

Your amazing toddler 19 months to 2 year old milestones

During 19th-21st months

- likes to “draw” and scribbles
- likes to fit rings on a post
- pounds, pulls and squeezes play dough or clay
- puts very simple puzzles together
- imitates adult behavior
- points and names objects in a book
- splashes in a tub, have pillow fights
- has 20-50 words, can imitate a two-word sentence (don't make fun of his* mistakes)
- may be possessive about toys and hide them, says “mine!”
- begins to show sympathy to others
- wants lots of personal attention
- may remove clothes, and not mind being naked
- tears strips of newspaper
- climbs on furniture to get what he wants
- plays with pots and pans, dance to fun music
- likes to play next to children but not with them
- imitates wiping, sweeping, combing
- throws a small ball or kicks a ball forward
- walks down stairs holding your hand
- likes to swing or rock back and forth
- play hide and seek, run and be chased (catch and hug him each time)

Give your toddler

- a jar of bubbles and a wand
- a plastic doll to take care of
- a plastic fork
- lots of time, attention and play time with you

* All tips apply to
both boys and girls

More on back



Hold me, love me, praise me so,
teach me, hug me, watch me grow

During 22-24th months

- attempts to stand on a curb or balance beam
- builds towers of 6-7 cubes
- runs without falling
- pedals a tricycle, kicks a large ball
- uses 50 words, including “hi” and “bye”
- turns light switches off and on
- draws loops and circles
- pushes a small shopping cart or wagon
- jumps, hops, runs, throws a ball underhand
- crumples grocery bags
- paints with a large brush, begins to use a fork
- likes to see pictures of himself
- displays love to parents and other favorite people
- may try to do more things on his own
- always wants his own way, says “no” a lot
- may dawdle but wants to please adults
- might squat when he needs the toilet
- still prefers to play alone but likes to be near others
- makes imaginative play based on parents, like cooking or shopping
- uses his own name when referring to himself
- is continually testing limits set by parents and caregivers
- likes to control others and give them orders
- is easily hurt by criticism
- gets frustrated easily; does not always act nice
- may begin to slap, bite or hit

Give your toddler

- trips to the playground
- picture books and very simple puzzles
- music; dance, clap and sing together
- lots of conversation using simple sentences
- lots of hugs and cuddles
- a daily routine

Work a little bit on separation

Leave your little one with someone he knows. Try going next door or to the grocery store for a short time. Help your child learn that you will always come back.

Children learn at their own pace, though most move through similar developmental stages. If you have concerns about your child's progress, contact your child's health care provider or look for an “Early Intervention” program in your community.