



Koch ♦ Young
RESOURCE CENTER

PRESENTS A WORKSHOP FOR PARENTS

With Children Birth to 5 Years of Age

With Guest Speaker Cynthia Landes, MPH, MA, ET/P

Promoting Positive Discipline & Handling Challenging Behavior

PART 1: Monday, October 21, 2013, 7 p.m. to 9 p.m.

REGISTER ONLINE FOR PART 1 AT

<http://fdlrc-disciplinebehavior-part1.eventbrite.com>

PART 2: Monday, November 18, 2013, 7 p.m. to 9 p.m.

(Must attend part one first)

REGISTER ONLINE FOR PART 2 AT

<http://fdlrc-disciplinebehavior-part2.eventbrite.com>

Lanternman Regional Center - KYRC - 1st Floor

As a parent, have you struggled with your child's:

- Sensory-seeking behavior – spinning, bumping, throwing
- Seemingly ignoring others
- Extremely introverted behavior
- Extremely rigid behavior or demands
- High activity level
- Difficulty with transitions
- Difficulty sharing or turn-taking
- Meltdowns

Parents of children with disabilities often request assistance from professionals to help them with a range of behavioral issues such as these. Parents, as the resident expert on their child and as their child's first teacher, are in a unique position to participate in the behavior intervention process. In this **two-part workshop**, parents will learn how to:

- 1) Use descriptive, fact-based language to describe their child's behavior
- 2) Create a behavior log to help identify patterns
- 3) Utilize limit-setting and consistent discipline strategies

Contact the Koch-Young Resource Center at 213.252.5600 or kyrc@lanterman.org for more information or to register. Reserve your space before Friday, October 18, 2013.

NO CHILDREN PLEASE.

