#### How Do I Apply? (cont.)

- (2) Provide the DOR with any information necessary to begin your assessment, determine your eligibility, and categorize your priority of services.
- (3) Be available to complete the entire assessment process. This process includes: an initial interview, orientation video, skills evaluation, and completing any actions you and your VR counselor agree upon.

Typically, you will hear back regarding your application within 90 days of submitting it.



## DOR Student Services (DSS)

DOR Student Services (DSS) are activities that support students in exploring and preparing for the world of work. The services are based on the student's interest and DOR helps students explore employment options as well as get ready for work. Categories of activities offered are: job exploration, postsecondary education counseling, skills for work, self-advocacy, and work experiences. To qualify for DOR Student Services, you must be a student enrolled in school; be between the ages of 16 and 21 (including 16 and 21); and have either an IEP, be eligible for (or have) a 504 Plan, or others think you have a disability. In order to get started, you must complete form DR 203 Student Services Request and take it to your local DOR office.



## Local One-Stop Centers

3175 W. 6th St. Los Angeles, CA 90020 213.738.2597 1255 S. Central Ave. Glendale, CA 91204 818.409.0476

1207 E. Green St. Pasadena, CA 91106 626.584.8395

### **DOR Contact Information**

Los Angeles DOR Office

3333 Wilshire Blvd., Suite 200 • Los Angeles, CA 90010 213.736.3904

Glendale and Burbank DOR Office

425 W. Broadway, #200 • Glendale, CA 91204 818.551.2141

Pasadena and La Cañada DOR Office

150 S. Los Robles Ave., #300 • Pasadena, CA 91101 626.304.8300

For adults with hearing impairments: TTY: 844.729.2800

Web site: www.rehab.cahwnet.gov

Produced by:



#### SPECIAL EDUCATION LAW CLINIC

3303 Wilshire Boulevard, Suite 700 Los Angeles, California 90010 213.383.1300 • Fax: 213.383.6526 kyrc@lanterman.org • www.lanterman.org

**f** lantermanregionalcenter

frankdlantermanrc

To learn more about the Law Clinic, contact your service coordinator.



# TRANSITION TO ADULTHOOD AND EMPLOYMENT

**EMPLOYMENT AND INDEPENDENCE** 

How a Student Enrolled in Special Education Can Prepare for a Post-School Career





# Who Can Assist With Employment Preparation?

The school district offers transition services to assist with employability skills and to support achieving employment.

Apart from the school district, the California Department of Rehabilitation (DOR) works to provide services and advocacy to help people with disabilities with employment, independent living and equality. If you have graduated school, have a disability and need vocational rehabilitation (VR), the DOR may be able to help you find work.

The DOR has programs in various high schools that assist seniors with transition from school to work. Check with your school or local DOR office for more information.

One-Stop Centers can also help you find employment. At a One-Stop Center, you have an opportunity to fill out job applications and create resumes. Employers who hire through DOR will review these documents and select people for certain jobs.



## Am I Eligible for Services?

The school district offers services for employment through an Individual Transition Plan (ITP). An ITP is a portion of the Individualized Education Program (IEP) that specifically addresses post-secondary education/training, employment and independent living. To be eligible for an ITP, you must be 14 or older and have an IEP. School districts must have an ITP based on a student's interests by the time he/she turns 16 years old.

Once you have graduated from school, you may be eligible for DOR services, if you: (1) have a physical or mental impairment that makes it hard to find work, and (2) need services in order to find or maintain employment.





# What Kind of Services Can I Receive?

The school district offers services that will help you reach the employment goal outlined in your ITP. If you would like certain services that you are not receiving, bring it to the attention of your ITP team. Services provided by the school district include but are not limited to:

- Vocational and work skills training
- Rehabilitative counseling
- Continuing and adult education
- Provision of employment options
- Assistance with determining areas of interest for employment

The DOR will work with you to create an Individualized Plan for Employment (IPE) based on your priorities, concerns, abilities and interests. This plan will include your job goals and services the DOR will provide to help you reach your employment goals. DOR's services can include:

- Job search and placement assistance
- Vocational training
- Evaluation of physical and mental impairments
- On-the-job or personal assistance services
- Orientation/mobility services
- Assistive technology services and devices
- Supported employment services
- Transportation necessary to allow you to participate in VR service
- DOR Student Services (DSS) see other side for details



## When Should I Apply?

If you are receiving services through an IEP and are 14 or older, you would request an assessment to determine your employment interests. If you do not have an ITP, contact your IEP team and request that an ITP be created.

The ideal time to apply for DOR services is three months before graduation if you are a diploma-track student seeking employment or three months before exiting the school system if you are a certificate of completion-track student seeking employment.



# How Do I Apply?

For employment services through your school district, you do not need to apply. Rather, request that your transition teacher conduct an assessment to determine your employment interests, abilities, etc. You would then work collaboratively with your IEP/ITP team to receive transition activities that would help you reach your ultimate employment goal.

If you have graduated, or will be graduating soon, and are interested in securing employment, you can apply for DOR services by following these steps:

- (1) Request VR services one of the following ways:
  - **a.** Contact your local DOR office and complete form DR 222, titled Vocational Rehabilitation Services Application (see sample).
  - **b.** Apply online at www.dor.ca.gov or print and complete form DR 222 and mail it to the DOR office.
  - **c.** Visit a One-Stop Center to complete an intake application form.

continued >