## Greetings....

On behalf of the Koch - Young Resource Center of the Frank D. Lanterman Regional Center, we would like to give you information that we hope will assist you on your unique journey as a part of the regional center.

We have carefully prepared general information and resources specific to the needs of your family and your family member with special needs; information about the services available through the regional center, community resources available to families and individuals with special needs, trainings, presentations, and support and self advocacy groups. In addition, there is information specific to age and diagnosis of your individual with special needs.

The "Guide to Lanterman Regional Center" can be accessed online: <a href="http://www.lanterman.org/info/GuidetoLanterman.asp">http://www.lanterman.org/info/GuidetoLanterman.asp</a>.

Family-friendly and client-friendly versions of the "Lanterman Act" can be accessed online by following the link below:

http://www.lanterman.org/index.php/lanterman\_act.

For additional resources available to individuals with developmental disabilities in the community, we also encourage you to access Network of Care through <a href="https://www.lanterman.networkofcare.org">www.lanterman.networkofcare.org</a>. You can always contact the Koch-Young Resource Center at 213.252.5600 for assistance. A more comprehensive list of our services is provided on the bookmark in your resource and information packet. We are here to help you through this journey.

Best wishes,

Koch - Young Resource Center at the Frank D. Lanterman Regional Center