

FRANK D. LANTERMAN REGIONAL CENTER

Client Advisory Committee

October 14, 2013

MINUTES

PRESENT

Mary Flynn, Chair
Brian Bialick
Julie Ganoa
Rigo Ganoa
Ervand Kestonian
Howard McBroom
Brian Newkirk
Ana Villaseñor
Daniel Weisbin

NOT PRESENT

Johanna Chavez
Ray Drumheiser
Thomas Fambro
Mark Haber
David Jain

GUESTS

David La Due
Herbert Osteen

STAFF

Lyndon Marshall
Helane Schultz
Maureen Wilson

CALL TO ORDER

Ms. Flynn called the meeting to order at 4:30 P.M.

APPROVAL OF MINUTES

The minutes of August 12, 2013 were read by Mr. Herbert Osteen and approved by consensus.

MEN'S REPRODUCTIVE HEALTH CLASS UPDATE

Ms. Wilson reported that a request was made for a qualified person to teach men's reproductive health class. A qualified person means that they are a certified health instructor. She also explained that this class would be available to all male clients, not just CAC members. Ms. Wilson said that there is a possible candidate and she will update the Committee.

FUTURE WORKSHOPS

Ms. Schultz reminded the Committee that they had previously discussed having a safety workshop at Lanterman. The CAC agreed that they would like to have an all day workshop with various breakout sessions so that there could be a variety of topics and speakers to discuss and educate. Ms. Wilson can start outreaching and a workshop like this is possible for the spring. Some of the topics that clients would like to know more about include: social skills, support groups for clients (to discuss mental health, addiction, etc.), negative images in the media, client rights, and health and fitness education.

OTHER

Ms. Wilson reminded the Committee that Thursday, October 17, 2013 is the Great Shake Out.

NEXT MEETING

The next meeting is scheduled on November 11, 2013.

ADJOURNMENT

The meeting was adjourned at 5:30 PM.

/gs