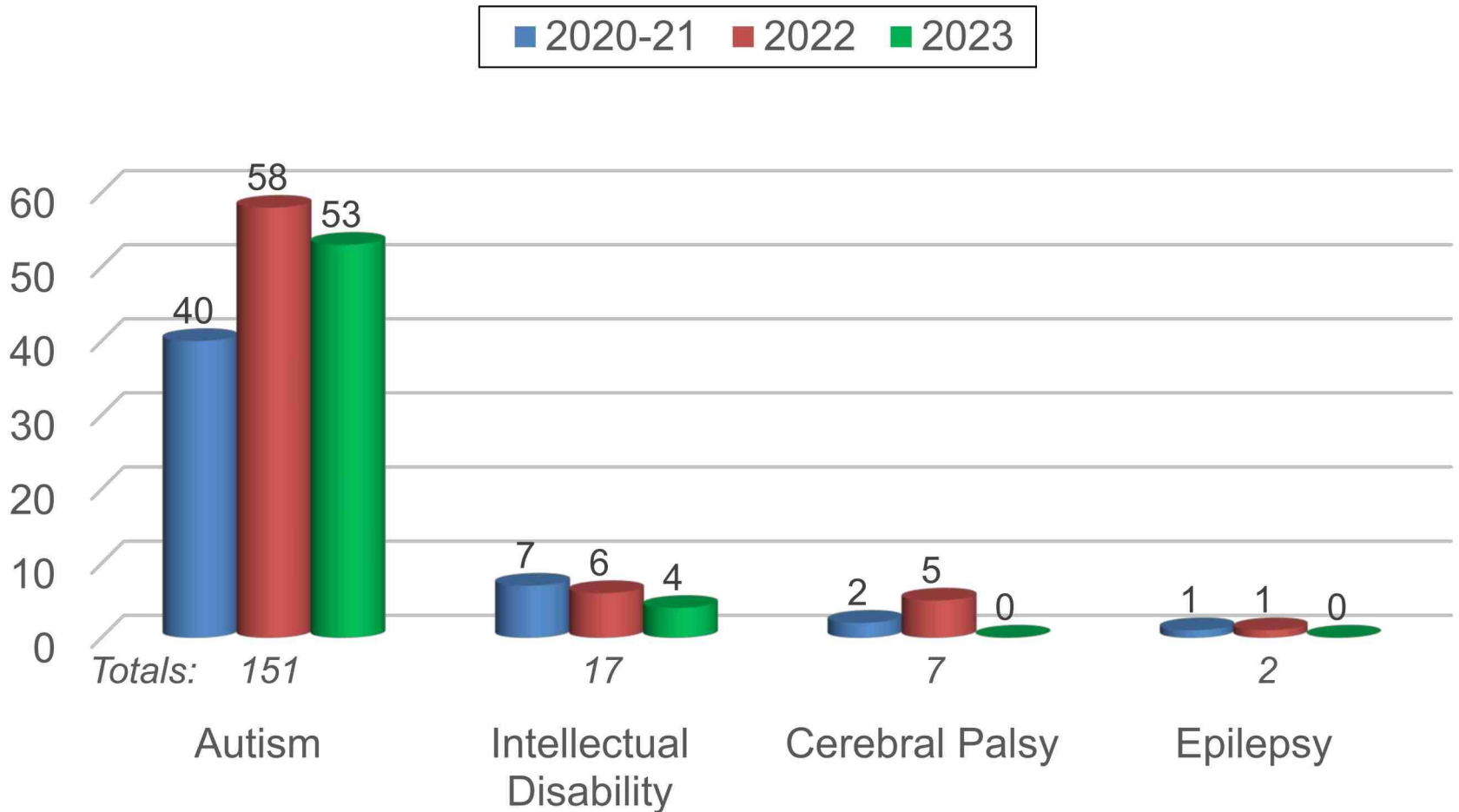
A total of 170 clients have fully transitioned into SDP as of August 1, 2023

An additional 7 clients are expected to fully transition by September 1st

- 50 clients transitioned into SDP in the years 2020-21
 - Including 28 clients from the implementation phase
- 70 clients transitioned into SDP in the year 2022
- 57 clients will have fully transitioned in the first 8 months of 2023

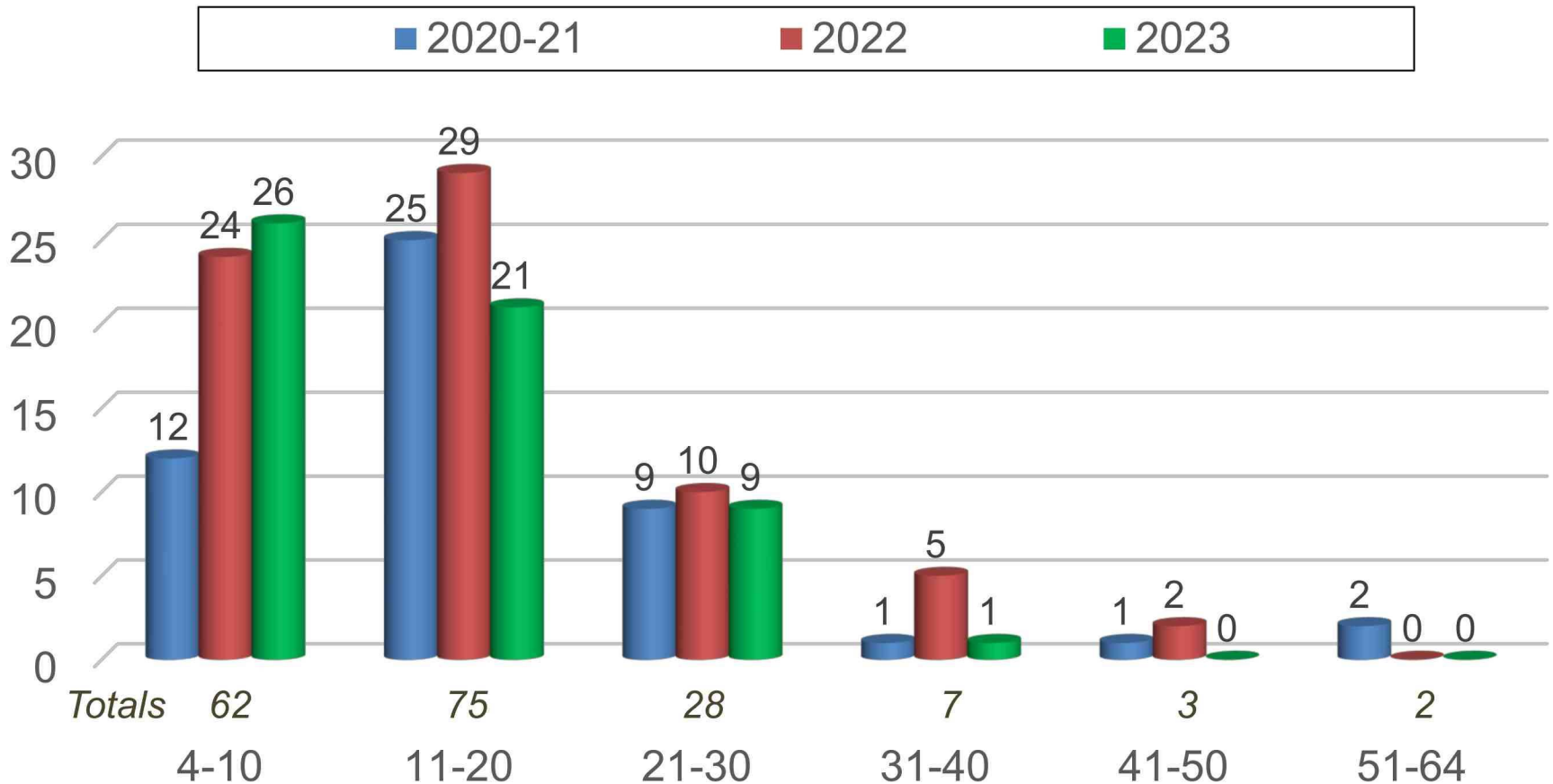
Demographics

Primary Diagnosis

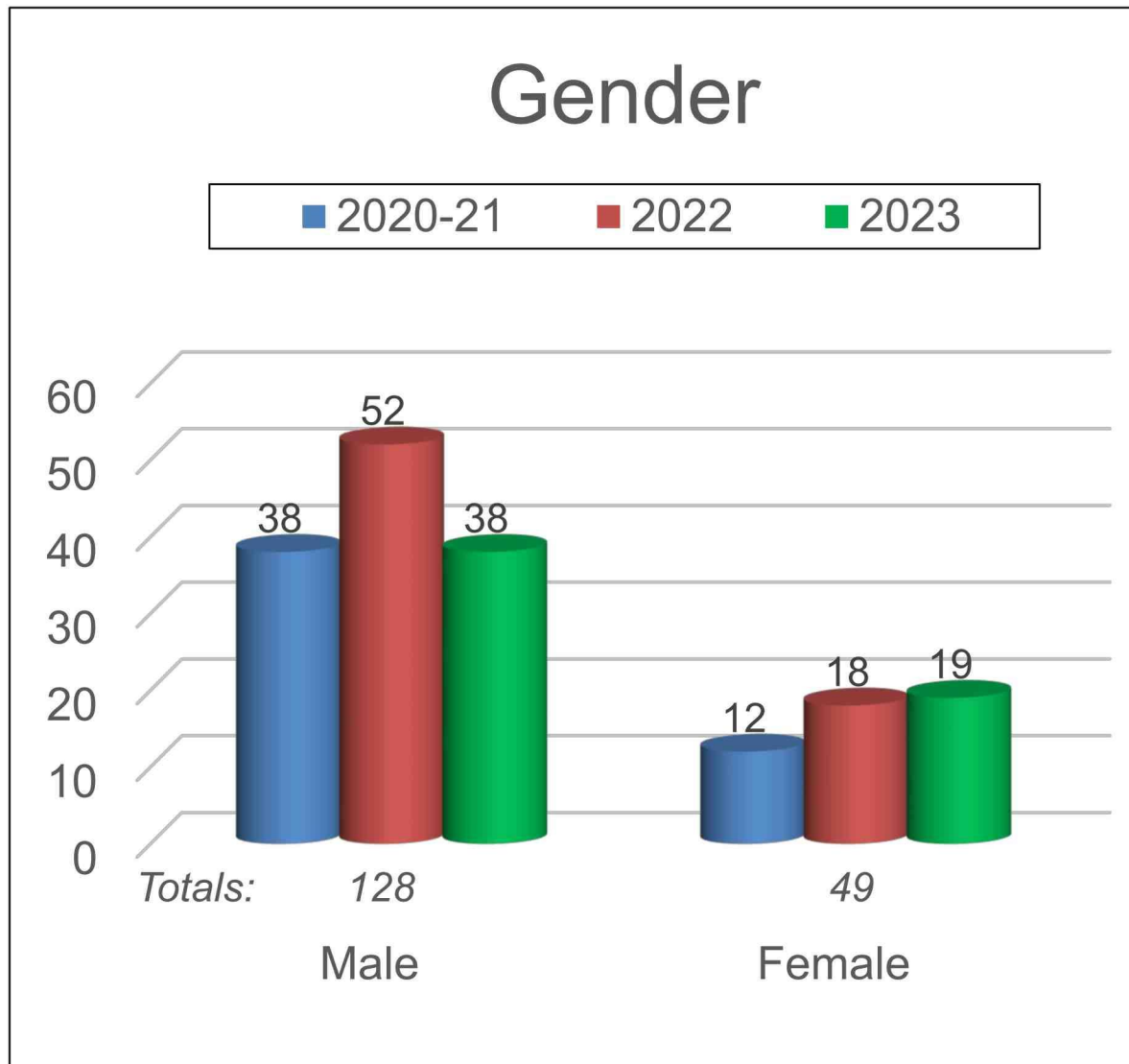


Demographics

Years of Age



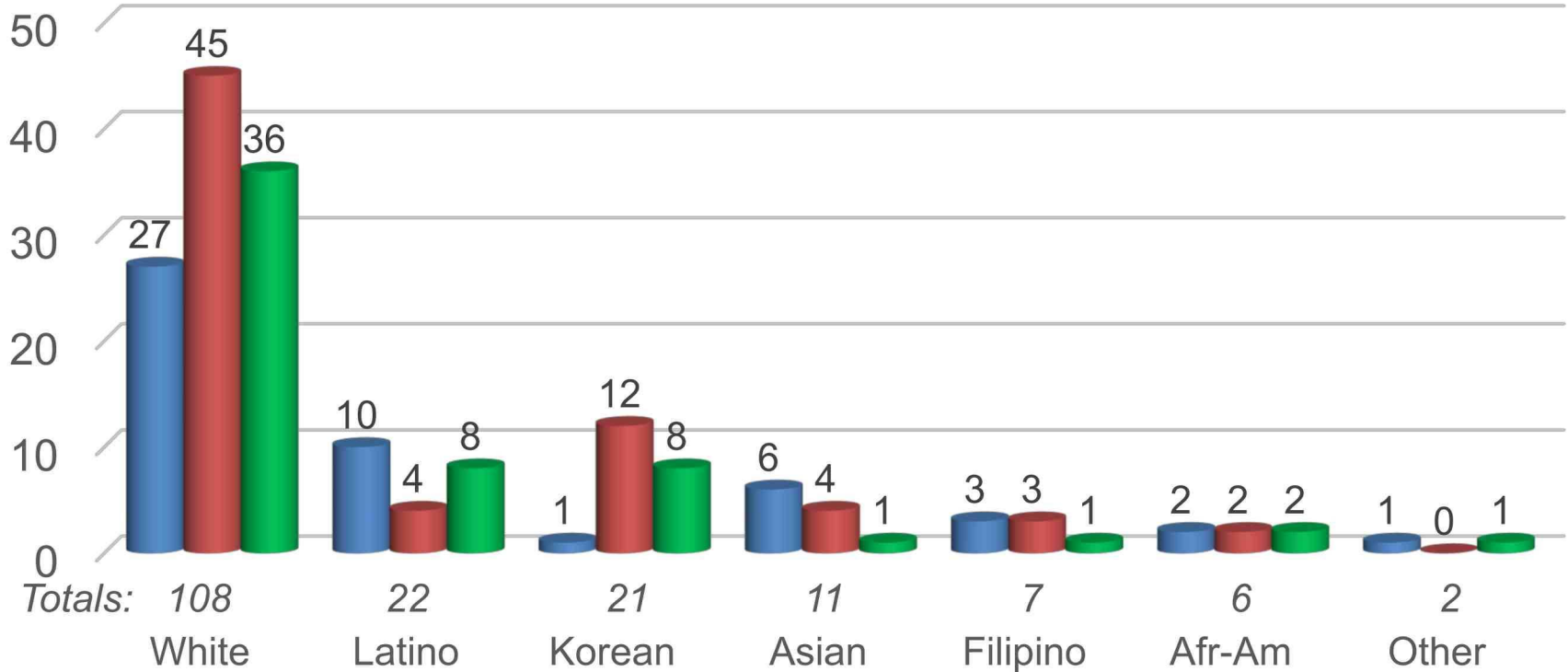
Demographics



Demographics

Ethnicity

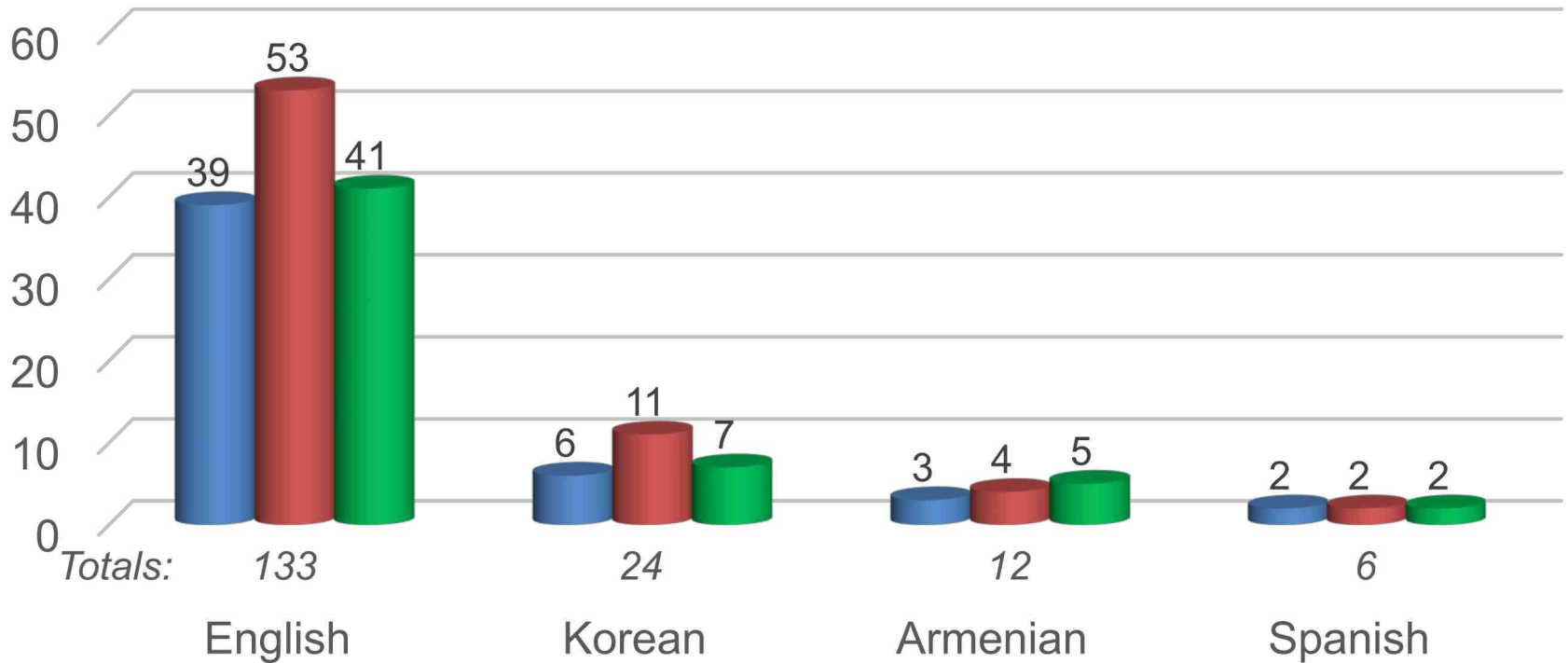
■ 2020-21 ■ 2022 ■ 2023



Demographics

Language

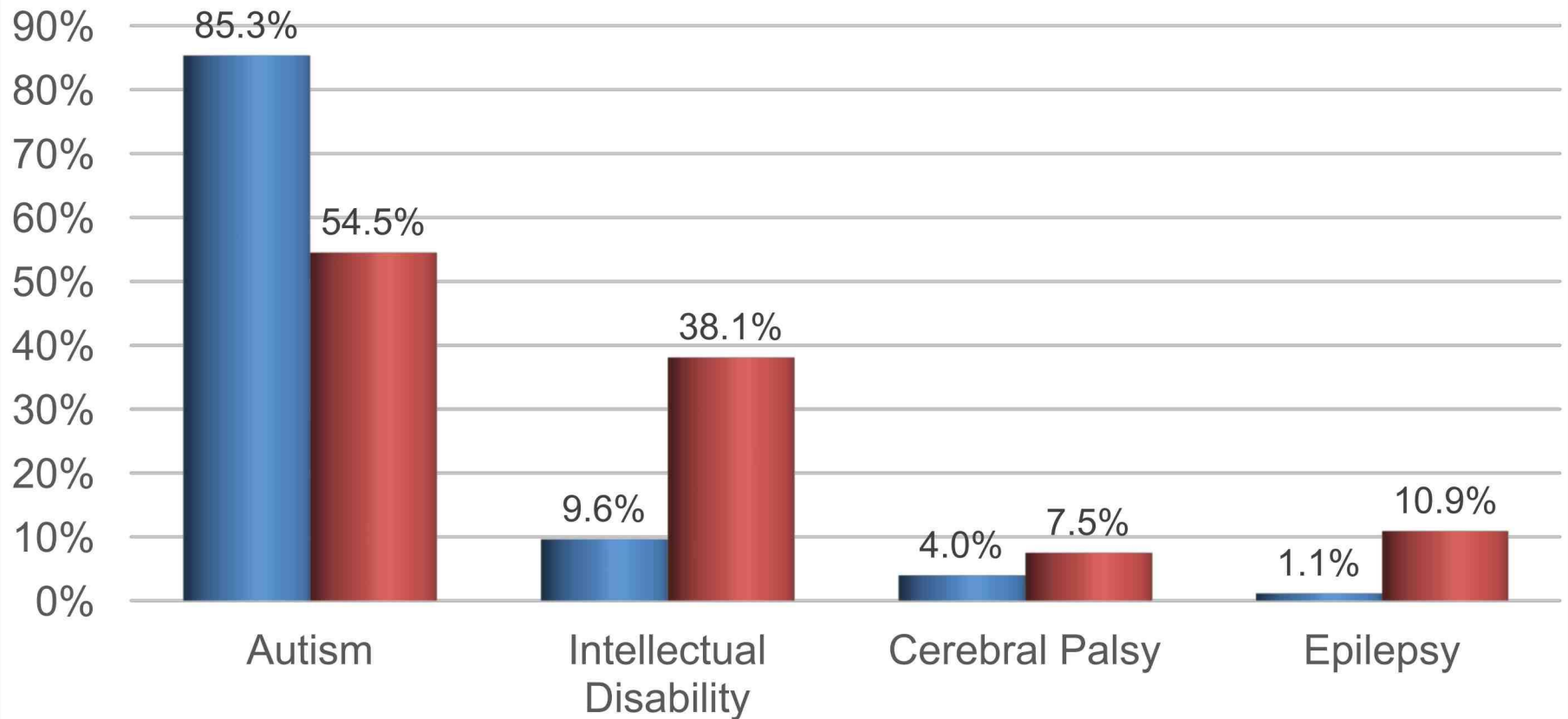
■ 2020-21 ■ 2022 ■ 2023



Diagnoses of Clients in the Self-Determination Program Compared to all Regional Center Clients Over 3 Years Old

■ SDP (n = 177)

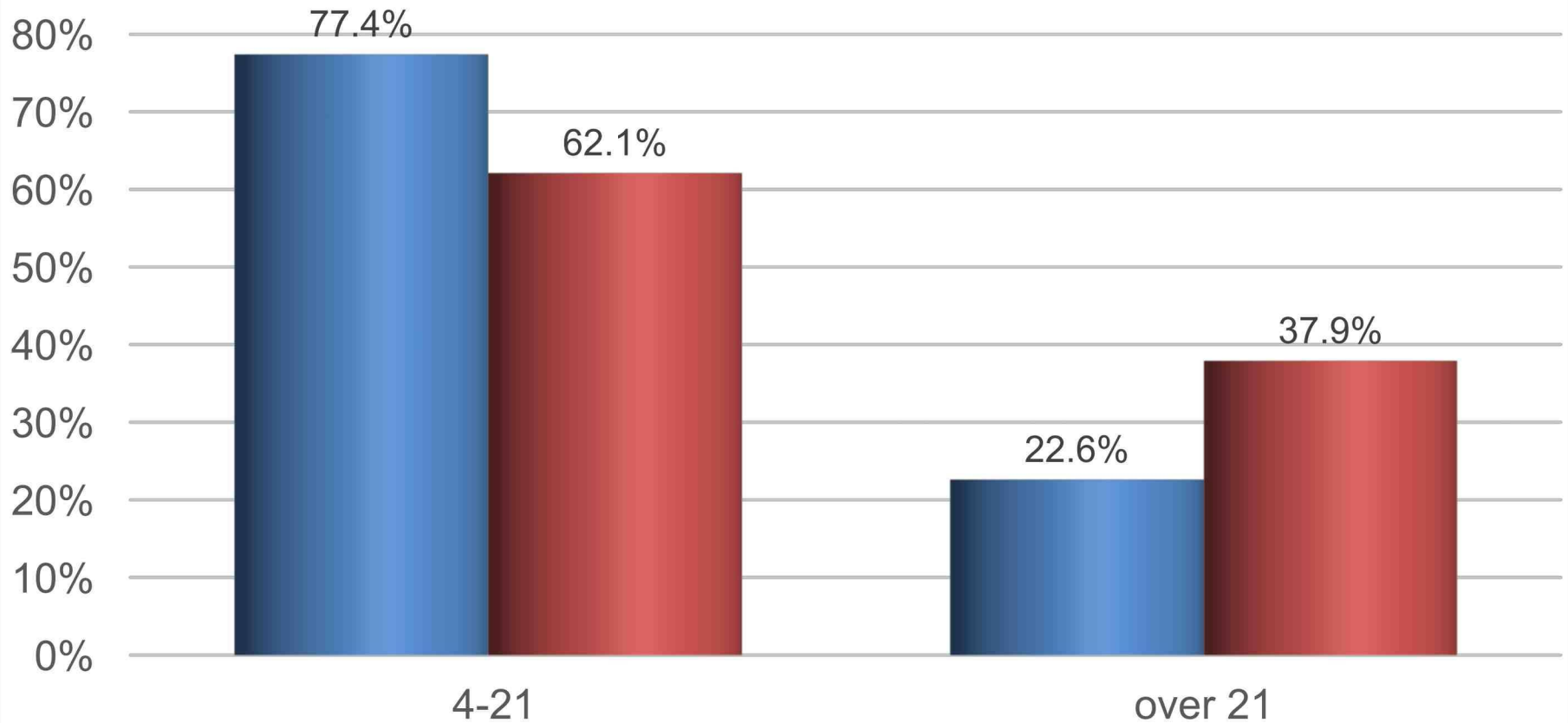
■ all RC (n = 10746)



Age of Clients in the Self-Determination Program Compared to all Regional Center Clients Over 3 Years Old

■ SDP (n = 177)

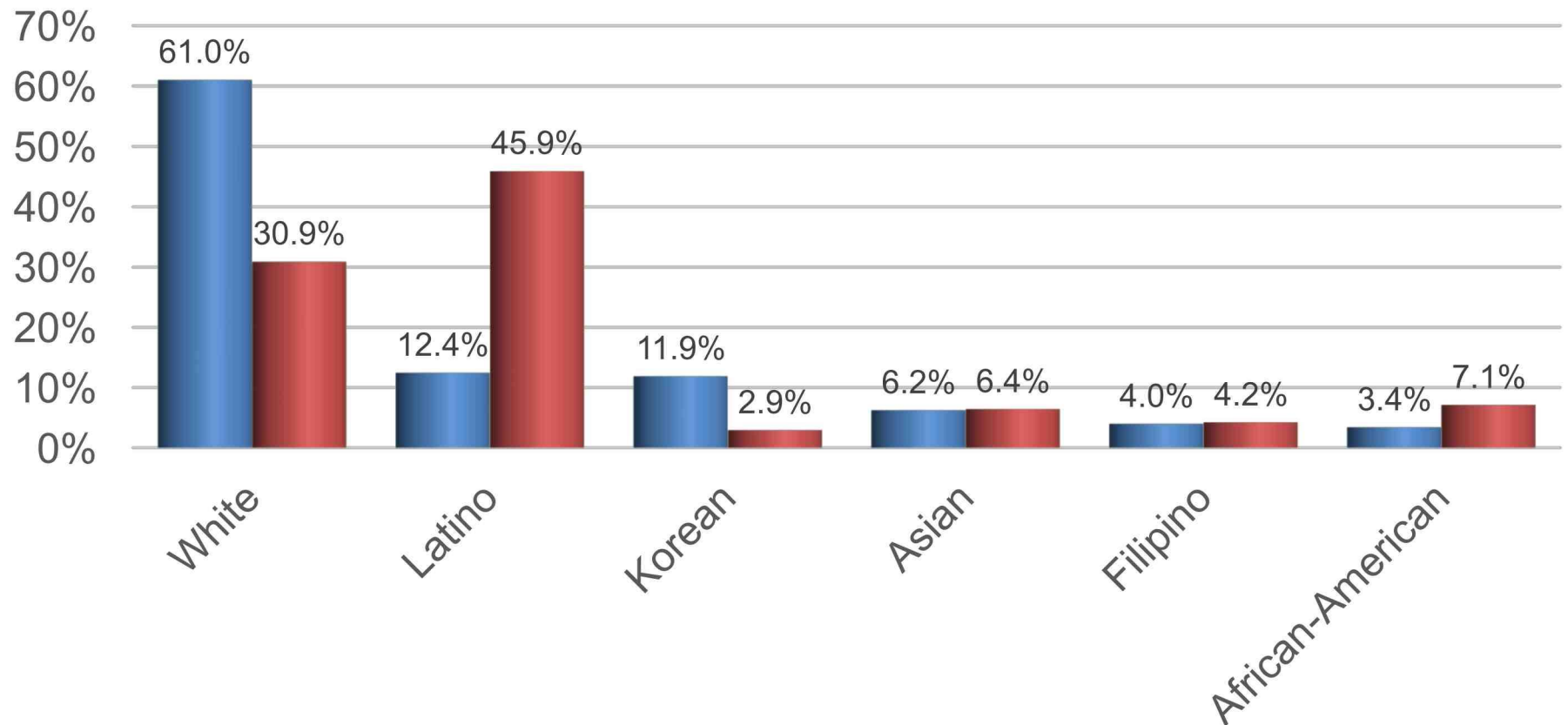
■ all RC (n = 10746)



Ethnicity of Clients in the Self-Determination Program Compared to all Regional Center Clients Over 3 Years Old

■ SDP (n = 177)

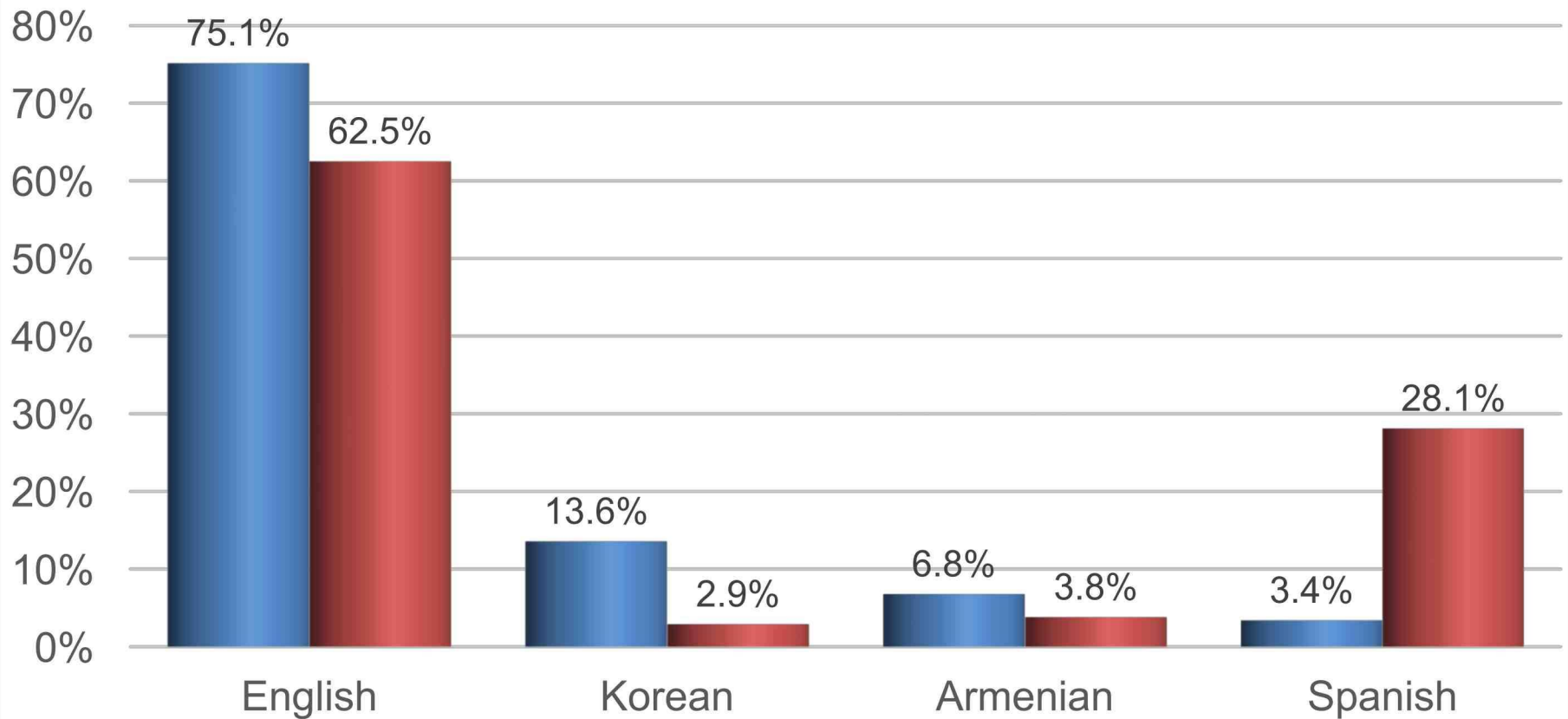
■ all RC (n = 10746)



Language of Clients in the Self-Determination Program Compared to all Regional Center Clients Over 3 Years Old

■ SDP (n = 177)

■ all RC (n = 10746)



The Self-Determination Process

There are **10** milestones in the Self-Determination process
from Orientation to Full transition into SDP

SDP Milestones

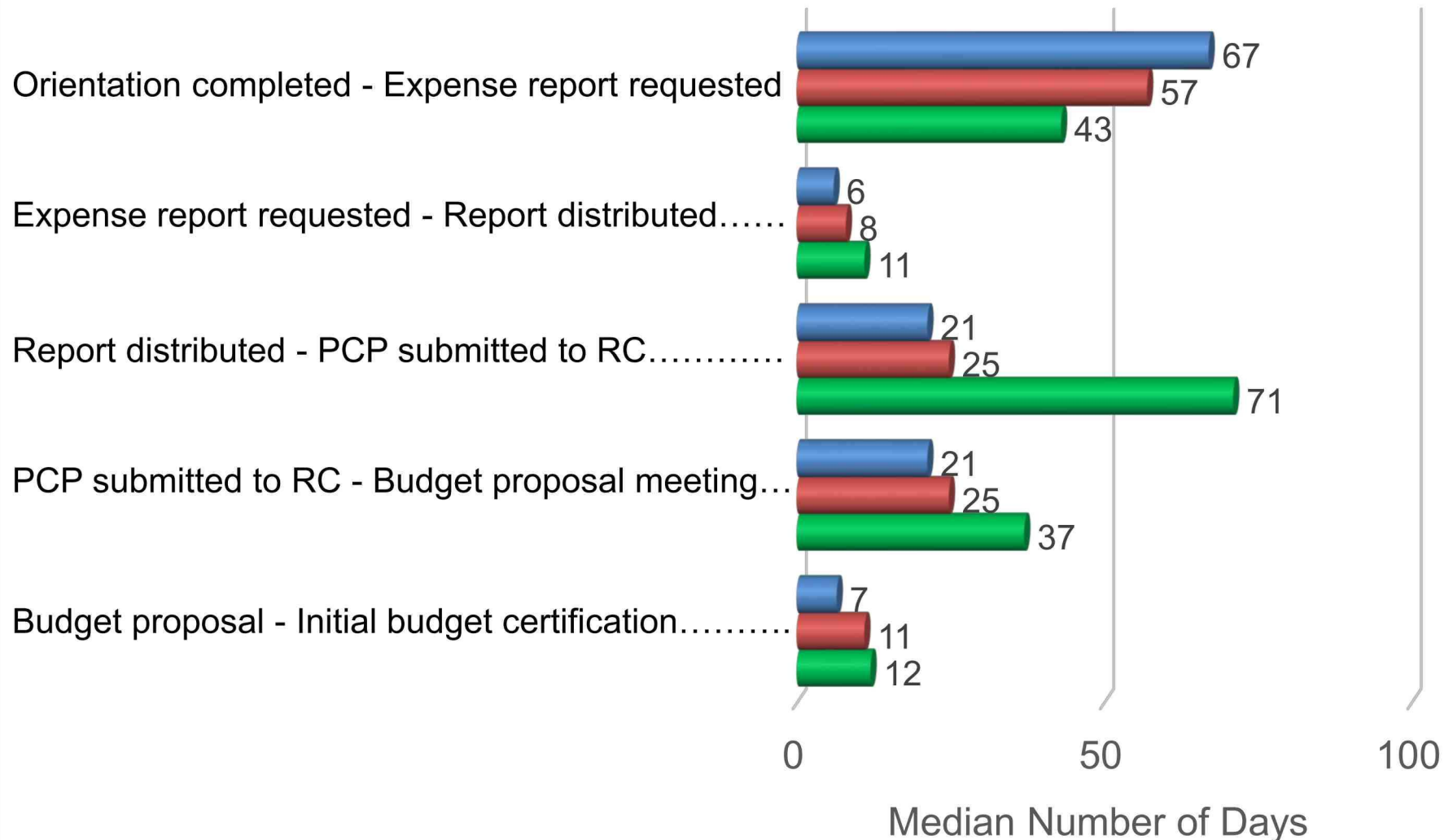
- 1 Orientation completed
- 2 Expense report requested
- 3 Expense report distributed to family
- 4 PCP submitted to the RC by family**
- 5 Budget proposal meeting with family
- 6 Initial budget certification
- 7 Spending plan submitted
- 8 Spending plan signed
- 9 IPP meeting
- 10 Full transition into SDP



*Milestone 4 was
added this year.*

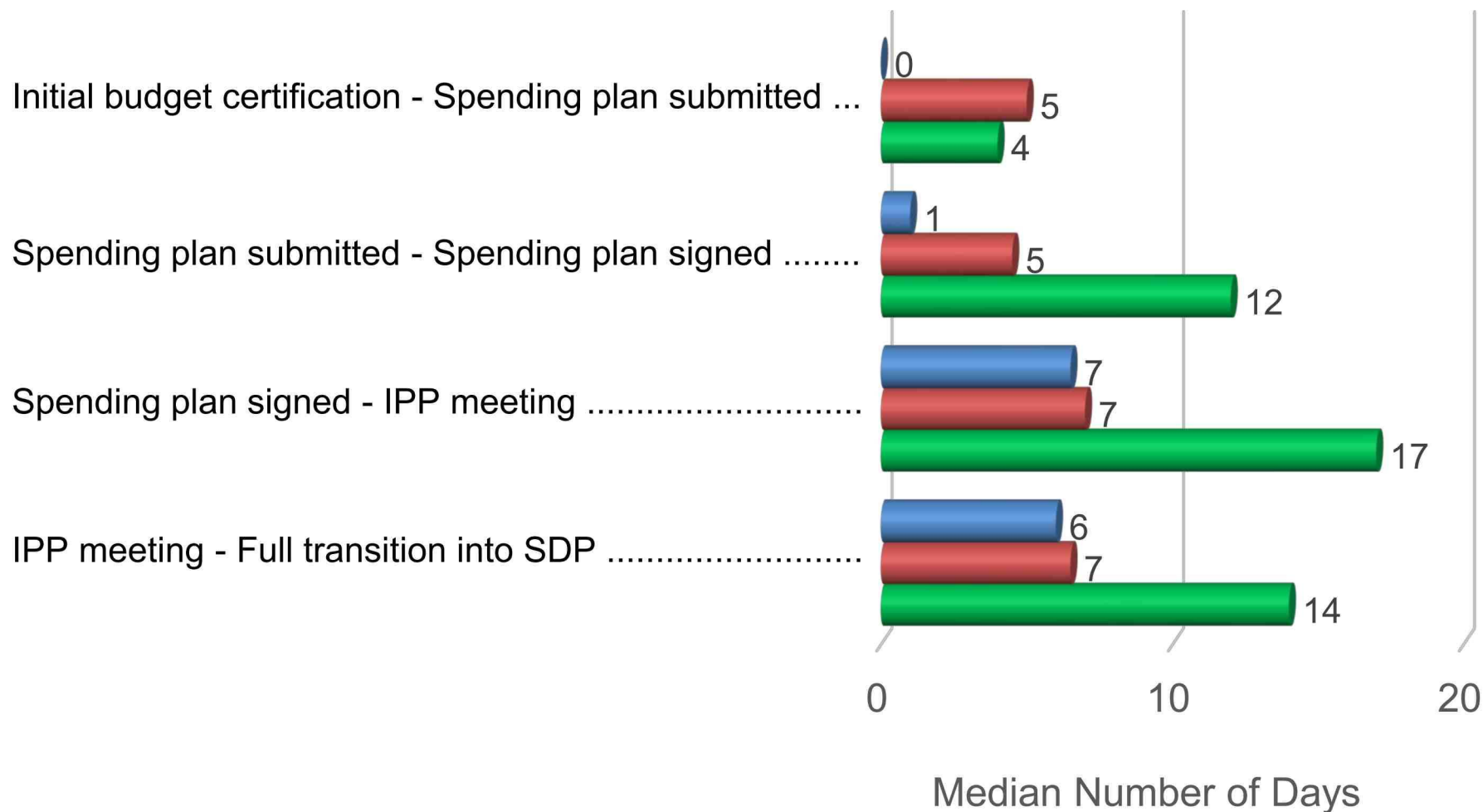
Time Intervals Between SDP Milestones 1-6

■ 2020-21 (n = 22) ■ 2022 (n = 70) ■ 2023 (n = 57)



Time Intervals Between SDP Milestones 6-10

■ 2020-21 (n = 22) ■ 2022 (n = 70) ■ 2023 (n = 57)





THE SELF- DETERMINATION PROGRAM

Support Authority
Freedom
Responsibility Confirmation

The Self Determination Program (SDP)

The Self Determination Program offers more choice, control and flexibility. HOW?

You have the choice and freedom to purchase services that help you meet your long and short term goals.

You choose who provides your services and how much you will pay for them

How to get started



Contact your Service Coordinator



Complete the mandatory orientation to make an informed decision about entering Self Determination

Please review orientation here:
<https://fdlrcparent.arcalearn.org>



Send the certificate of completion to your Service Coordinator

GET IN TOUCH

SelfDetermination@lanterman.org

For more information

visit:<https://lanterman.org/selfdetermination/introduction-to-self-determination>

Roles in the Self- Determination Program



The Participant

The participant shall:

- only purchase services and supports necessary to implement their PCP/IPP goals when generic resources are not available
- manage services and supports within the individual budget
- use the services of an independent facilitator of their choosing
- maintain Annual Reviews
- ensure your own funds are being spent appropriately



The Service Coordinator (SC)

The SC's role is the following:

- will build a collaborative relationship with your support team
- will complete your Annual Review and IPP on a yearly basis
- will assist in the individual budget process with the SDP team
- assist with locating vendor services



The Independent Facilitator (IF)

The IFs are selected by the participant and will provide the following assistance:

- may assist with the development of the PCPs and IPP
- help the participant with making informed decisions regarding their budget
- locating, accessing and coordinating services consistent with the PCP & IPP



The Financial Management Service (FMS)

Everyone in SDP must use an FMS provider to help:

- manage the individual budget and pay for services including paying employees/assist with hiring them as well.
- make sure the providers are qualified to deliver services /helps with background checks