CALL TO ORDER

Ms. Flynn called the meeting to order at 4:30 P.M.

APPROVAL OF MINUTES

The minutes of August 12, 2013 were read by Mr. Herbert Osteen and approved by consensus.
**MEN’S REPRODUCTIVE HEALTH CLASS UPDATE**

Ms. Wilson reported that a request was made for a qualified person to teach men’s reproductive health class. A qualified person means that they are a certified health instructor. She also explained that this class would be available to all male clients, not just CAC members. Ms. Wilson said that there is a possible candidate and she will update the Committee.

**FUTURE WORKSHOPS**

Ms. Schultz reminded the Committee that they had previously discussed having a safety workshop at Lanterman. The CAC agreed that they would like to have an all day workshop with various breakout sessions so that there could be a variety of topics and speakers to discuss and educate. Ms. Wilson can start outreaching and a workshop like this is possible for the spring. Some of the topics that clients would like to know more about include: social skills, support groups for clients (to discuss mental health, addiction, etc.), negative images in the media, client rights, and health and fitness education.

**OTHER**

Ms. Wilson reminded the Committee that Thursday, October 17, 2013 is the Great Shake Out.

**NEXT MEETING**

The next meeting is scheduled on November 11, 2013.

**ADJOURNMENT**

The meeting was adjourned at 5:30 PM.

/gs