



## SELF-DETERMINATION ADVISORY COMMITTEE MEETING

**DATE:** June 1, 2023  
**TIME:** 6:00-7:30 PM

**THIS IS AN IN-PERSON MEETING.**

**IF YOU WOULD LIKE TO ATTEND IN-PERSON, PLEASE CONTACT FRANK LARA AT (213) 252-4902 OR [FLARA@LANTERMAN.ORG](mailto:FLARA@LANTERMAN.ORG) TO BE ADDED FOR BUILDING ACCESS.**

**IF YOU WOULD LIKE TO ATTEND VIA ZOOM,  
YOU CAN REGISTER IN ADVANCE FOR THIS MEETING/WEBINAR BELOW:**

Register in advance for this webinar:

[https://us02web.zoom.us/webinar/register/WN\\_JphbqH4fQfyjsYIZ0EIC8w](https://us02web.zoom.us/webinar/register/WN_JphbqH4fQfyjsYIZ0EIC8w)

After registering, you will receive a confirmation email containing information about joining the meeting/webinar

**\*NOTE: As decided at the May 4, 2023, SDAC meeting, this meeting will be limited to a review of the funding proposals.**

| <b>ACTION<br/>ITEM</b> | <b>ORDER</b> | <b>GENERAL SESSION<br/>AGENDA*</b>   |                                     |
|------------------------|--------------|--|-------------------------------------|
|                        | <b>1</b>     | <b>Call to Order</b>   | Pierre Landry                       |
|                        | <b>2</b>     | <b>Establish a Quorum</b>  | Pierre Landry                       |
|                        | <b>3</b>     | <b>Welcome and Introductions</b>   | Pierre Landry                       |
| <b>Action Item</b>     | <b>4</b>     | <b>Approval of the Minutes from May 4, 2023</b>                            | Committee                           |
| <b>Action Item</b>     | <b>5</b>     | <b>Funding Allocation Proposals</b>  | Pierre Landry<br>Kristianna Moralls |
|                        | <b>6</b>     | <b>Public Input</b><br>Each person is allotted up to 3 minutes to comment. |                                     |
| <b>Action Item</b>     | <b>7</b>     | <b>ADJOURNMENT</b>   |                                     |

### *Attachments*

- May 4, 2023, Meeting Minutes
- Summary Table of Funding Proposals



## **SELF-DETERMINATION ADVISORY COMMITTEE**

**May 4, 2023**

### **MINUTES**

#### **PRESENT**

Pierre Landry, Chair  
Jamie Cha-McGrath  
Howard McBroom  
Kristianna Moralls  
Boanerges Rodriguez, DRC

#### **NOT PRESENT**

Karla Garcia-Diaz  
Mariko Magami  
Lareka Killebrew  
Michelle Wolf

#### **STAFF**

Lia Cervantez-Lerma, SCDD  
Rose Chacana  
Adrian Jimenez  
Carmine Manicone  
Melinda Sullivan

#### **GUESTS**

Various Guests from the Public

#### **CALL TO ORDER**

Mr. Landry called the meeting to order at 4:35 PM. The meeting was held via Zoom.

#### **APPROVAL OF MINUTES**

**Mr. McBroom moved to approve the minutes of April 6, 2023, Mr. Rodriguez seconded the motion, and it passed unanimously.**

#### **DDS UPDATES - INCLUDING NEW DIRECTIUVES**

Mr. Manicone reviewed the following DDS directives that were issued between the last meeting and this meeting.

- Updates To Billing Processes
- FMS Revised Rates

## **FUNDING ALLOCATION PROPOSALS**

Mr. Landry reported that the June meeting will be dedicated to discussion and review of the following 6 ideas/proposals below. The goal is to finalize a plan of action.

- Special Needs Network
- Phoenix Facilitation
- Claudia Cares Consultation
- Outreach Ideas
- Focus group for Independent Facilitators to further discuss possible barriers
- Resource Fairs

## **WORKGROUP MEETING UPDATE**

Mr. Landry reported that the first Workgroup meeting was held on March 2, 2023 and discussed SDAC training and onboarding of new members. Mr. Landry reported that some SDAC's have a code of conduct or bylaws. Lanterman utilizes a Committee Charge format. After discussion, the Committee agreed that a Committee Charge should be developed for this Committee. Ms. Sullivan will draft a charge.

## **FDLRC SDP SUPPORT GROUP REPORT**

Mr. Landry reported that last month's meeting was cancelled.

## **INFORMATIONAL ITEMS**

Mr. Landry advised that Committee that they could find the following documents in the packet for information only.

- Little Hoover Commission Report Fact Sheet
- A Handy Guide to Bagley-Keene
- Simplified Parliamentary Procedures

## **SDAC MEETING DATES FOR 2023**

*The next meeting is scheduled for June 1, 2023 and will start at 6:00 pm.*

- June 1, 2023
- July 6, 2023 (Sub-Committee)
- August 3, 2023
- September 7, 2023 (Sub-Committee)
- October 5, 2023
- November 2, 2023 (Sub-Committee)
- December 7, 2023

## **PUBLIC INPUT**

Public input was given on the unforeseen burdens being placed on IF & FMS providers, SDP participants, and regional center staff as a result of the DDS directive on: “Self-Determination Program: Financial Management Services Revised Rates”, specifically on the “Determination of FMS Rate”. (See below)

### **Determination of FMS Rate**

*The FMS rate is determined using the total number of employees (full and part-time) and providers reflected in the SDP participant’s spending plan. If the number of employees and providers changes for a period longer than three months, the FMS shall request an updated spending plan from the participant indicating the change in the total number of employees and providers; and notify the regional center of the change. The regional center shall update the monthly rate paid to the FMS provider accordingly.*

**Regional Center staff will reach out to DDS to provide feedback on the workload issues because of the 90-day timeline.**

## **ADJOURNMENT**

The meeting was adjourned at 6:00 PM.

/fl



# FUNDING PROPOSALS CONSIDERED AT THE JUNE 1, 2023, FDLRC SDAC MEETING

Lanterman has a total allocation of \$97,379.87. Funds are to be utilized to meet the overall goal of

- o Effective implementation of the Self Determination program
- o Sharing of best practices and training materials
- o Review the development and ongoing progress, such as does the program advance the principles of self-determination; is the program operating consistent with the requirements of WIC 4685.8

| Idea | Description   | Contractor | Proposed Activity  | Cost  |
|------|---|------------|--|---|
| 1    | Outreach to African American and Latino<br><br>The desired outcome is to increase the participation of African American and Latino families in SDP. | SNN        | SNN proposes up to 4 Outreach/Informational sessions to learn why people appear not to be interested in SDP.<br><br>Will also provide detailed information as to the value of SDP.<br><br>Will use an ambassador-type approach where families will be linked with an experienced family who will support the family if they decide to sign up. | \$105,000                                     |
| 2    | Individualized Coaching   | Phoenix    | Can be referrals from FDLRC or families can self refer. Bi-weekly contact with family to track progress/provide assistance   | \$100-150<br>Hourly rate<br>Annual - \$45,000 |
| 3    | Outreach  | Phoenix    | Conduct targeted outreach to minority and underserved populations, including: Korean, Chinese/Mandarin, Black & African American, Hispanic, and Self-Advocates<br>Meet with support groups; CAC; mass mailing in threshold languages; text and email reminders   | \$10,000 over a 12 month period               |
| 4    | Family Training   | Phoenix    | Group training series, four 2-hour trainings over a 2 month period.  | \$7000  |

FUNDING PROPOSALS CONSIDERED AT THE JUNE 1, 2023, FDLRC SDAC MEETING

|    | <b>Idea</b>   | <b>Description</b>   | <b>Contractor</b>        | <b>Proposed Activity</b>   | <b>Cost</b>                             |
|----|---|--|--------------------------|--|---|
| 5  | Provider Training   | Training to Providers to dispel myths and show how Providers could enhance their services and support SDP participants   | Phoenix                  | One time training  | \$3,000                                 |
| 6  | Individualized Coaching   | For people who have completed the mandatory orientation, but have not moved forward in other steps. Also, coaching for 2 <sup>nd</sup> year transitions and spending plan updates. | Claudia Cares Consulting | Individual coaching and office hours                                   | \$30,000 max<br>(200 hours at \$150/hr) |
| 7  | IF Focus Group  | contracting with a research consultant to investigate barriers to SDP participation at FDLRC   | RFP or Directed Bid?     | Deborah? (Attorney at Guidelight)                                      | \$3,000                                 |
| 8  | Resource Fair   | Does FDLRC need to do a Resource Fair or is it more prudent to promote the Resource Fairs of neighboring regional centers?   | RFP or Directed Bid?     |  | Offsite:\$17,000<br>Onsite \$15,000     |
| 9  | Translation of SDP documents (with #12)   | Need more information as to what documentation would warrant translation.  | RFP or Directed Bid?     | Brochures, handouts, electronic  | \$160/hr                                |
| 10 | Pay for IF training for people who are bilingual and serving FDLRC                                | Including post-training mentoring; require 099 vendorization at FDLRC  | RFP or Directed Bid?     | \$3,300 x 3  | \$9,900                                 |
| 11 | A second support group  | ...for parents of Lanterman clients who are transitioning into SDP   | RFP or Directed Bid?     | Includes facilitator, tech support, interpreter, advertisement         | \$1,000/mo                              |
| 12 | Self Determination brochure (with#9)  | Review the existing hand-out materials, then decide.   | RFP or Directed Bid?     | Kristianna will design; RC will print.                                 | Printing costs                          |
| 13 | Training for FDLRC family advocates who want to serve as the IF <i>only</i> for their minor child | This training would be simpler than standard IF training because there would be no focus on how to run a business. A do-it-yourself to get into SDP and go forward                 | RFP or Directed Bid?     | ASLA? Guidelight?<br>6 session, 1/wk\$1,000 for curriculum development | \$20,000                                |



|                         | PHOENIX FACILITATION   | SPECIAL NEEDS NETWORK (SNN)   |
|-------------------------|--|---|
| Overview of Proposal    | <p>The provide access to the broader community, including our underserved communities of Latino, Korean, Chinese, and other non-English speakers. To decrease roadblocks and hindrances to engagement that could be caused by factors such as limited technology access, geographic location, need for multilingual services, and/or time and schedule constraints.</p>  | <p>To increase participation of Black and Latino families in SDP.</p> <p>Propose to:</p> <ul style="list-style-type: none"> <li>• Utilize a small group of Latino and Black FDLRC Clients who are enrolled in SDP.</li> <li>• This group will provide feedback to identify the motivators to being in SDP.</li> </ul> <p>Group will connect with families not in SDP to encourage their enrollment in SDP.</p>  |
| Individualized Coaching | <p>Accept referrals from staff, self-referrals, people who have completed the SDP Orientation.</p> <ul style="list-style-type: none"> <li>• Participant is assigned a coach in 2 days of referral, Coach contact in 5 days.</li> </ul> <p>Coaching Services include:</p> <ul style="list-style-type: none"> <li>• Education</li> <li>• Finding IF and providers</li> <li>• One page profile</li> <li>• Advocacy throughout the process</li> </ul> <p>Contact – min. 2 X's month, unless more is needed.</p> <p><b>COST – approx. \$45,000</b></p>          | <p>SNN will work one on one with families expressing some interest in SDP after hearing about the program in detail and information sessions.</p>   |
| Outreach                | <p>Will conduct targeted outreach to minority and underserved populations.<br/>Outreach to: Korean, Chinese/Mandarin, Black &amp; African American, Hispanic, and Self-Advocates</p> <ul style="list-style-type: none"> <li>• Can conduct Orientation in multiple languages, and w/ASL interpretation.</li> <li>• Mass mailings in all FDLRC threshold languages</li> <li>• Multi-lingual Flyers</li> <li>• Via Social Media</li> <li>• Translation to all threshold languages and ASL</li> <li>• Outreach to CAC</li> </ul> <p><b>COST - \$10,000</b></p> | <p>Outreach and Awareness proposal</p> <ul style="list-style-type: none"> <li>• A max of 2 outreach informational session events tailored to each group</li> <li>• A white paper/report that to identify why families are not taking advantage of SDP.</li> <li>• Identify any barriers families may have encountered</li> <li>• Provide parents with detailed information about the freedom and flexibility that SDP provides</li> <li>• An ambassador-type approach – Families will be linked with ambassador families who will assist them in signing up and taking advantage of the program.</li> </ul> |

|                 |  |                                   |
|-----------------|--|-----------------------------------|
| Family Training | <p>To address steps after orientation and how to navigate the SDP process. Propose:</p> <ul style="list-style-type: none"> <li>• 4 Trainings in English and Spanish</li> <li>• Translation in other languages</li> <li>• ASL in English sessions</li> </ul> <p>Training Outline:</p> <ol style="list-style-type: none"> <li>1. Path to Self-Determination Services</li> <li>2. Person-Centered Planning &amp; Independent Facilitation</li> <li>3. Budget &amp; Spending Plan</li> <li>4. Financial Management Services &amp; Service Implementation</li> </ol> <p><b>COST - \$7,000 (Over 2-months)</b></p> | Not described in proposal summary |
| Vendor Training | <p>Propose to:</p> <p>Dispel myths about SDP to Vendors</p> <p>Discuss how SDP could allow vendors to enhance their services.</p> <p><b>COST: \$3,000 for One-time training</b></p>  | NA                                |
|                 | <b>OVERALL COST: \$65,000</b>  | <b>OVERALL COST: \$104,900</b>    |

Misc.

## Lanterman Regional Center Self Determination Advisory Committee (SDAC)



Freedom  
Authority  
Support  
Responsibility  
Confirmation

**This meeting will be  
held in- person ( First  
Thursday of Every  
Other Month)**



**Please join us on:**

Thursday, 06/01/23  
6pm-7:30pm



**Location:**

Frank D. Lanterman Regional  
Center: 3303 Wilshire Blvd Los  
Angeles, CA 90010  
Berendo Room A (3rd floor)

To view upcoming meetings information,  
agendas and more visit:

[lanterman.org/sdacmeeting](http://lanterman.org/sdacmeeting)  
or

Contact: Frank Lara at 213.252.4902 or  
[flara@lanterman.org](mailto:flara@lanterman.org)



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