

INFANT MASSAGE

A pair of hands is shown holding a baby's foot. A small white daisy flower with a yellow center is placed on the baby's foot. The hands and foot are reflected in water below, creating a soft, rippling effect. The background is a warm, light brown color.

A PARENT AND ME SERIES

For Children Ages BIRTH TO CRAWLING

Tuesdays, October 17 to November 14, 2017 11 a.m. to 12 p.m.

♥Families who attend all sessions will receive materials♥

Benefits of Infant Massage for Baby

- Helps to decrease stress for you and your baby.
- Helps relieve discomfort from constipation, gas, and colic.
- Helps normalize muscle tone and improve blood circulation.
- Stimulates brain development and improves sensory awareness.
- Promotes bonding and attachment.

Space is limited REGISTRATION is required: www.fdlrc-infant-massage-fall2017.eventbrite.com

For more information contact Paola Coronado at 213.252.8348 or pcoronado@lanterman.org.

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