



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.



EASTERN LOS ANGELES
REGIONAL CENTER

FRANK D. LANTERMAN
REGIONAL CENTER

NAVIGATING OUR MENTAL HEALTH SYSTEM FROM A SPECIAL NEEDS PERSPECTIVE

Lanterman Regional Lanterman in collaboration with the Los Angeles County Department of Mental Health and the Eastern Los Angeles Regional Center invites you to participate in this mental health workshop.

1. Understand behaviors related to mental health and intellectual mental disabilities (IDD).
2. Understand the differences and similarities of both services available to you.
3. Learn strategies to effectively navigate mental health services.

February 28, 3:30pm to 5:30pm via ZOOM.

Registration Required:

<https://us02web.zoom.us/meeting/register/tZwkdOipqD0vG9YngmyKIJjhdRDUhVWm-kCy>

Interpretation will be provided in Spanish and Korean

For questions conact:

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