PROGRAMS AND SERVICES COMMITTEE

Frank D. Lanterman Regional Center

Programs & Services Committee

June 8, 2022

MINUTES

PRESENT

Christopher Perri, Chair Karla Garcia Darryl Goodus Yudy Mazariegos Trudy Robinson Lupe Trevizo-Reinoso

STAFF

Carmine Manicone

NOT PRESENT

Debbie Cornejo Oscar Carvajal Howard McBroom

CALL TO ORDER

Mr. Perri called the meeting to order at 10:00 am. The meeting was held via Zoom.

APPROVAL OF MINUTES

Ms. Garcia moved to approve the minutes of the April 13, 2022 meeting, Ms. Mazariegos seconded the motion, and it passed.

QUARTER 1 REPORT ON 2022 PERFORMANCE PLAN

Mr. Manicone advised the Committee that they could find in their packet the 1st quarter report on the 2022 Performance Plan. Mr. Manicone reviewed each goal and its updated objectives. The committee was given the opportunity to ask questions and discussion followed. The Committee was in agreement with the information provided in the report.

DISCUSSION ON DRAFT 2023 PERFORMANCE PLAN

Mr. Manicone advised the Committee that this was the time to start drafting the 2023 Performance Plan for presentation at the 2022 Fall Community Meetings. Mr. Manicone reported that new performance measures will be coming soon from DDS and that it would be appropriate to wait and

see what those measures are before drafting the 2023 Performance Plan. The Committee was in agreement with that recommendation and will hold off on this discussion until the August meeting.

PUBLIC FORUM

Mr. Manicone advised the Committee that the Center will be hosting a series of 3 public forums. Discussion will focus on the following:

- Self-Determination Program
- Participant Directed Services
- Health and Safety Waivers
- Resource Development Update
- Social Rec Update
- Needs Survey
- KYRC upcoming trainings

The first will be on June 14, 2022 from 6 pm - 8 pm via Zoom and hosted by the Spanish support group "Grupo de Apoyo Padres Unidos". The flyer was distributed to the Committee.

NEXT MEETING

The Committee will go dark in July and the next committee meeting is scheduled on August 10, 2022.

ADJOURNMENT

The meeting was adjourned at 11:20 A.M.

/fl



TITLE: Independent Living Skills Training (ILS) and Support Funding

DOCUMENT: Service Standard

DATE REVISED: Revised by the Board of Directors on 1/25/17

Approved by the Board of Directors on 5/25/11

Approved by the Department of Developmental Services on 7/03/17

The Lanterman Regional Center may provide independent living skills (ILS) services to adults served by the Center in order to support the person to acquire or maintain skills to live independently. ILS is intended to support a person in one's own home, or to achieve greater independence while living in the home of a parent, family member, or other person.

ILS services focus on the following areas:

- Establishing an independent and safe home environment, including the selection of a new home and assistance with moving.
- Meeting essential personal needs such as home maintenance, meal planning, budgeting, and learning financial responsibility.
- Participation in community life such as navigating public transit or other forms of available community-based transportation services, safety awareness and learning how to access community resources.
- Assisting the individual to maintain a healthy lifestyle, including but not limited to learning to schedule and maintain doctor's appointments, and organizing and following a medication routine.

Individuals requesting independent living skills training and supports will be assessed through a person-centered planning process and must meet the following criteria:

- 1. Must be at least 18 years of age or no longer able to participate in programs funded by the public school system.
- 2. Must express a willingness to participate in an ILS training program and demonstrate a desire to learn and perform the needed skills.
- 3. Have an identified outcome on their Person Centered Plan related to independent living.

The type of service and support and number of hours is individualized and determined by the person's goals as identified during the planning process and includes the individual's natural support system.

1. Outcomes related to the IPP can typically be achieved with 16 to 30 hours of training per month for a duration of no more than 24 months, but are always determined on an individualized basis with the understanding that some individuals may require assistance or maintenance for longer than the typical amount of time.

- 2. Services and supports must be reviewed every six (6) months. It is expected that the ILS provider will maintain appropriate documentation as to the individual's progress on goals and objectives and provide the regional center with semi-annual reports to ensure that the services are being implemented as authorized.
- 3. Documentation should include objectives and strategies used and should address identified barriers. Continuation of services will be based on the individual's progress toward identified outcomes.
- 4. The semi-annual (6-month) report will be reviewed by the planning team to determine if the person receiving the service attained the skills outlined in the service plan. If the individual has not met the outlined objectives or has not made reasonable progress, alternative services or programs will be explored with the person-centered planning team.

In situations where an individual has demonstrated a persistent difficulty in acquiring, retaining, or maintaining needed skills, but requires ongoing support, the regional center may, after exhausting all generic resources (i.e. In-Home Supportive Services), authorize Personal Support services. Such services may include assistance with activities essential to the health and welfare of the individual or assistance with one's personal affairs such as budgeting.



TITLE: Supported Living Services Service Standard

DOCUMENT: Service Standard

DATE REVISED: Approved by the Board of Directors on 10/28/09

Approved by the Department of Developmental Services on 1/25/11

Revision approved by the Board of Directors on 2/16/12

Revision approved by the Department of Developmental Services on 5/10/12

Revision approved by the Board of Directors on 9/26/12

Approved by the Department of Developmental Services on March 4, 2013

Lanterman Regional Center provides supported living services (SLS) to assist adults served by the Center to live in a house, apartment, or condominium which he or she owns or leases and to participate in the life of the community according to one's specific needs, desires, and cultural preferences. A person served by the Center may receive supported living services (SLS) to enable themselves to reside in an individualized living arrangement of their choice in the community if the person is at least 18-years-old, has expressed a preference for SLS during the individualized planning process (IPP) and the living arrangement is not the residence of the person's parent or conservator.

Individuals selecting supported living as a desired option are expected to have adequate financial resources to pay move-in costs, rent, utilities, food and other expenses typically incurred by people living in their own home. (Exceptions may be considered consistent with Welfare and Institutions Code section 4689(i).)

The total annual cost of services purchased for an individual in supported living:

1) Should typically not exceed the annual cost of all regional center-funded services and supports that would be provided if the client were served in a licensed residential facility of an appropriate level or that are being provided if the client is living in a licensed residential facility of an appropriate level¹, or

If two or more clients live in the same setting and receive services from the same SLS provider, this requirement is considered to be met for all clients if the average (mean) cost for the group of clients satisfies this requirement.

 Must be within the range of annual costs of supported living arrangements for other individuals with comparable needs who are currently receiving SLS from the regional center.

To ensure that the person in or entering into supported living arrangements receive the appropriate amount and type of supports to meet the person's choice and needs as determined by the person centered IPP team, and that generic resources are utilized to the fullest extent possible, the IPP team shall complete a standardized assessment questionnaire at the time of development, review or modification of a individual's IPP. The questionnaire shall be used during the individual program plan meetings, in addition to the SLS provider's assessment, to assist in determining whether the services provided or recommended are necessary and sufficient and that the most cost-effective methods of supported living services are utilized.

Regional center-funded services are intended to complement generic and natural supports such as In-home Supportive Services (IHSS), subsidized housing and the involvement of family and friends. For individuals who are eligible for Medi-Cal, the SLS provider shall assist them to apply for IHSS no later than 5 days of the individual's move into their own home. The regional center does not provide supportive services for a client who meets the criteria to receive IHSS but refuses to apply for this benefit or utilize the benefit if eligible. The regional center executive director may waive this requirement if it is determined that there are extraordinary circumstances and those circumstances are documented in the IPP or in an addendum to the person's IPP.

For all individuals sharing a home and requiring supported living services, the same supported living service provider shall be used as long as that provider is able to meet each individual's needs pursuant to his or her IPP. The regional center shall consider, in consultation with the service agency, whether tasks (such as meal preparation, shopping and laundry) can reasonably be completed for more than one individual with the support of a single support worker. If the decision is that they can be completed with this level of support, the regional center shall purchase the prorated share of the activity for each person served.

The regional center may contract with an agency or individual for up to three months prior to an individual's anticipated move into their own home in order to assist that individual to secure an appropriate residence and arrange support services.

Authorization for supported living services is for a maximum of 12 months and will be reviewed for renewal by the IPP (PCP) Team annually.

Termination of Purchased Services

Purchased services are terminated under any of the following circumstances:

- The individual no longer requires paid supports to live in the community
- The individual no longer wishes to live on their own in the community.
- The individual no longer has the financial resources to cover his or her living expenses and does not qualify for a rent subsidy through an exemption.

CLIENT ADVISORY COMMITTEE

FRANK D. LANTERMAN REGIONAL CENTER

CLIENT ADVISORY COMMITTEE

June 13, 2022

Minutes

PRESENT

Howard McBroom, Chair Rachelle Cabrera Thomas Espinosa James Li

STAFF

Carmine Manicone Guadalupe Munoz Srbui Ovsepyan John Valencia

NOT PRESENT

Thomas Fambro Stefanie Scott Gaby Funes Nicholas Pietrantonio

GUESTS

Alfred Babayan

CALL TO ORDER

The meeting was called to order at 4:35 PM

REVIEW OF MINUTES

The minutes of May 9, 2022 were reviewed and approved by consensus.

QUARTER 1 REPORT ON 2022 PERFORMANCE PLAN

Mr. Manicone reviewed with the Committee the 1st quarter report on the 2022 Performance Plan. Mr. Manicone reviewed each goal and its updated objectives. The committee was given the opportunity to ask questions and discussion followed. The Committee was in agreement with the information provided in the report.

OTHER BUSINESS

Mr. Manicone introduced Srbui Ovsepyan to the group and explained that she had been promoted to the position of Associate Director of Client Services for Adult and Ongoing Services and that Ms. Ovsepyan would be assuming the role of liaison for the CAC.

DARK IN JUNE OR JULY?

The committee agreed by consensus to go dark in July.

NEXT MEETING

The next meeting is scheduled on August 8, 2022.

ADJOURNMENT

The meeting was adjourned at 5:26 PM.

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SERVICE PROVIDER ADVISORY COMMITTEE

Frank D. Lanterman Regional Center Service Provider Advisory Committee June 8, 2022 Minutes

This SPAC Committee Zoom meeting was called to order at 10:03 AM and roll call was taken.

SPAC MEMBERS PRESENT

Kimberly West-Isaac

Dee Prescott

Keri Castaneda

Kyra Griffith

Nancy Niebrugge

Nicole Hajjar

Michaelann Gabriele

Keri Castaneda

Excused

Kelly White

Andrew Day

Greg Sanchez

Guests:

Kimberly Yrigoyen/SVS Cindi Raimondi/ABLE Brian Nguyen/Easterseals Nanette Cruz/ECF D.L. Cook/Quantum Housing Beatriz Diaz/In2Vision Nicole Mackey/AbilityFirst Anna Polin/BuildAbility Christian De Paz/ACT Adela Garcia/TCC Jen Pippard/ Adriane Mota/ Kevin Shields/BuildAbility Janet Amador/In2Vision Bijan Beizai/In2Vision Regina Bahena/In2Vision Bernadette Manalo/NBC Home

Staff

Pablo Ibañez Sonia Garibay Adrian Jimenez

Public Comments

None

Approval of Minutes

The Minutes from the May 4, 2022, meeting were accepted as submitted.

REPORTS

Board

Ms. Isaac reported the following:

- Mr. Ibañez gave a presentation on Community Services' Vendorization and Quality Assurance activities.
- The budget was discussed.

• Mr. Ibañez also presented on START Crisis/Mental Health Services. He reported that LRC will be adding a 2nd crisis provider. This provider will be providing evidence based services for individual 6 years of age and older that have developmental disabilities and a mental health diagnosis. This is a mental health service so the provider will be using the start model, an evidence based practice out of the University of New Hampshire. This organization was awarded the contract by the State to provide services via the regional centers. Board approval was needed to hire YAI to provide these services.

HCBS Update

Ms. Garibay gave a power point presentation on the HCBS Final Rule Compliance. She shared that the deadline for full compliance is March 27, 2023.

Non-residential programs service codes that are affected are: 028, 055, 063, 475, 505, 510, 515, 855, 950 and 954. Residential service codes that are affected are: 096, 113, 904, 905, 915, 910 and 920.

Providers that are in full compliance but did not receive a virtual site assessment are required to show their compliant status. Each provider must complete a residential (Enclosure 2b) or non-residential (2a) Validation template. Supported documentation is due to the regional center by June 30, 2022 and should be sent to providerservices@lanterman.org

Providers that received a virtual site-assessment and were found to be non-compliant are required to complete a Remediation template form. Each provider must complete a remediation template, for non-residential (Enclosure 4a) and for residential (Enclosure 4b). Documentation is due to the regional center by July 22, 2022 and should be sent to <u>providerservices@lanterman.org</u>.

Ms. Garibay shared that DDS is working on a solution for providers that were vendored after August 2020 and did not complete a virtual assessment but their service code indicated that they should have completed one.

Copies of the self-assessments can be requested from Ms. Garibay at sgaribay@lanterman.org for non-residential programs. Residential providers can request theirs from their QA Liaison.

https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/assessment-information/ was posted on the chat.

NEW BUSINESS

Self Determination Update

Mr. Adrian Jimenez, LRC Self Determination Coordinator, gave a power point presentation on the Self Determination Program (SDP). Some of the highlights are:

- SDP is available to most clients ages 3 and above but excludes clients residing in skill nursing facilities or intermediate care facilities.
- Most clients participating in SDP will have flexibility in service delivery, will have control in development of services and will have an oversight in the selection/hiring of providers.
- Providers will not have to be vendored with the regional center (except FMS).

- Before enrollment, clients must attend a mandatory orientation and develop a Person Centered Plan.
- Generic resources should be considered first.
- All services purchased under SDP must be HCBS compliant.
- Financial Management Service (FMS) is the primary entity in charge of paying for services to providers directly.
- Unique services that are not available through traditional services are available through SDP.
- Providers are required to fit their services within the service code list; SDP service codes are under the 300 category.

Questions should be sent to Mr. Jimenez at <u>ajimenez@lanterman.org</u>. Contact websites were shared; they are also posted on the LRC website. The power point presentation will also be shared with the group.

OLD BUSINESS

Legislative Advocacy

Ms. Prescott mentioned that the May Revise from the Governor's budget came out and she encouraged all providers to visit the DDS website and review it.

DDS Updates

Mr. Ibañez shared the following:

- The deadline for the fully completed DSP survey is June 30, 2022, one survey per agency. There is a financial incentive for providers that complete the survey.
- May Revise for the California budget proposes the following Trailer Bill language:
 - o SDP clients will not have to pay for the FMS service fee out of their individual budgets.
 - Early Start eligibility change to the developmental delay threshold from 33% to 25% for a more inclusive approach.
 - o Fetal Alcohol Syndrome will be added to the qualifying risk condition criteria.
 - o A proposal to eliminate half-day billing for day services.
 - Alternative non-residential services will end effective 12/31/22 but the State is looking at different ways to keep the positive aspects that were achieved during the pandemic.
 - o A new service has been proposed, Coordinated Family Support Services, which will help with end-of-life planning for clients who live with aging care-givers.
 - Changes have been proposed to the reporting for individuals with complex needs.
 Statewide limit for enhanced behavioral support homes and other IMDs will be eliminated.

LRC Updates

Mr. Ibañez shared the following:

- LRC is still closed to the public but some clients that need Intake assessments/eligibility are allowed in.
- Most staff continue working remotely coming to the office once or twice per week with the exception of the skeleton crew.

- Most regional centers have resumed normal activities and staff has come back to their offices FDLRC is currently assessing and the next stage will be decided upon soon.
- Providers are still required to report any staff Covid positive cases on a daily basis.

DDS Electronic Visit Verification

Mr. Ibañez reminded that SLS, Personal Assistance, Respite and Home Maker services were required to use an EVV system since March of this year. The original January 2022 deadline was extended. DDS recently released some office session dates. Sessions are scheduled for June 21, June 23 and June 25 and links were posted on the chat.

He also reminded providers that DDS and Sandata are available to provide support and technical assistance as needed.

Service Provider Breakfast

Ms. Prescott confirmed that that the in person SP Breakfast is scheduled for November 2, 2022 at the Luminarias Restaurant. Subcommittee will meet after the meeting and will bring updates to the next meeting.

Provider Training

Ms. Prescott proposed having the "7 Rules for Reengaging Staff" training at the SPAC meeting in August. All committee members were in agreement.

Vendor Fair

No updates.

UPDATES/ANNOUNCEMENTS/CONCERNS

- All There will be **no** meeting in July
- Ms. Prescott shared that Get Safe is a good resource that Easter Seals uses to deal with current community issues. A link was shared on the chat.
- Discussions on the joint meeting with Program & Services will continue.
- Ms. Prescott reminded the group that the Disability Thrive Initiative on "Addressing the Workforce Professionals Crisis" starts today, June 8, from 3:00 4:00 PM. The Lunch and Learn follow up call is scheduled for Friday, June 10. The link was shared on the chat.

ADJOURNEMENT

The meeting was adjourned at 11:39 am

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Service Provider Advisory Committee Meeting ATTENDANCE

2021-2022	N	D	J	F	M	Α	M	J	J	A	S	0	Т
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K. WEST-ISAAC - Chair	X	X	X	X	X	E	X	X					
K. CASTANEDA	X	X	X	X	X	X	E	X					
N. HAJJAR	E	X	X	X	X	X	X	X					
D. PRESCOTT	X	X	X	X	X	X	X	X					
G. SANCHEZ	X	X	X	E	X	X	X	E					
K. GRIFFITH	X	X	X	X	X	X	X	X					
K. WHITE	X	X	X	X	X	X	X	E					
N. NIEBRUGGE	X	X	X	X	X	X	X	X					
M. GABRIELE	E	E	E	X	X	X	X	X					
A. DAY	X	E	X	X	X	X	X	E					