

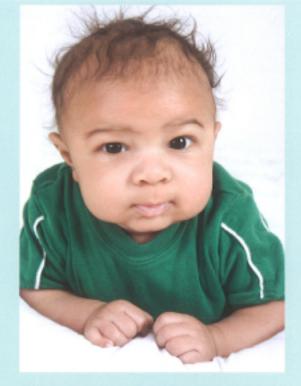
Family Resource Center



3031 South Vermont Ave Los Angeles, CA 90007 323-373-2400 X3216



Champions For Our Children www.First5LA.org



## WELCOME TO THE FAMILY RESOURCE CENTER

Finding housing, employment, food, clothing for your family isn't always easy. And too much stress in your life can harm your child's healthy development.

We are here to help. Our Family Resource Center provides no-cost, one-on-one support to you as a parent or caregiver. Our popular Family Night workshops help you build your parenting skills.

You are the greatest influence on your child's healthy development. We are here to help you succeed!

## **SERVICES:**

We provide FREE personalized services to help you find:

- Housing
- Food
- Employment
- · Recreational Activities
- · Child Care/School
- Other Community Resources
- Clothing Closet: Sizes range from infant to adult.

## **Family Night Event**

The Family Resource Center presents free workshops for families on a variety of topics. We offer free child care allowing parents to enjoy the workshops.

## **Contact the Family Resource Center:**

Walk in to the FRC between 9 a.m. and 4 p.m., Monday through Friday, at 3031 S. Vermont Ave.

Call the FRC (323) 373-2400 for an appointment or more information.

Email your questions to FRCPE@lacgc.org

We accept donations of gently used or new clothing and baby accessories.