

## Your amazing toddler

# 1 year to 18 month milestones

### During 13th-15th months

- can stack two blocks
- rolls toys with wheels
- likes to turn pages of a book 2 or 3 at a time
- begins to walk without help, though has trouble around corners or stopping fast
- can identify family members in photographs
- gives action toy to caregiver for help
- can say 4 to 10 words, usually referring to toys, food or animals
- shows pride in a personal accomplishment
- is affectionate to humans and objects
- likes to explore but needs caregiver nearby
- demands personal attention
- may be afraid of strangers and can be negative
- enjoys playing alone, recognizes self in a mirror
- communicates making more sounds
- likes nursery rhymes and silly songs
- eats finger foods
- helps dress and undress
- hands tools to daddy
- sit on floor and roll a ball back to you
- blink his eyes, point to body parts
- fill and empty, throw things
- responds to key words

### Give your toddler

- lots of time and attention and play time with you
- wooden blocks and cups to fill up and dump
- push/pull toys and toys with large removable parts to take apart and put back together again

*More on back*



Hold me, love me, praise me so,  
teach me, hug me, watch me grow

### During 16th-18th month

- enjoys creating noise and action, like banging on drum or splashing water
- enjoys cause and effect “magic,” like the result of turning on a TV or pressing a toy that speaks
- responds to simple requests
- can say 10-20 words
- says “all gone” and can ask for “more”
- is very socially responsive to parents and caregivers, but not to strangers
- will perform for an audience and imitate adults
- is messy but uses a spoon and a cup by himself
- can sip from a straw
- likes to push and pull toys while talking
- tries to run and can walk backwards
- pulls on you and points to what he wants
- may punch and poke peers as if they were objects
- walks down stairs holding your hand
- climbs on furniture, pushes a stroller
- helps take off some clothing
- squats down when he plays
- fills up a box or plastic bottle then dump it out
- fills up and squeezes out a sponge
- is emotionally unstable
- knows when loved ones are gone
- responds differently at different times
- is unable to tolerate frustration
- is not able to share
- can be stubborn, shakes head and says “no!”
- may be afraid of thunder, lightening and large animals (reassure him\* and don't belittle him)

### Give your toddler

- push/pull toys
- paper and thick crayons
- a soft inflated ball to play catch
- a big box to play peek-a-boo and things to stack
- a plastic doll to take care of
- sponge for the bath
- sturdy books
- a daily routine to follow
- lots of attention and praise
- talk and read daily to your baby

\* All tips apply to both boys and girls.

Children learn at their own pace, though most move through similar developmental stages. If you have concerns about your child's progress, contact your child's health care provider or look for an “Early Intervention” program in your community.