



National Alliance on Mental Illness

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(800) 950-NAMI; info@nami.org

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NAMI offers an array of support and education programs that help build better lives for the millions of Americans affected by mental illness.

Find the support you need:

NAMI HelpLine

The **Information HelpLine** is an information and referral service which can be reached by calling **1 (800) 950-NAMI (6264)**, Monday through Friday, 10 a.m.- 6 p.m., EST or by email at info@nami.org

Education, Training and Peer Support Center

NAMI State Organizations and local NAMI Affiliates offer an array of free education and support programs for individuals, family members, providers and the general public. These include Family-to-Family, Peer-to-Peer, NAMI Support Group, In Our Own Voice and more.

State and Local NAMIs

NAMI is the foundation for hundreds of NAMI State Organizations, NAMI Affiliates and volunteer leaders who work in local communities across the country to raise awareness and provide essential and free education, advocacy and support group programs.

Discussion Groups

Browse through hundreds of NAMI's interactive group forums. With topics ranging from illness management, to job-hunting, to relationships, it's never been easier to connect with others who've shared your lived experience.

Social Networks

Connect with NAMI through Social Media Channels on **Facebook** and **Twitter** or NAMI's network for young adults, **Strength of Us**.

NAMI on Campus

NAMI on Campus provides information and resources to support students living with mental health conditions and to empower them to take action on their campuses.

Veterans & Military Resource Center

NAMI is proud to provide the following resources for veterans and active duty military members, as well as their families, friends, and advocates.

Multicultural Action Center

The Multicultural Action Center focuses on eliminating disparities in mental health care for diverse communities and offers help and hope to individuals of diverse backgrounds.

NAMI FaithNet

NAMI FaithNet is a network of NAMI members and friends dedicated to promoting caring faith communities and promoting the role of faith in recovery for individuals and families affected by mental illness.

Missing Persons Support

Resources and support for locating missing persons with mental illness.

NAMI Legal Support

The NAMI Legal Center provides lawyer referrals as a service to our members and the general public.

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