



Infant Mental Health

Presented By

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Healthy, nurturing relationships with parents and caregivers lay the foundation for a baby's social and emotional development, also known as infant and early childhood mental health. Mental health issues can form very early in life. Infants and young children can have diagnosable and treatable mental health conditions. In this training you learn about:

- What is Infant Mental Health
- How family stress can impact an infant's development and their relationships
- Building resiliency and promoting positive outcomes

Dr. Marie Kanne Poulsen has worked extensively with service delivery, program development, research, and policy addressing the needs of vulnerable infants and young children and their families. She is a Governor Edmund G. Brown Jr appointee and Chair of California's Interagency Coordinating Council for Early Intervention. Her specialties include infant/family and early childhood mental health and children with special developmental and health care needs. Dr. Poulsen's work centers on supporting families to build resilience in young children at-risk due to biological and psycho-social circumstance, including developmental disabilities, chronic illness, perinatal substance exposure, maternal depression, out-of-home placement, domestic violence and the stresses of poverty.

Training will be conducted via ZOOM. Please use Chrome and a PC as Mobile devices or Internet Explorer are not always supported.

For more information: 213-252-8642 or email: training@lanterman.org

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