



Frank D. Lanterman

R E G I O N A L C E N T E R

TITLE:	Social Recreation, Camp, Non-Medical Therapies & Educational Expenses
DOCUMENT:	Service Standard
DATE:	January 24, 2024
APPROVED BY BOARD:	January 24, 2024
APPROVED BY DDS:	February 27, 2024

The law requires that regional centers promote the full inclusion and independence of persons with developmental disabilities by providing them with opportunities to participate in programs and activities in which they can interact and socialize with typical peers and lead the lives they want in the community.

The Frank D. Lanterman Regional Center (FDLRC) makes it a priority to increase access to social recreational activities, camping services and non-medical therapies, particularly for individuals who are subject to disparities in the receipt of regional center services, or are financially unable to pay for services upfront and await reimbursement. Such activities may include, without limitation, YMCA programs, local community recreation centers, martial arts, swimming, gymnastics, and non-medical therapies such as specialized recreation, horseback riding, art, dance and music.

FDLRC increases access to such activities by doing the following:

- (1) using advocacy and public education to provide information about free or low-cost social recreation services, camping services and non-medical therapies to persons served, their family members, and service providers, through the use of publications, self-advocacy groups, and public meetings;
- (2) directly referring individuals served and their families to existing generic and community opportunities, taking into account the most cost-effective service that provides an age-appropriate, integrated activity;
- (3) funding services directly, when appropriate;
- (4) providing training about both developmental disabilities and inclusion strategies to providers;

- (5) in the event that a person served by the regional center needs extra support in order to engage in inclusive social recreational or camping services, FDLRC typically funds for that support. Such support might include, for example, training the individuals providing the social or recreational activity, or funding for a support companion so that the individual may participate in the activity. FDLRC may coordinate direct funding of such services through a variety of means, including, but not limited to, making direct vendor payments, utilizing Participant-Directed Services to coordinate direct vendor payment, or reimbursement through a financial management service (FMS);
- (6) increasing the availability of vendors by making every effort to vendor eligible social recreational providers;
- (7) utilizing the Standardized Vendorization Packet for Restored Services when vendoring social recreational and camping; and,
- (8) funding services through Participant-Directed Services.

The review and determination of the need for social recreation, camping and nonmedical therapies will be considered through the individual program planning process and will take into account the needs and preferences of the individual and the family, if appropriate; the effectiveness of the service in meeting the goals stated in the individual program plan; and reflect the cost-effective use of public resources (Welfare and Institutions Code section 4646(a)). FDLRC, however, will not require individuals or families to do any of the following:

- (1) to exhaust services under the In-Home Supportive Services (IHSS) program;
- (2) exchange respite hours for service hours of social recreation services, camping services or non-medical therapies; or
- (3) require co-payments, or other cost-sharing arrangements to offset costs in order to receive social recreation services, camping services or non-medical therapies. Requests for funding will be considered on an individualized basis by the Interdisciplinary (ID) Planning Team, and an individual's calendar may be reviewed to ensure there is not a duplication or overlap of funding.

For adults who live in a licensed home, it is the responsibility of the residential program to ensure participation in appropriate social and recreational activities. If an individual wants to pursue individualized interests, requests will be considered by FDLRC through the individual program planning process.

For children and young adults up to 22 years of age, who are still eligible for related education services through the school district, which services may include, without limitation, extended year services, transportation and therapies, the regional center may fund for education services if it is determined through the individual program planning process that the individual's needs cannot be met through the educational system or other generic resources, which resources are first required to be exhausted under Welfare and Institutions Code section 4659, subdivision (a).