

# Children are our most valuable asset.

*Everything we do to nurture healthy development* is an investment in the future...

### Our goal for Early Intervention is...

To prevent or lessen developmental delay in infants and toddlers through support, education and access to resources.

## About Lanterman Regional Center

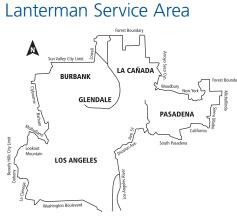
Frank D. Lanterman Regional Center is one of 21 regional centers in the state of California that together serve about 240,000 individuals with, or at risk for, developmental delays or disabilities and their families. Established in 1966 as a pilot regional center, Lanterman is a private, non-profit corporation that operates under contract with the state of California through the Department of Developmental Services, and is governed by a community-based board of directors that is comprised of individuals with developmental disabilities, family members and community leaders. Lanterman offers lifelong services and supports for approximately 8,000 children and adults with, or at risk for, developmental delays or disabilities and their families. We work together as partners with our clients, families, service providers and communities to provide quality services and supports that address an individual's unique strengths and needs.

# Our mission is...

To enable people with developmental disabilities to live purposeful lives as active members of their communities.

# Our vision is...

A world where every person is respected and embraced.





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Early Intervention Services

# Getting a Good Start



### Early Intervention

Some children under the age of 3 need extra attention because they are born with, exhibit, or are at high risk for developmental delays or disabilities. We have learned that the earlier we work with infants and children with special needs, the more successful we may be in minimizing – or even eliminating – future concerns. Services and supports that can help these children are divided into two programs – Prevention and Early Start. Each of these programs focus on a child's overall development, however, they have different eligibility requirements and offer different services and supports.

Working as partners with you and your family, Lanterman will help you ensure that these important early years get your child off to a good start.

### Learn More, Make a Referral

If you have any questions or concerns about your child's development, contact Lanterman, or the regional center that serves your area of residence, to learn more and set up an appointment to have your child assessed free of cost. After your child has been assessed, it will be determined if the child is eligible for Prevention or Early Start, or neither program. In addition to self-referrals by families, other individuals that may refer a family for assessment include:

- Medical professionals
- Community agencies
- Local education agencies
- Social workers
- Other caregivers

Birth and current medical records, as well as developmental and family contact information, is collected as part of the referral and intake process.

Referrals can be made by calling 213.383.1300 and asking for the Intake department, or by e-mailing kyrc@lanterman.org.

#### Prevention

#### Eligibility

The Prevention program is designed to serve children under 3 years of age who are at high risk for, but not yet exhibiting, developmental delays or disabilities. A multi-disciplinary team of professionals will evaluate your child to determine if he or she is eligible. A child may be eligible based on the following risk factors, including, but not limited to:

- Premature birth (less than 32 weeks) and low birth weight, and associated medical complications
- Injury, accident or illness which may seriously or permanently affect a child's development
- ✤ Prenatal substance exposure
- Significant failure to thrive

#### Services and Supports

The Prevention program offers the following services and supports to children and their families:

- Service coordination
- Assistance in finding community resources
- Developmental monitoring
- ✤ Family support and training
- ♦ Koch♦Young Resource Center



# Early Start

#### Eligibility

The Early Start program is designed to serve children under 3 years of age who are born with developmental disabilities or exhibit significant developmental delays. A multi-disciplinary team of professionals will evaluate your child to determine if he or she is eligible. A child may be eligible based on the following factors, including, but not limited to:

- Significant delay in language, learning, physical or social skills, or emotional development
- A diagnosis of a developmental disability, such as autism, cerebral palsy, epilepsy, mental retardation or conditions closely related to mental retardation or requiring similar treatment

#### Services and Supports

The Early Start program offers the following services and supports to children and their families, which, depending on your child's assessed needs, may include:

- ✤ Service coordination
- Assistance in finding community resources
- Occupational therapy
- Physical therapy
- Speech therapy

- Infant development programs
- Family support and training
- Transition planning
- Koch+Young Resource Center

Your family will partner with professionals in a team approach to ensure that your child receives necessary services efficiently, cost-effectively, and in the most natural settings possible, such as your home or neighborhood preschool, or community-based agencies, including assistance accessing generic resources, such as private health insurance.





