



# LANTERMAN REGIONAL CENTER

Expenditure Data  
for Fiscal Year 2022-2023  
Public Stakeholders Meeting  
March 29, 2024

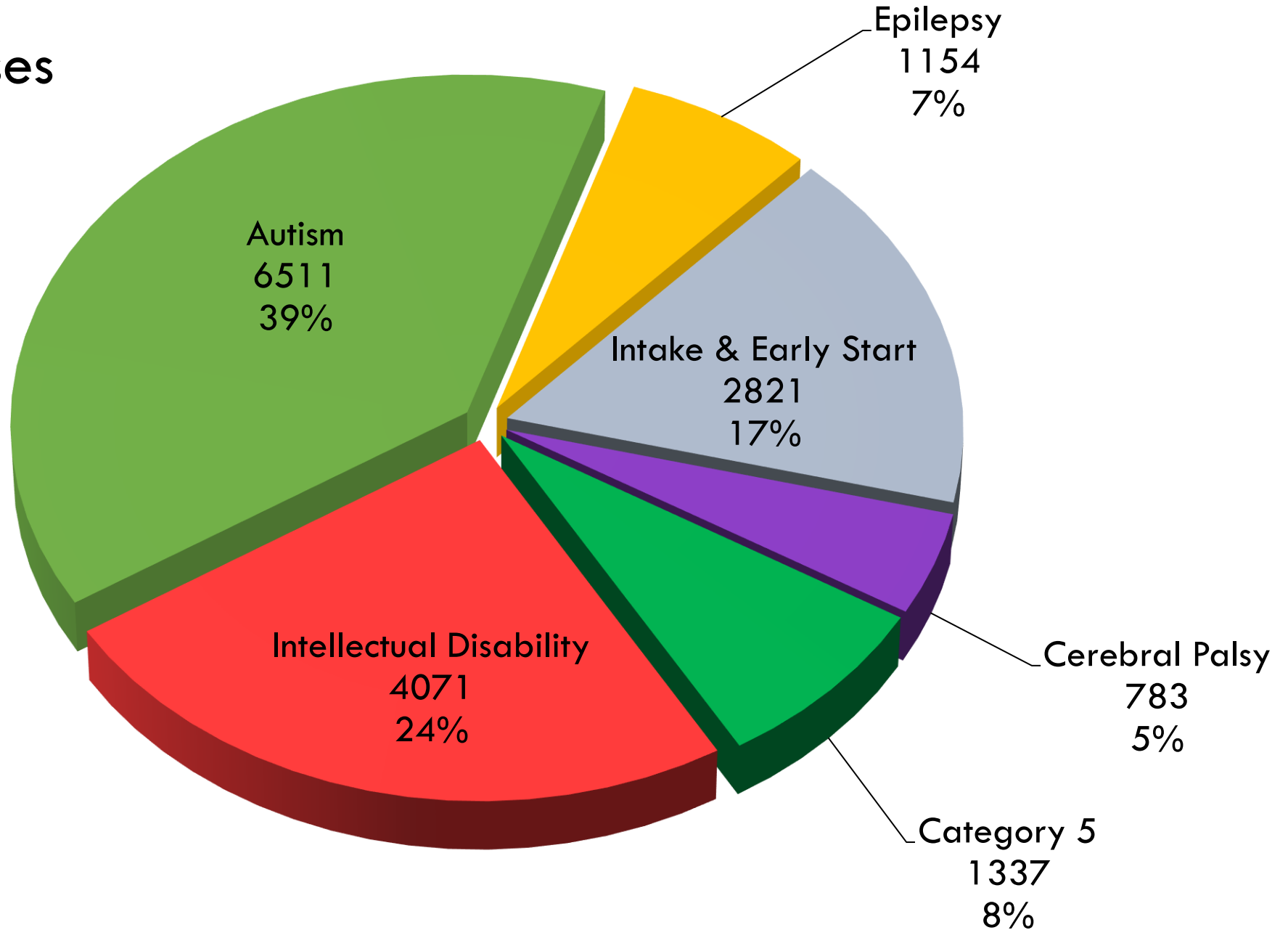
# WHY ARE WE HERE?

- ❑ To inform you about how FDLRC spent POS money on individuals based on ethnicity, race, language and disability
- ❑ To gain insights from you about the reasons why differences exist
- ❑ To share what we are doing to address differences in service access and gather your ideas about how we address it

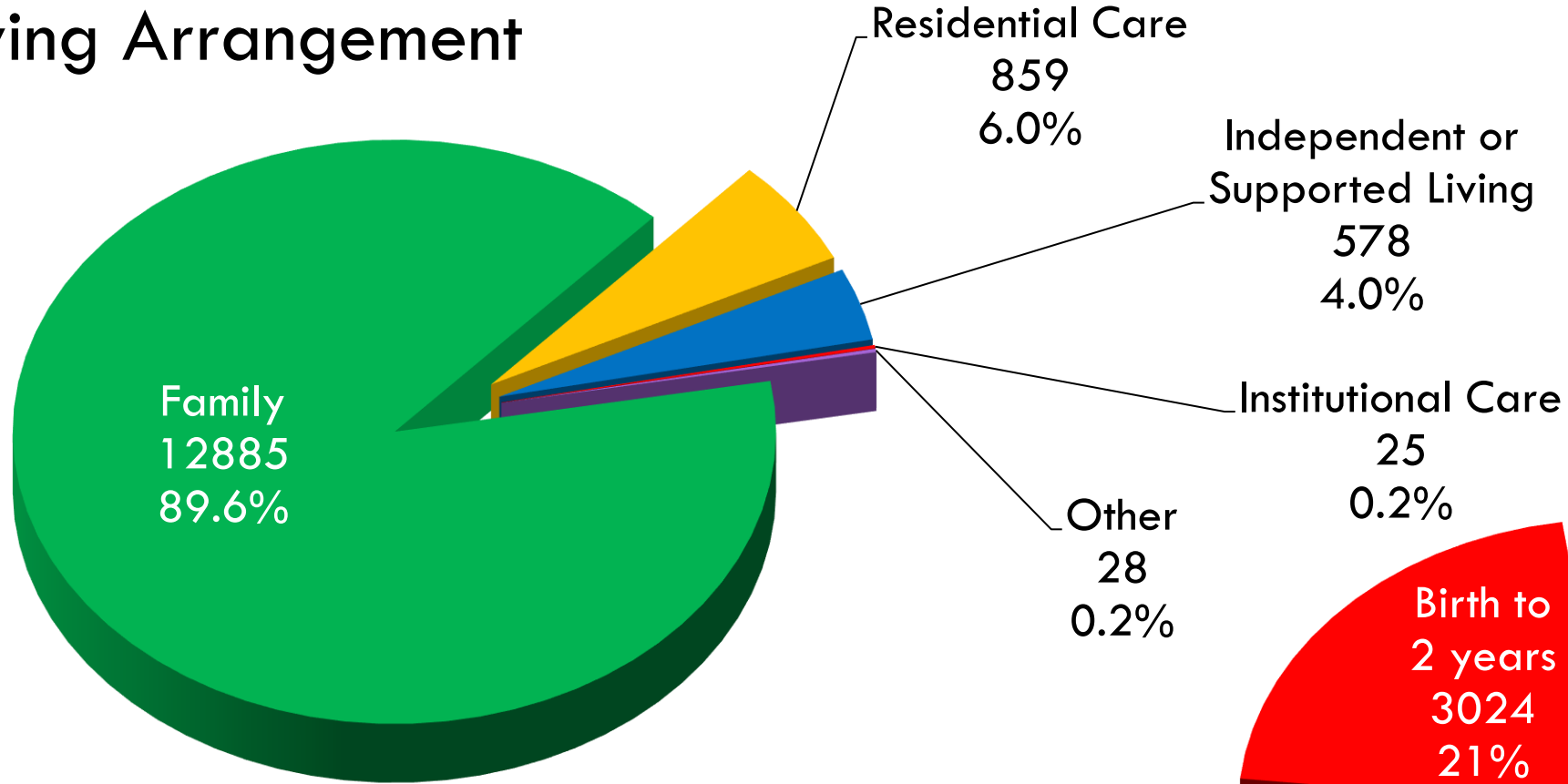
# FDLRC — WHO WE ARE:

- ❑ FDLRC is one of 21 regional centers in California
- ❑ We now serve over 12,860 individuals in the Los Angeles, Pasadena and Foothill areas
- ❑ We are considered a small regional center
- ❑ Our Purchase of Service (POS) allocation in fiscal year 2022-2023 was \$295 million
- ❑ We have 150 Service Coordinators  
93.3% speak at least a second language

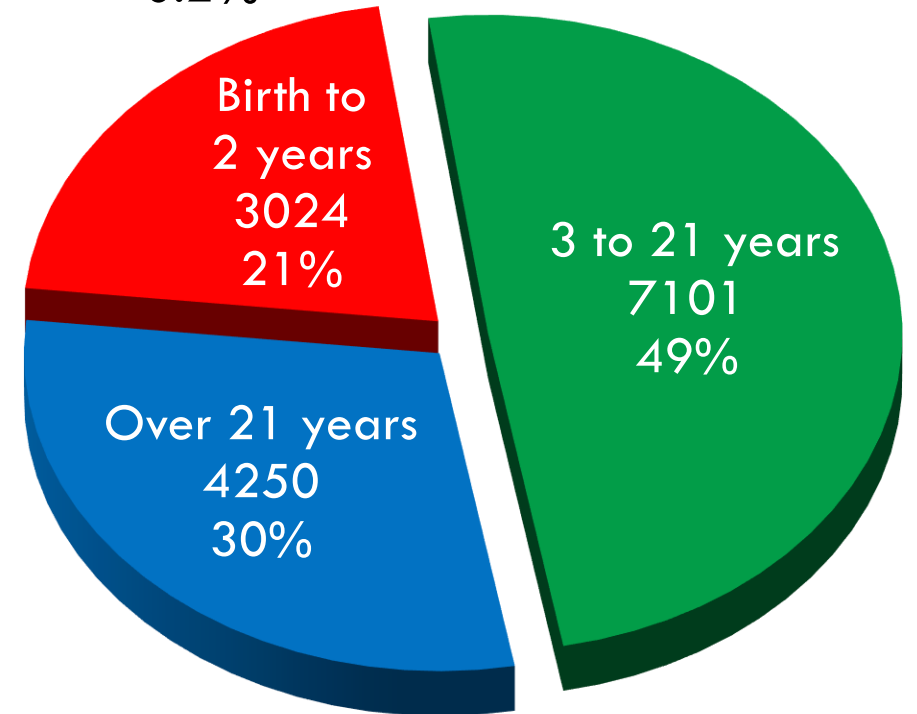
# Diagnoses



# Living Arrangement

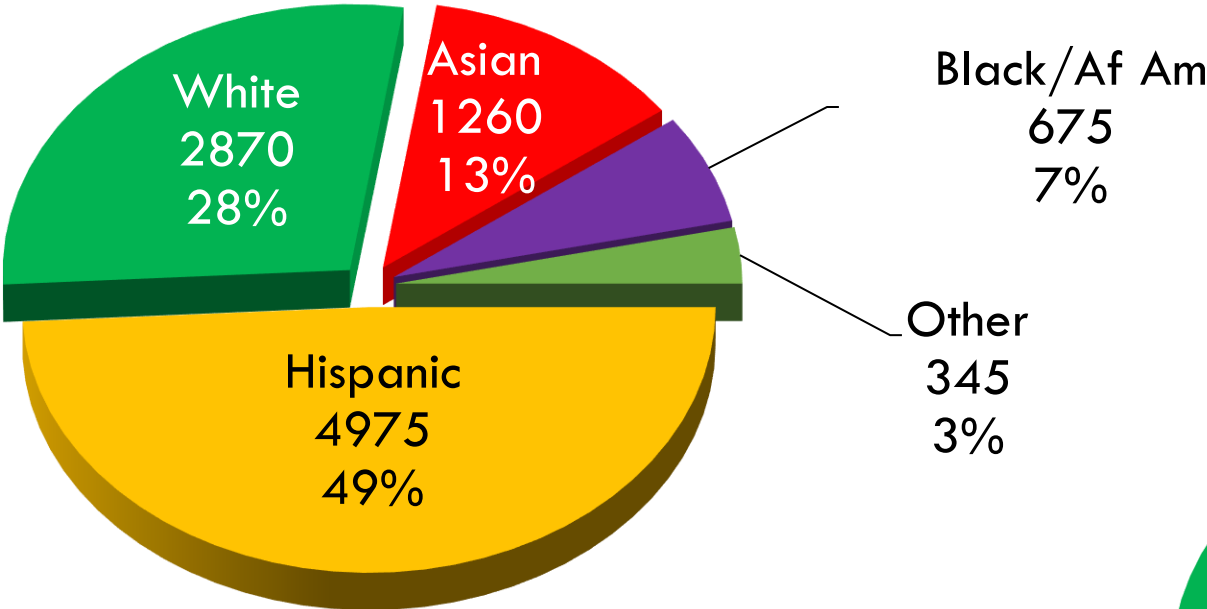


# Years of Age

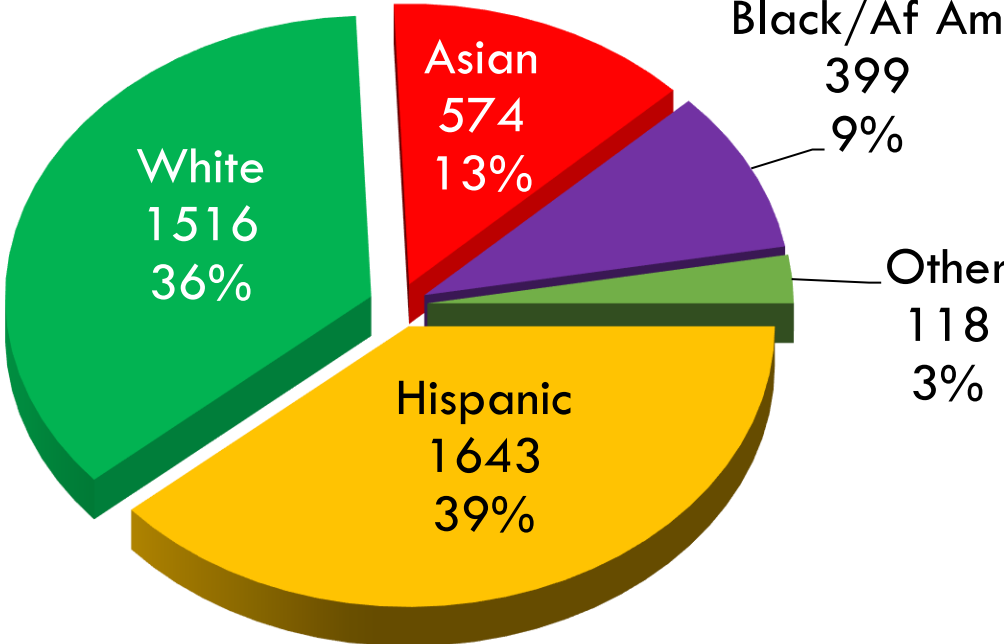


# Ethnicity by Age

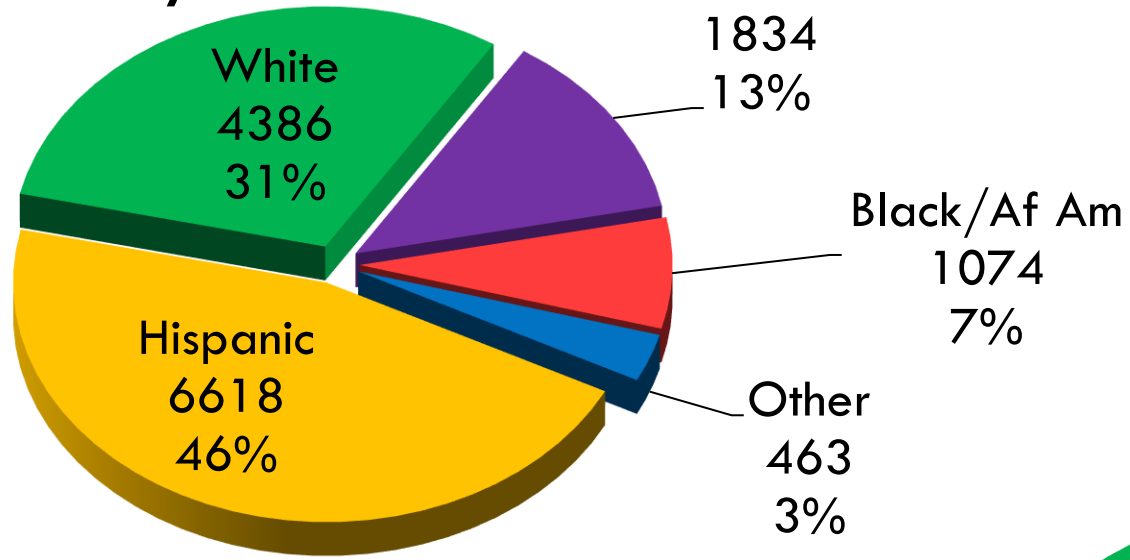
Birth to 21 years



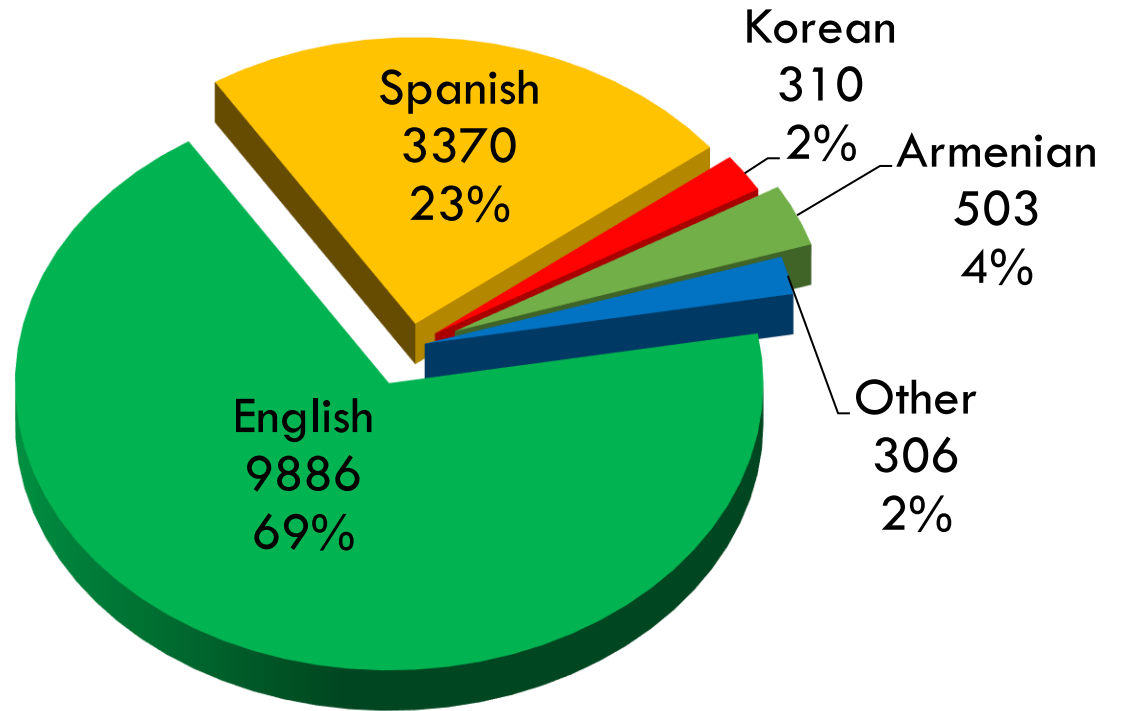
Over 21 years



# Ethnicity



# Language

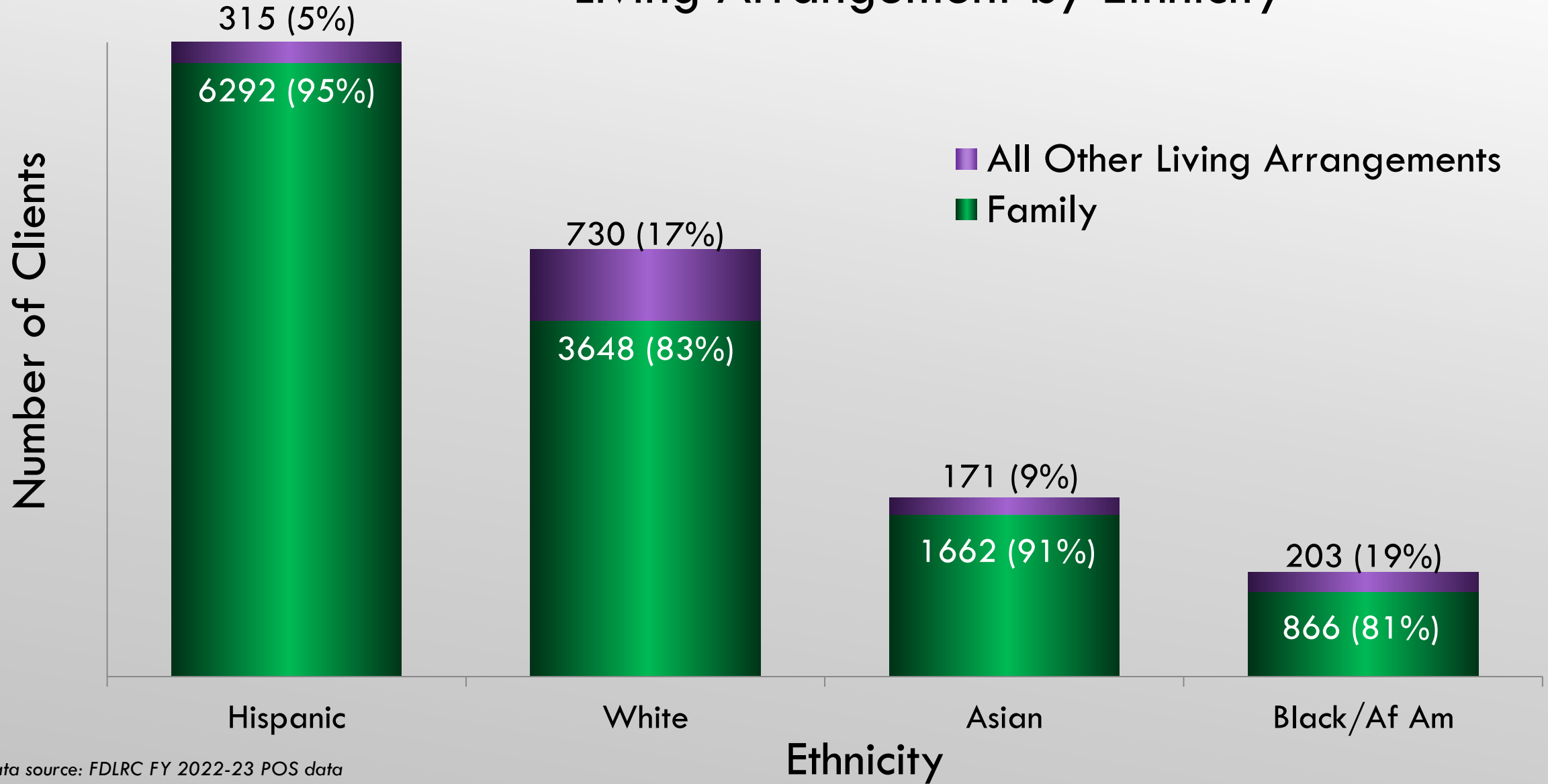


# DATA LIMITATIONS ON PURCHASE OF SERVICES

- ❑ The following data is based on what the Regional Center paid for services on behalf of individuals between July 1, 2022 and June 30, 2023.
- ❑ Differences across ethnic and language groups do exist, but these differences do not mean that individual needs are not being met.
- ❑ Services purchased are based on the Individual Program Planning (IPP) process, so expenditures will be different from client to client. For example, choices clients and families make, such as out-of-home placement drive cost differences.



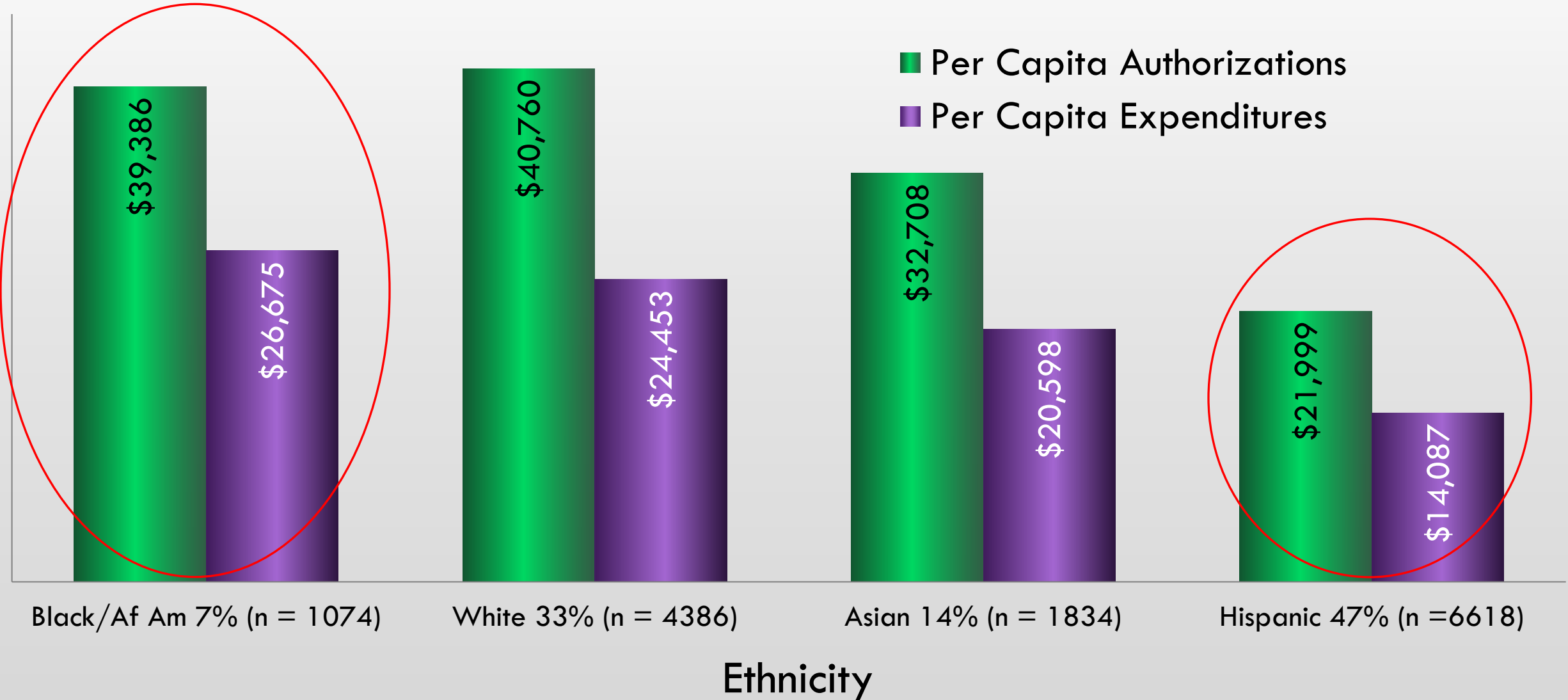
# Living Arrangement by Ethnicity



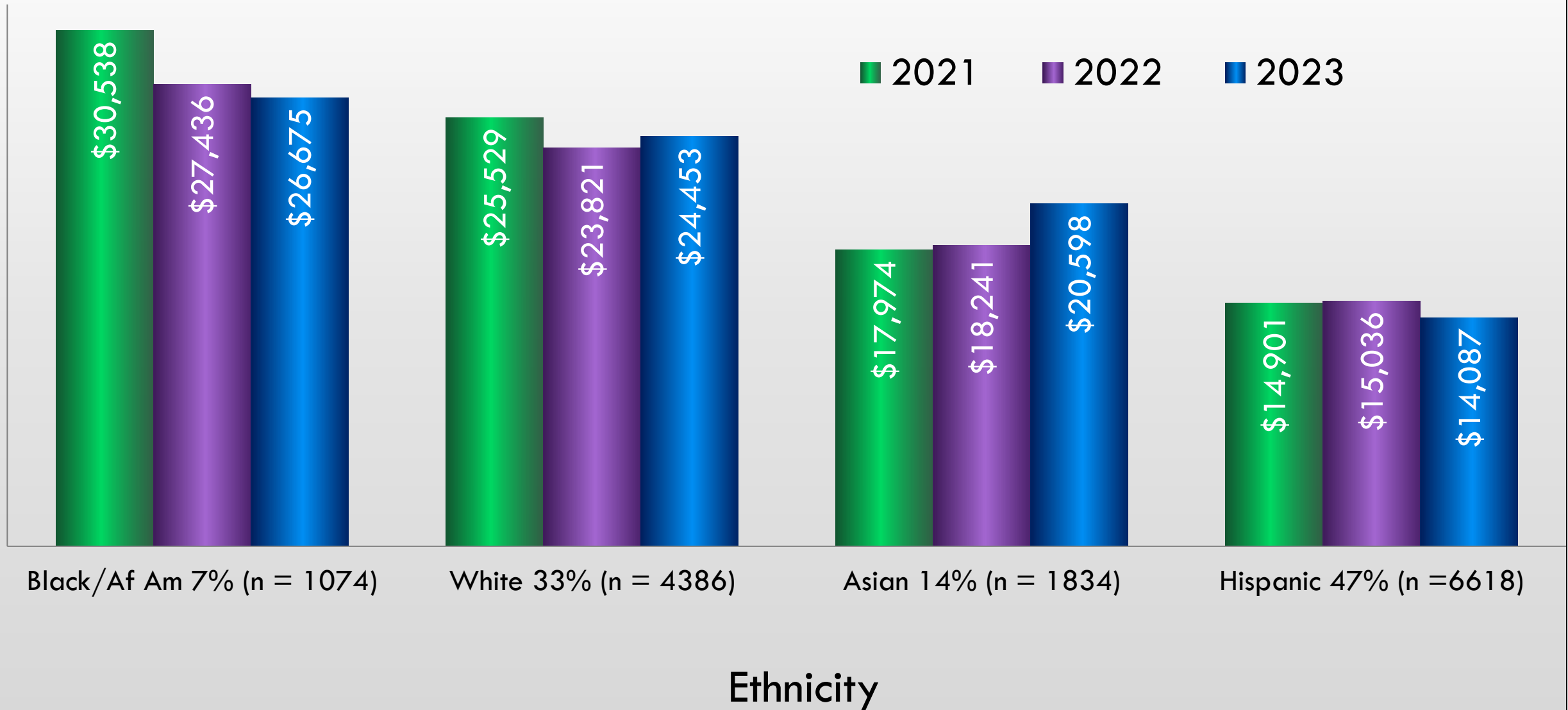
Data source: FDLRC FY 2022-23 POS data

# Approved Services Vary Substantially by Ethnicity

Access to services is lowest for Hispanic clients

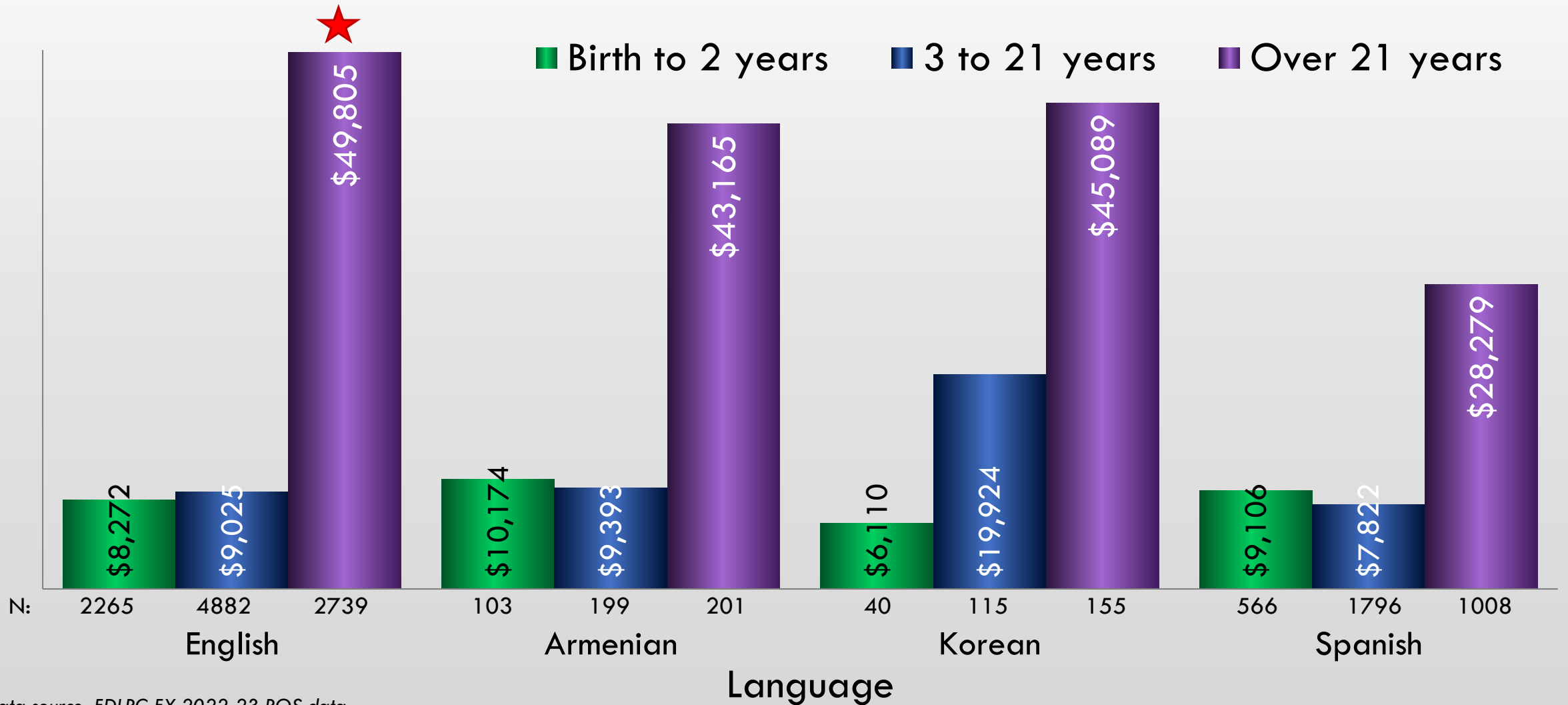


# Approved Services Have Changed in the Last three Years



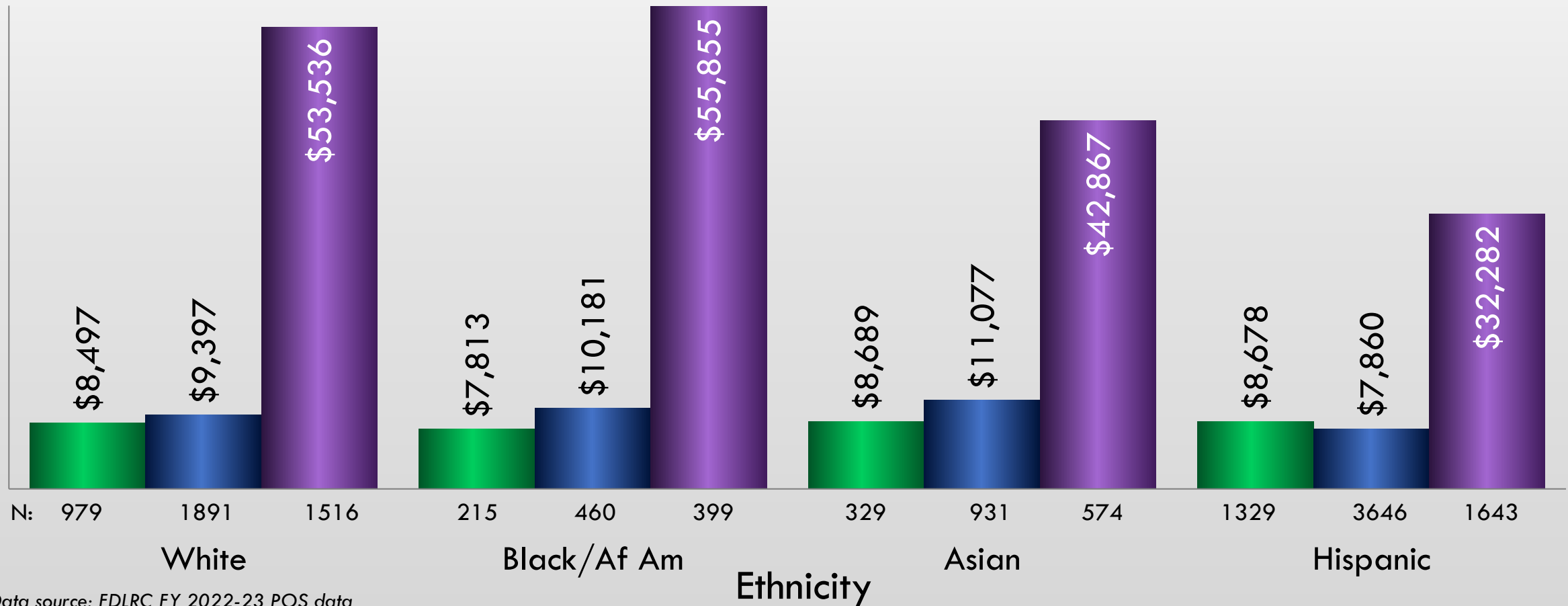
# Per Capita Expenditures by Language and Age

Older English-speaking clients have the highest service costs



# Per Capita Expenditures by Ethnicity and Age

■ Birth to 2 years   ■ 3 to 21 years   ■ Over 21 years



Data source: FDLRC FY 2022-23 POS data

# WHY AGE MATTERS

**For children ages 3-21, services are primarily funded by school districts or insurance**

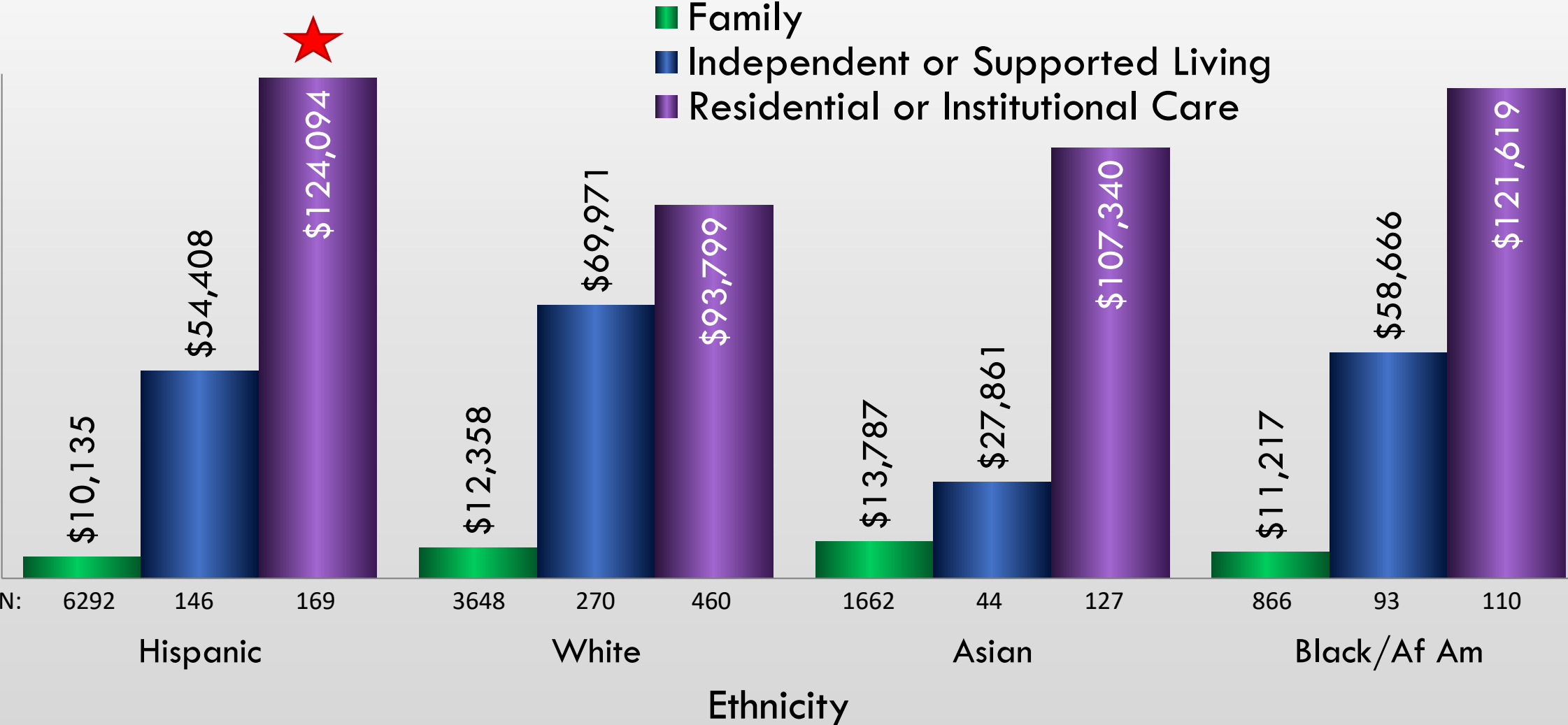
- ❑ ABA/behavior health treatment – typically funded by insurance
- ❑ OT, PT, ST services – typically funded by school district and insurance
- ❑ Educational services – funded by school districts

**For adults 18 or 21 and older:**

- ❑ Services typically funded by the Regional Center, as school district and insurance ages out of most services.

# Per Capita Expenditures by Ethnicity and Living Arrangement

Hispanic clients in residential or institutional care have the highest service costs



Data source: FDLRC FY 2022-23 POS data

# WHY LIVING ARRANGEMENT MATTERS

**Cost of services for those living out of home is significantly higher than for those living at home.**

- ❑ On average, out of home services cost about \$86,202 versus an average of \$11,874 per person for individuals living at home.
- ❑ Residential placement costs typically include staffing for 24/7 supervision, specialty consult hours, transportation, training, and more
- ❑ Individuals residing independently or through Supported Living have higher cost of services (training supports, up to 24/7 supervision, personal assistance while at home or out in the community, etc)



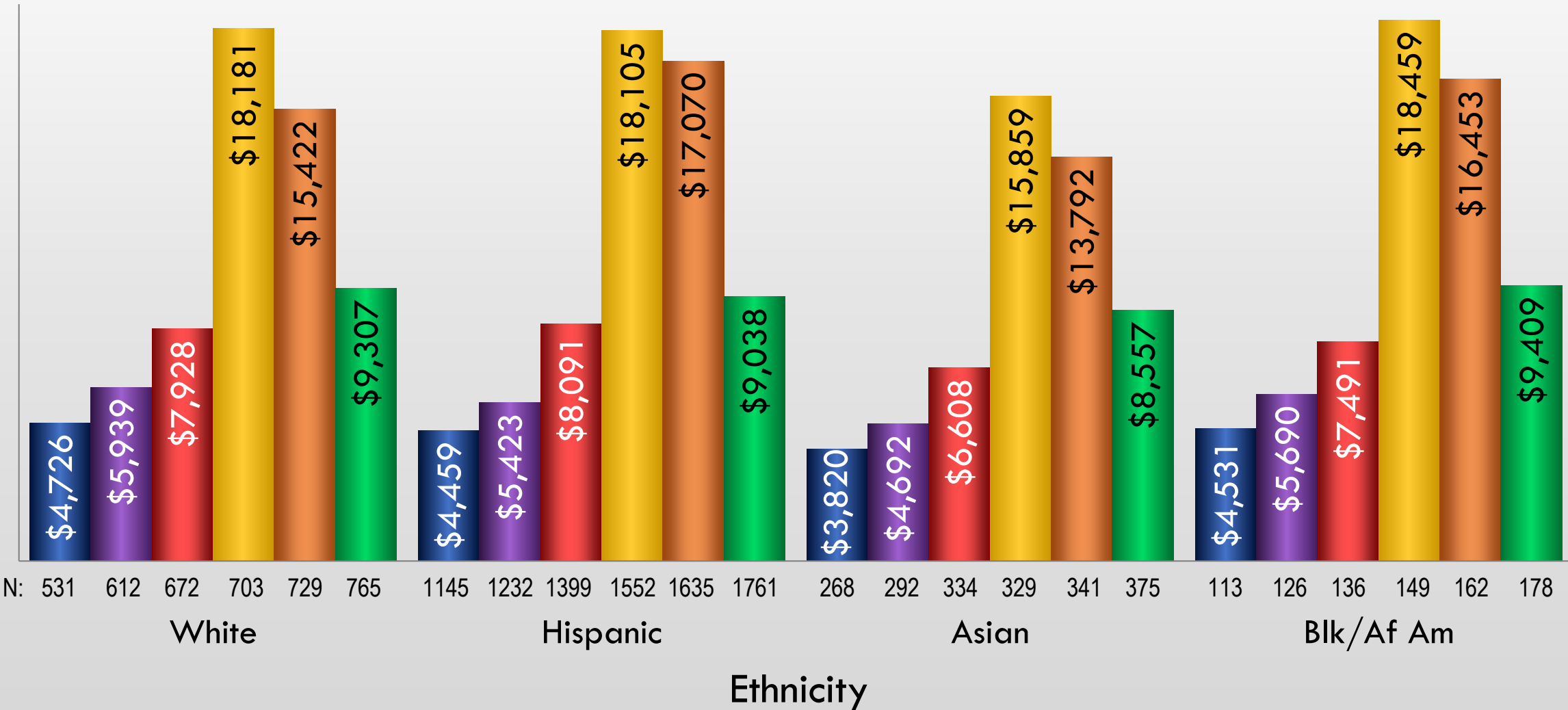
# WHY LIVING ARRANGEMENT MATTERS

**Cost of services for those living out of home is significantly higher than for those living at home.**

- ❑ Individuals living at home typically receive care and supervision from family members, as the preferred option of those families. Funded services include home supports or personal assistance and generic services such as In Home Support Services (IHSS).
- ❑ Coordinated Family Supports (CFS) services was introduced in 2023 to specifically address the unique needs of adults living at home\*

# Per Capita Expenditures for Respite by Ethnicity

■ FY17-18   
 ■ FY18-19   
 ■ FY19-20   
 ■ FY20-21   
 ■ FY21-22   
 ■ FY22-23



# ACTIVITIES AIMED AT IMPROVING ACCESS

## Ongoing Lanterman Projects:

- ❑ Enhanced Case Management – new initiative in 2022; 4 caseloads of 1:40 ratio serving non-English speaking families with Low to No POS
  - ❑ 2 Spanish speaking, 1 Armenian & 1 Korean
  - ❑ Total number of families served: 114; Total number of POSs initiated: 247
- ❑ Promotora Project
- ❑ Community Health Worker Project
- ❑ Community Navigator Program (increased to a 2<sup>nd</sup> position this year)
- ❑ Videos explaining the purchase of service

# PROMOTORA & COMMUNITY HEALTH WORKER PROJECT

**Established** in 2013 through a Service Access and Utilization Grant; Expanded to Korean speaking families in 2017-2018

**Partners:** Esperanza Community Housing Corp. and Korean Youth Community Center (KYCC)

**The goal:** work closely with families, one-on-one, to increase knowledge, understanding and utilization of services and strengthen the relationship between Lanterman and the community it serves.

**Program length:** typically 12 months, or until goals are reached

**Current capacity:** 104 Spanish-speaking families and 26 Korean speaking families

**Program is available for clients who:**

- Speak Spanish or Korean primarily
- Reside in Los Angeles, Glendale or Eagle Rock
- Have been referred by the service coordinator
- Are authorized but not utilizing services
- Have barriers to accessing generic services
- Have been identified as having an unmet need

# ADDITIONAL SERVICES PROVIDED BY FDLRC

- ❖ IHSS/ SSI Legal Advocacy Services
- ❖ Special Education Law Clinic Services
- ❖ KYRC Family Resource Center (2<sup>nd</sup> site on Brand Blvd, Glendale)
- ❖ Service Access and Equity Grants
- ❖ Crisis Support Services/ START Services
- ❖ Coordinated Family Services

# KOCH YOUNG RESOURCE CENTER (KYRC) FAMILY SUPPORT SERVICES IN 2022

- \* **Support Groups** – KYRC facilitates **15 support groups in 6 different languages**
- **KYRC held 36 educational trainings covering 24 topics with a total of 1,200 participants attending the trainings.**
- **Standalone Trainings:** KYRC offered **40 educational trainings, covering 31 topics, with 2,272 participants in attendance.**
- **Service Coordination & Advocacy Training (SCAT)** – 4 week training series offered by KYRC quarterly
  - In 2023, KYRC held 4 SCAT series; 51 participants completed the series (23 in English, 9 in Spanish, 19 in Korean). This year, adding a 5<sup>th</sup> series in Chinese
- **New Family Orientation (NFO)** – KYRC held 3 NFO series on Understanding RC Services

# SERVICE ACCESS AND EQUITY GRANTS

## **Advanced Leadership Training for Self-Advocates:**

To promote equitable opportunities for access, services and supports by providing a framework for self advocates to learn and develop increased advocacy skills to help navigate the system

- 20 Self advocates participated

## **Workforce Capacity Increase:**

5 service providers were grant recipients

- To increase utilization of services (Respite and Personal Assistant) by language: Armenian and Korean
- Effective in addressing current and future service needs in the community

# FINAL THOUGHTS

- \* Differences in POS dollars across cultures and ethnic groups do exist
- \* Age of the individual served and where they live (at home, independently or in a residential facility) has an impact POS expenditures.
  - Less POS spent on younger children as school and insurance provide coverage
  - More POS spent on individuals as they age and if they live outside of the family home
- \* FDLRC is actively working to lessen barriers to accessing services through efforts such as the Enhanced Caseload unit, Promotora/ CHWP and the KYRC Family Resource Center
- \* Additional services offered at FDLRC such as the Special Ed Law Clinic also support our families but are outside of POS expenditures





**QUESTIONS?**