## SUPPORTS & RESOURCES FOR LGBTQ+ CLIENTS AND FAMILIES

Empowering Families is the Key to Support Your Loved ones



Join Lanterman Regional Center for a **free** workshop on November 17th at 4:00pm

Topics will include how to best support LGBTQ+ individuals with developmental disabilities in all areas of their identity.

In this workshop parents, caregivers, and self-advocates will hear from various speakers who will provide information on:

- LGBTQ+ terminology
- LGBTQ+ resources
- The basics of Person-Centered Planning
- How the planning process can be beneficial in supporting LGBTQ+ identities across the lifespan.

Speakers will provide guidance on how parents and other circle of support members can create a supportive environment for their loved one who identifies as LGBTQ+. Attendees will have the opportunity to ask the speakers questions at the conclusion of the presentation.

## Registration is required zoom

https://us02web.zoom.us/meeting/register/tZ0ld02tpz4uE9LXiTCsd7gugEmoDaw0t3WW

For questions contact: Joe Perales, <u>jperales@lanterman.org</u> 213-252-4986 Interpretation will be provided in Spanish and Korean







