Office of Patient Experience Patient Family Education

Nurturing Parenting® 10-Week Workshop Series

- Parenting and support workshops for caregivers who have children with disabilities and medical challenges
- September 13 to November 15, 2023
- Wednesdays from 5 p.m. to 7 p.m.
- Classes will be virtual (link will be given once you register).

Attend as many as you would like!

Workshop 1: September 13, 2023 Child Development, the Brain and Attachment

Workshop 2: September 20, 2023 Parenting Styles and Personality Types

Workshop 3: September 27, 2023 Praise, Personal Power and Independence

Workshop 4: October 4, 2023 Understanding Discipline and Punishment

Workshop 5: October 11 2023 Family Rules and Consequences

Workshop 6: October 18, 2023 Health, Healing, Grief and Loss

Workshop 7: October 25, 2023 Understanding our Feelings and Needs

Workshop 8: November 1, 2023 How to Cope, Socialization, and Sibling Support

Workshop 9: November 8, 2023 Managing Stress and the Power of Play

Workshop 10: November 15, 2023 Communication and Advocating for your Child







SPACE IS LIMITED!

To register, please contact: <u>patientfamilyeducation@chla.usc.edu</u> or call the Family Resource Center at 323-361-7698.

