

## Nurturing Parenting® 10-Week Workshop Series

- Parenting and support workshops for caregivers who have children with disabilities and medical challenges
- June 21 to August 23, 2023
- Wednesdays from 5 p.m. to 7 p.m.
- Classes will be <u>virtual</u> (link will be given once you register).



## Attend as many as you would like!

Workshop 1: June 21, 2023

Child Development, the Brain and Attachment

Workshop 2: June 28, 2023

Personality and Parenting Styles

Workshop 3: July 5, 2023

Praise, Personal Power and Independence

Workshop 4: July 12, 2023

Discipline and Punishment

Workshop 5: July 19, 2023

Family Rules and Consequences

Workshop 6: July 26, 2023

Health, Healing, Grief and Loss

Workshop 7: August 2, 2023

Feelings and Needs

Workshop 8: August 9, 2023

How to Cope, Socialization, and Sibling Support

Workshop 9: August 16, 2023

Managing Stress and the Power of Play

**Workshop 10: August 23, 2023** 

Communication and Advocating for your Child







## SPACE IS LIMITED!

To register, please contact: <a href="mailto:patientfamilyeducation@chla.usc.edu">patientfamilyeducation@chla.usc.edu</a> or call the Family Resource Center at 323-361-7698.