

Frank D. Lanterman Regional Center

Programs and Services

November 13, 2013

MINUTES

**PRESENT**

Ann Seisa, Chair  
Karla Garcia  
Marjorie Heller  
Howard McBroom  
Lupe Trevizo-Reinoso  
Julie Gaona

**STAFF**

Melinda Sullivan

**NOT PRESENT**

Josephine Ko  
Michiko Wilkins  
Oscar Carvajal

**GUEST**

Yudy Mazariegos

**CALL TO ORDER**

The meeting was called to order by Ms. Seisa at 10:10 AM.

**APPROVAL OF MINUTES**

The minutes of October 9, 2013 were reviewed and approved by consensus.

**PERFORMANCE PLAN UPDATE**

Ms. Sullivan reported that the Board accepted the committee's recommendation on the 2014 Performance Plan and it will be sent to DDS.

**NATIONAL CORE INDICATORS PRESENTATION**

Ms. Sullivan gave a presentation on the National Core Indicators (NCI). NCI are a standard set of performance measures that are used to assess quality of services for public agencies serving

individuals with developmental disabilities. It is a collaborative effort between the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Research Institute (HSRI). Additionally, this collaboration began in 1997 and it includes 38 states. The core indicators include employment, community inclusion, choice and decision-making, relationships, and health and safety. California has been using NCI for three years. Ms. Sullivan shared data regarding demographics in California and also the results for each core indicator.

The Committee thoroughly discussed the health core indicator.

- After discussion, the Committee agreed that they will monitor the use of the NCI standards as it relates to Lanterman. The committee requested to revisit the results of the Quality of Life Survey that was conducted a few years ago and compare to the NCI. The general consensus was that a needs assessment regarding health concerns: appointments, medications, etc. is very important for individuals with developmental disabilities. It's recommended that health status be a component of the Promotora project at the Center.

### **NEXT MEETING**

The Committee agreed to go dark in the month of December. The next meeting will take place on January 8, 2014.

### **ADJOURNMENT**

The meeting was adjourned at 12: 00 PM.

/gs