

FRANK D. LANTERMAN REGIONAL CENTER

Client Advisory Committee

October 8, 2012

MINUTES

PRESENT

Mary Flynn, Chair
Brian Bialick
Thomas Fambro
Julie Ganoa
Rigo Ganoa
Mark Haber
Ervand Kestonian
Howard McBroom
Brian Newkirk
Ana Villasenor
Daniel Weisbin

NOT PRESENT

Tsvi Busrton

GUESTS

Ray Drumheiser
David Jain

STAFF

Helene Schultz

CALL TO ORDER

The meeting was called to order by Ms. Flynn at 4:32 P.M.

APPROVAL OF MINUTES

The minutes of August 13, 2012 were read by Mr. Brian Bialick and approved by consensus.

SELF ADVOCACY PRESENTATION

Mr. Howard McBroom gave a presentation about self advocacy. He advised the Committee that there are 10 pointers of self advocacy and being a winner. These pointers are as follows:

- 1) Setting realistic goals
- 2) Take smart risks, not stupid risks
- 3) Get a mentor, listen to their advice
- 4) Use good judgment
- 5) Have a backup plan
- 6) Don't live in denial
- 7) Keep your promises
- 8) Be on time
- 9) Pay your debts
- 10) SELF CONFIDENCE

Mr. McBroom discussed each of these pointers in detail and also gave examples of each. The Committee discussed which pointers they needed to work on and how they would approach this. Mr. McBroom added that the most important pointer in his opinion is to have self confidence. He also stated that this applies to everyone, not just persons with developmental disabilities.

CLIENT'S RIGHTS TOPICS

This item was tabled for another meeting.

NEXT MEETING

The next meeting is scheduled for November 12, 2012.

ADJOURNMENT

The meeting was adjourned at 5:30 P.M.

/gs