

# Special Training for Parents



## Frank D. Lanterman Regional Center Presents

### Person Centered Planning – What it Means for Parents

Featuring Amber Carey Navarrete, National Speaker & Training  
& Consulting Director, ADS, Easterseals So. California

**Wednesday, February 20, 2019 5:30 pm - 7:00 pm Check-in at 5:15 pm**

**Lanterman Regional Center | 3303 Wilshire Blvd., | Los Angeles, CA 90010**

Everyone, including individuals with developmental disabilities and their families, have hopes and dreams about making their lives productive and satisfying. In this training for parents, you will learn about what makes the person-centered planning approach different from traditional planning. You'll learn the significance of distinguishing between what is important to an individual and what is important for the individual, as well as the importance of promoting the active involvement of those receiving services in identifying their strengths, desires and needs. Through interactive activities, personalized planning strategies, and descriptive examples, you will learn about defining short and long-term personal goals with measurable outcomes assignment of responsibility for different tasks and action steps to different members of the team including the individual, family members, natural supporters and service providers.

#### Registration

**Parents: Free**

Register at:

<https://fdlrcparent.arcalearn.org>

Keyword Search: PCP or title

**Parking \$5.00 after 5 pm**

Call 213-252-4976 for more information regarding registration