

INFANT MASSAGE



A PARENT AND ME SERIES

For Children Ages **BIRTH TO CRAWLING**

Tuesdays, February 28 to April 4, 2017 11 a.m. to 12 p.m.

Series runs for 6 consecutive weeks

♥Families who attend 5 or more sessions will receive materials♥

Benefits of Infant Massage for Baby

- Helps to decrease stress for you and your baby.
- Helps relieve discomfort from constipation, gas, and colic.
- Helps normalize muscle tone and improve blood circulation.
- Stimulates brain development and improves sensory awareness.
- Promotes bonding and attachment.

Space is limited **REGISTRATION** is required: www.fdlrc-infant-massage-spr2017.eventbrite.com

For more information contact 213.252.5600 or kyrc@lanterman.org.

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