



Meeting the Challenges of Dual Diagnosis

Sponsored by
Frank D. Lanterman Regional Center



Developmental Disabilities and Mental Health Seminar Series

Designed to help bridge the gap
between the mental health and
developmental disabilities systems

February 27, March 27,
& April 24, 2013
9:30 a.m.— 4:00 p.m.

Brookside Golf Course
1133 N. Rosemont Avenue
Pasadena, California 91103



Registration Fee: \$25.00

Parking: No Cost

Includes all 3 seminar days,
lunch and Continuing Education Certification



Overview and Objectives

OVERVIEW

Top experts in the field of dual diagnosis will address assessment and treatment of clients with mental health and developmental disabilities including factors such as substance use and abuse, and involvement with law enforcement, that may complicate their care. The seminar series will include intervention strategies, treatment options, and community mental health resources.

OBJECTIVES

1. Identify behavioral signs and symptoms of the client with behavioral challenges due to mental illness.
2. Identify complications caused when medications used to treat mental health and developmental disability issues interact.
3. Learn about and adapt behavioral strategies based on the needs of the individual with mental illness and developmental disability.
4. Recognize the signs of substance use and abuse and identify treatment options.
5. Increase the safety of clients who may become involved with law enforcement.

TARGET AUDIENCE

Residential administrators and direct service staff, ILS/SLS staff, day program staff, service coordinators, mental health case managers, nurses, therapists, behaviorists, and other social services professionals responsible for coordinating and implementing treatment strategies for people with a dual diagnosis for transition age youth and adults.

CONTINUING EDUCATION

Frank D. Lanterman Regional Center is a continuing education provider approved by the California Board of Registered Nursing (RN), Provider Number CEP 13627 and California Board Of Behavioral Sciences (MFT, LCSW) Provider Number PCE 2461, as a provider of continuing education. This seminar series meets the qualifications for 15 hours (5 hours/day) of continuing education. CEU fees are included in the registration fee and are non refundable.

Day 1—February 27, 2013

9:30 a.m. – Registration and Continental Breakfast

9:45 a.m. – Intro to Dual Diagnosis: 101 - The history associated with the field of Dual Diagnosis and current issues in assessment, diagnosis and treatment, and cross-systems collaboration.

Peggie Webb, MA, San Diego Regional Center

11:45 a.m. – Break

“I Hear Voices” Activity

12:30 p.m. – Lunch (30 min)

1:00 p.m. – Consider That: Developmental, Cognitive, and Emotional Considerations - Learning how to assess and identify each person’s unique profile.

Darlene Sweetland, Ph.D. and co-author of *Intellectual Disability and Mental Health: A Training Manual in Dual Diagnosis*

2:30 p.m. - Forensic Issues – Assisting individuals with dual diagnosis involved in the criminal justice system or at risk of becoming involved. How law enforcement interact with clients on the street, how PET teams can assist when police are called. Other topics to be covered are competency training, court proceedings and how best to work with the jail clinicians if someone with a dual diagnosis is arrested.

**Richard Conklin, L.C.S.W., Chief Mental Health Clinician
San Diego Sherriff’s Department**

4:00 p.m. – Closing



Day 2—March 27, 2013

9:30 a.m. – Registration and Continental Breakfast

9:45 a.m. – Psychopharmacology – Practical issues in the assessment and management of behavioral problems and psychiatric disorders in clients with a mental health and developmental diagnosis.

Bhavik Shah, M.D., Director Behavior Genetic and Developmental Disabilities Services, and Autism Psychopharmacology Clinic, UCLA, Neuropsychiatric Institute

11:15 a.m. – Break

11:30 a.m. – The Other Diagnosis: Substance Abuse - the most common substances of abuse, categories of substances, their common street names, physical and behavioral effects, and signs and symptoms of addiction.

Mary Hubbard, LAADC, Marste Training Services

12:30 p.m. – Lunch

1:00 p.m. – Clinical Diagnosis: Understanding mental health disorders and how they often manifest differently for a person with an intellectual disability.

Darlene Sweetland, Ph.D. and co-author of *Intellectual Disability and Mental Health: A Training Manual in Dual Diagnosis*

3:30 p.m. – Closing

Day 3-April 24, 2013



9:30 a.m. – Registration and Continental Breakfast

9:45 a.m. – Thinking Outside the Box – Behavioral intervention strategies in the management of behavioral problems and psychiatric disorders in clients with a mental health and developmental diagnosis.

Darlene Sweetland, Ph.D. and co-author of *Intellectual Disability and Mental Health: A Training Manual in Dual Diagnosis*

12:00 p.m. – Lunch

12:45 p.m. – County Partnerships for Improved Communication and Resource Sharing - History, process, challenges and ongoing dynamics of interagency collaboration will be presented as an effective method for resolving communication and resource challenges for dually served clients.

Stephen Mouton, Psy.D., San Gabriel Pomona Regional Center

1:45 p.m. – Panel of Experts - Clinicians and interventionists from various systems, such as psychiatric hospital and mental health systems, respond to specific case scenarios and share their perspectives on how service delivery might be accomplished.

Darlene Sweetland, Ph.D., Peggie Webb, MA, San Diego Regional Center, Stephen Mouton, Psy.D., San Gabriel Pomona Regional Center, Gary Mittelberg, BS BSN RN, Director, Behavioral Health Services, Glendale Adventist Medical Center

3:30 p.m. – Closing



Meeting the Challenges of Dual Diagnosis Seminar Series Registration Form

Sponsored by
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Registrant Information (One form per person)

Name: _____ Title: _____

Agency Name: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Daytime Phone: () _____ E-Mail: _____

Seminar Information

Check Seminar Date(s)

☐ February 27, 2013 (\$10.00)

☐ March 27, 2013 (\$10.00)

☐ April 24, 2013 (\$10.00)

or

☐ Series: February 27, March 27, and April 24, 2013 (\$25.00)

Registration Payment *(includes CEU certificate and box lunch)*

Seminar Day: \$10 per person/per day

Seminar Series: \$25 per person

_____ Seminar Days @ \$10 each = \$ _____

_____ Seminar Series @ \$25 each = \$ _____

Grand Total Enclosed: \$ _____

Send completed form and payment payable to:

Frank D. Lanterman Regional Center • 3303 Wilshire Blvd., Suite 700 • Los Angeles, CA 90010
Phone: (213) 252-4976 or (213) 252-2572

Register now. Space is limited. Pre-registration forms must be received at least 10 business days prior to the selected seminar.