



TITLE: Independent Living Skills Training (ILS) and Support Funding

DOCUMENT: Service Standard

DATE REVISED: Revised by the Board of Directors on 1/25/17

Approved by the Board of Directors on 5/25/11

Approved by the Department of Developmental Services on 7/03/17

The Lanterman regional Center may provide independent living skills (ILS) services to an adult client that provide the client with functional skills training that enables him or her to acquire or maintain skills to live independently in his or her own home, or to achieve greater independence while living in the home of a parent, family member, or other person.

ILS services focus on the following areas:

- Establishing an independent and safe home environment, including the selection of a home and assistance with moving.
- Meeting essential personal needs such as home maintenance, meal planning, budgeting.
- Participation in community life such as mobility, safety awareness and community resources.

Individuals requesting independent living skills training and supports will first have an evaluation completed and must meet the following criteria:

1. Must be at least 18 years of age or no longer able to participate in programs funded by the public school system.
2. Must express a willingness to participate in an ILS training program and demonstrate an ability to learn and perform the needed skills.
3. Have an identified outcome on their Person Centered Plan related to independent living.

The type of service and support and number of hours is determined by the client's training goals as identified on the evaluation and the individual's natural support system.

1. Typically outcomes related to the IPP can be achieved with 12 to 20 hours of training per month for a duration of no more than 24 months.

2. Services and supports must both be reviewed every six (6) months. It is expected that the ILS provider will maintain appropriate documentation as to the individual's progress on goals and objectives and provide the regional center with semi-annual reports to ensure that the services are being implemented as authorized. Documentation should include objectives and strategies used and should address identified barriers. Continuation of services will be based on the individual's progress toward identified outcomes.
3. At the time of the semi-annual reviews, a planning team meeting shall be conducted to determine if the client attained the skills outlined in the service plan. If the client has not met the outlined objectives or has not made reasonable progress, alternative services or programs will be explored with the client.

In situations where an individual has demonstrated an inability to acquire, retain or maintain needed skills, but requires ongoing support, the regional center may, after exhausting all generic resources (i.e. In-Home Supportive Services), authorize Personal Support services. Services may include assistance with activities essential to the health and welfare of the individual or assistance with one's personal affairs such as budgeting.