




ARE YOU A PART OF LANTERMAN REGIONAL CENTER?

HAVE YOU HEARD ABOUT THE **SELF DETERMINATION PROGRAM?**

Take advantage of Lanterman's coaching services!
Your individual coach will:

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- Answer your questions about the self determination program (SDP)
 - Share how the program can benefit you
 - Explain the difference between SDP and traditional services
 - Help you get started and guide you through the process
 - Share important SDP resources and learning opportunities

Our experienced coaches are all fluent in
English and Spanish.

Contact us today!



(310) 933-5112



sdp.lanterman@allycs.org

[Click here for Lanterman's SDP Website](#)



*These services are made possible by
Lanterman's Self Determination Local Advisory Committee*



FRANK D. LANTERMAN
REGIONAL CENTER



Ally
Comprehensive
Services