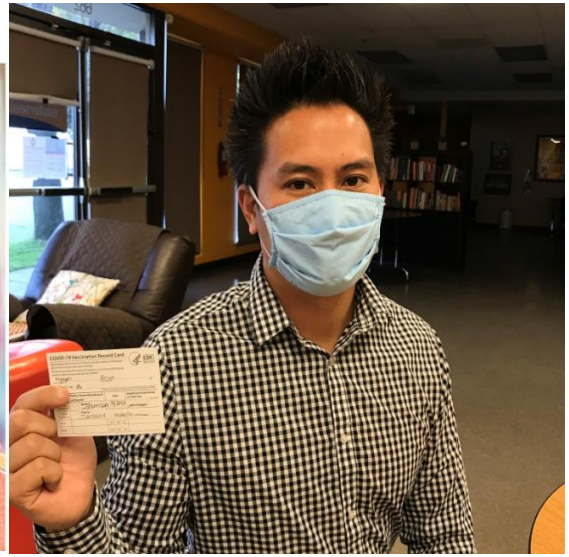


COVID-19 Vaccine Information

What you need to know about COVID-19 Vaccination

Module #2: Vaccine Eligibility and Appointments

Presented by
Margarita Blanco, RN Nurse Consultant
Frank D. Lanterman Regional Center

MARCH 2021

FOR MORE INFORMATION: cdc.gov/COVID19

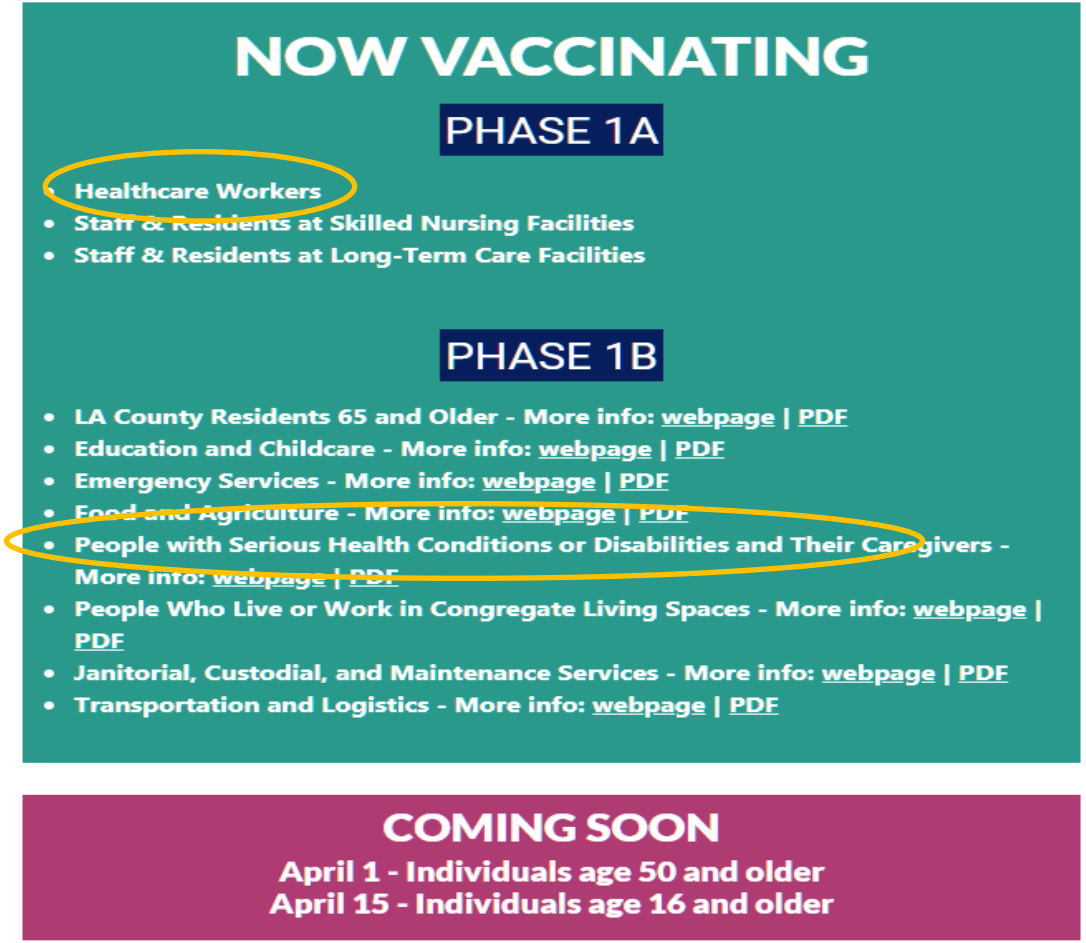
What you need to know about

COVID-19 Vaccination

Disclaimer: This presentation is for informational purposes only. This presentation is not to provide medical advice, and should not be substituted for seeking medical advice from your health care provider. The information shared today is intended to help you make a well informed decision, and/or prepare for a more detailed conversation about COVID-19 vaccines with your health care provider.

The information shared today related to COVID-19 illness, COVID-19 vaccine information, vaccine eligibility, and vaccine appointment information is current as of March 31, 2021, but is subject to change. Please continue to frequently check the CDC website, your local and state public health department website for changes/updates in guidance about COVID-19 illness and COVID-19 vaccines.

COVID-19 Vaccine Eligibility



http://www.publichealth.lacounty.gov/media/Coronavirus/vaccine/index.htm

Health Care Worker- "Family Caregiver"

Caregivers of regional center clients eligible as **"healthcare workers"** for Phase 1A. Eligible family members must obtain documentation from their regional centers, verifying the qualifying condition of the family member cared for and caregiver status.

The client must be at HIGH RISK of COVID-19 complications and related fatalities including the following conditions:

- Cerebral Palsy
- Down Syndrome
- Epilepsy
- Health care needs, including dependence upon ventilators, oxygen, and other technology are eligible.

**Does not include other family members within the same household who do not provide direct care to the regional center client. Can include other family members in the household that do provide direct care.*

Health Care Worker

"Family Caregiver"

FRANK D. LANTERMAN REGIONAL CENTER

Date _____

ADDRESS
ADDRESS
ADDRESS
ADDRESS

To Whom It May Concern:

I am submitting this letter from Frank D. Lanterman Regional Center (FDLRC) on behalf of (Client Name) who qualifies for regional center services based on his/her diagnosis of (Cerebral Palsy, Down Syndrome, Epilepsy, or Specialized health care needs). FDLRC provides services to approximately 11,000 individuals with intellectual or developmental disabilities in LA County.

This letter verifies that their parent/family member, (Parent/family member name) is caring for a person(s) with a developmental disability and is a "health care worker" pursuant to the State of California's Vaccination Plan, and thus is prioritized for COVID-19 vaccination within Phase 1A.

A letter from the Director of the State Department of Developmental Services supporting the eligibility of our client's family members accompanies this verification letter.

Sincerely,

Service Coordinator
Contact Info

STATE OF CALIFORNIA--HEALTH AND HUMAN SERVICES AGENCY GAVIN NEWSOM, Governor

DEPARTMENT OF DEVELOPMENTAL SERVICES
1600 NINTH STREET, Room 240, MS 2-13
SACRAMENTO, CA 95814
TTY (916) 654-2054 (For the Hearing Impaired)
(916) 654-1897

January 13, 2021

To Whom It May Concern:

California has a large population of people with intellectual and/or developmental disabilities. Recent COVID-19 studies have identified several groups within this population as being at high risk of COVID-19 complications and related fatalities. The purpose of this letter is to clarify that family members of certain people are "health care workers" pursuant to the State of California's Vaccination Plan (https://covid19.ca.gov/vaccines/#When-can-I-get-vaccinated), and thus are prioritized for COVID-19 vaccination within Phase 1A.

These family members include those who care for people with any of the following conditions. This list is not necessarily exhaustive:

- Cerebral palsy
- Down Syndrome
- Epilepsy
- Specialized health care needs, including dependence upon ventilators, oxygen, and other technology

The eligibility of these family members can be ascertained by documentation from their California regional center, verifying the qualifying condition of the member of their household who has an intellectual or developmental disability. A list of regional centers is available here: https://www.dds.ca.gov/rc/listings/. Alternatively, a family member may choose to present medical documentation of the qualifying condition of the member of their household who has an intellectual or developmental disability.

We hope this letter clarifies the eligibility of certain family members for the COVID-19 vaccine pursuant to Phase 1A of the State's Plan, and thereby assists in protecting the health of Californians most at risk from COVID-19 impacts.

Sincerely,

NANCY BARGMANN
Director

"Building Partnerships, Supporting Choices"

People with Medical Conditions and Disabilities

Ages 16 to 64 yo (effective 3/15/21)

People with Disabilities and certain Medical Conditions, that are considered HIGH RISK for COVID-19 illness:

- **Cancer**, current with weakened immune system
- **Chronic kidney disease**, stage 4 or above
- **Chronic pulmonary disease,** oxygen dependent
- **Down syndrome**
- **Solid organ transplant,** leading to a weakened immune system
- **Pregnancy**
- **Sickle cell disease**
- **Heart conditions**, such as heart failure, coronary artery disease, or cardiomyopathies (but not hypertension)
- **Severe obesity** (Body Mass Index ≥ 40 kg/m^2)
- **Type 2 diabetes mellitus** with hemoglobin A1c level greater than 7.5%

People with Medical Conditions and Disabilities

Ages 16 to 64 yo (effective 3/15/21)

People who, as a result of a developmental or other significant high-risk disability, meet one or more of the following criteria:

- A COVID-19 infection is likely to result in severe life-threatening illness or death **OR**
- Acquiring COVID-19 will limit the individual's ability to receive ongoing care or services vital to their well-being and survival **OR**
- Providing adequate and timely COVID care will be particularly challenging as a result of the individual's disability.

** Persons with eligible high-risk conditions or disabilities do not need documentation from a healthcare provider.*

People with Medical Conditions and Disabilities ages 16 to 64 yo

FRANK D. LANTERMAN REGIONAL CENTER

Dear Lanterman Family,

We are providing this letter because Governor Newsom has announced that beginning March 15, 2021, individuals between the ages of 16 – 64 with a regional center qualifying diagnosis will be eligible to receive the COVID vaccination.

Please bring the letter printed on the back of this statement to your appointment at the vaccination site. In addition, if you need any assistance with making an appointment to receive the vaccine, please contact your Service Coordinator.

Please note that while we encourage you to seek vaccination, the Regional Center has no jurisdiction over who will receive a vaccine. The Regional Center is following the guidelines provided by the LA County and CA State Dept. of Public Health, and the enclosed letter is being provided only to verify information that may be used to confirm eligibility for the vaccine.

DDS

STATE OF CALIFORNIA--HEALTH AND HUMAN SERVICES AGENCY GAVIN NEWSOM, Governor

DEPARTMENT OF DEVELOPMENTAL SERVICES
1600 NINTH STREET, Room 240, MS 2-13
SACRAMENTO, CA 95814

Families – please see other side for more information
고객/가족분들 - 자세한 정보는 뒷면을 참조하세요.
Familias por favor ver el otro lado de la carta para mas informacion.

March 00, 2021

To Vaccinators:
The State's COVID-19 vaccination plan at https://covid19.ca.gov/vaccines establishes vaccination eligibility for certain people, beginning March 15, 2021, including:

> "…individuals aged 16-64 who are deemed to be at the very highest risk to get very sick from COVID-19" because they have a specified severe health condition;
>
> OR
>
> "If as a result of their developmental or other severe high-risk disability, … the individual is likely to develop severe life-threatening illness or death from COVID-19 infection, [or]… will limit the individual's ability to receive ongoing care or services vital to their well-being and survival, [or]… providing adequate or timely COVID care will be particularly challenging as a result of the individual's disability."

This personalized letter certifies that [Nombre del cliente] meets one or more of these criteria, and therefore is eligible for vaccination beginning March 15, 2021, and as vaccine supply is available.

If necessary, you can verify the authenticity of this letter by contacting Frank D. Lanterman Regional Center at (213)252-5664. Also, the regional center and its contact information can be verified via the State Department of Developmental Services' website: https://www.dds.ca.gov/rc/listings.

We appreciate your assistance in protecting the health of Californians most at risk from COVID-19 impacts.

Sincerely,

NANCY BARGMANN
Director

Sincerely,

Melinda Sullivan
Executive Director

"Building Partnerships, Supporting Choices"

COVID-19 Vaccine Appointments

Where Can I get Vaccinated ?

- Large vaccination sites called PODs (Point of Dispensing Sites) or hubs, Mega Sites (ie: Dodger Stadium, Cal State LA)
- Hospital Medical Groups/ **HealthCare Providers** (ie: Kaiser, UCLA, Providence)
- Health clinics and Federally Qualified Health Centers (ie: Kedren, Clinica Romero)
- Some workplaces, including hospitals, grocery store chains, school districts
- Some senior housing developments and **senior centers**
- Skilled nursing facilities (SNFs) and long-term care facilities with congregate living, such as assisted living
- **Mobile vaccination units/pop up sites** (ie: City of Glendale, City of LA Council Districts)
- **Community Pharmacies** (ie: Walgreens, Rite Aid, CVS, VONS, Ralph's)
- **Special vaccination events** run by Public Health and County, City, community, and healthcare partners

Appointment Websites and Portals

VaccinateLACounty.com

http://www.publichealth.lacounty.gov/media/coronavirus/vaccine/index.htm

Appointment Websites and Portals

COVID-19 Vaccine

Vaccination Appointments

Ver página en español

How to make an appointment

YOU CAN SEARCH BY:

Type of appointment system several different appointment systems

Type of location - such as clinic, pharmacy, or large point of dispensing (POD) site.

Map to find a location near you

http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

APPOINTMENT WEBSITES AND PORTALS

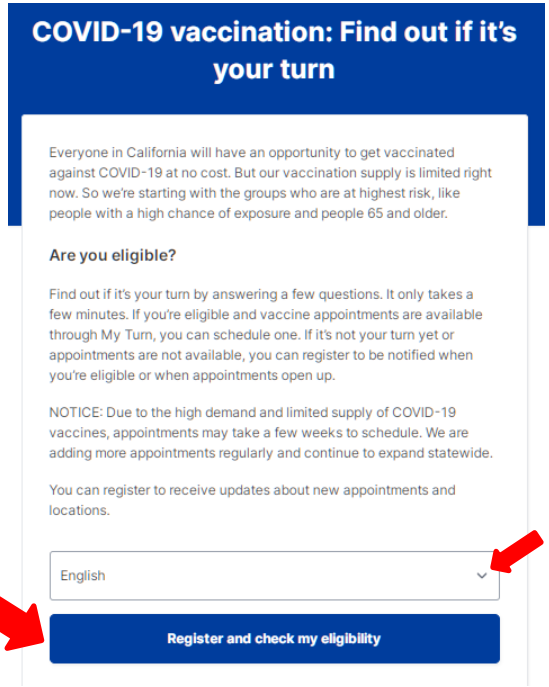
MyTurn.CA.gov is used by LA County Public Health, FEMA, and other community partners

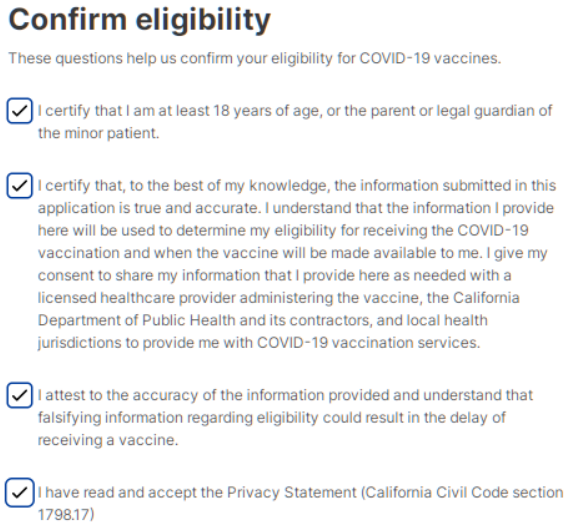
To look for an appointment at a specific location, go to MyTurn and enter the zip code of the location. You can see a listing of many of the locations below.

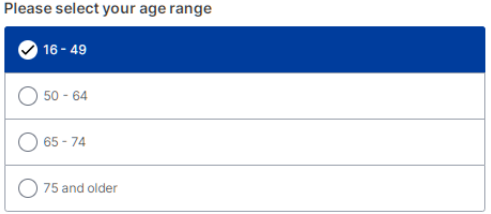
- L.A. County Public Health
- FEMA
- Kaiser Permanente at Cal Poly Pomona (other sites use Kaiser's website)
- Henry Mayo Newhall Hospital
- East Valley (some sites using PrepMod)
- St. John's Well Child and Family Center (some sites using PrepMod)
- UCLA
- Albertsons
- Sav-ons
- Pavilions
- Vons
- Cedars-Sinai
- Kedren
- Queens Care Health Centers
- PIH (Presbyterian Intercommunity Hospital) – Whittier
- Children's Hospital, Los Angeles
- Beach Cities Health District
- Burbank Fire Dept.
- Pico Care Pharmacy
- Asian Pacific Health Care Venture
- Memorial Hospital of Gardena

How to make an Appointment

- **Visit** https://myturn.ca.gov/ Click to change the language, Answer the questions to see if you're eligible. If eligible, follow the instructions on the page and answer the questions. If it's not your turn yet, you can sign up to receive updates and to be notified when it is your turn.







HOW TO MAKE AN APPOINTMENT

Do you currently have any of the following conditions that put you at the highest risk for extreme complications from COVID-19?

Cancer, current with debilitated or immunocompromised state | Chronic kidney disease, stage 4 or above | Chronic pulmonary disease, oxygen dependent | Down syndrome | Immunocompromised state from solid organ transplant | Pregnancy | Sickle cell disease | Heart conditions, excluding hypertension | Severe obesity with a Body Mass Index >= 40 kg/m2 | Type 2 diabetes mellitus with hemoglobin A1c level greater than 7.5%
For more details on these conditions, visit California Department of Public Health

- ○ Yes
- ✓ **No**

Do you currently have a physical or mental disability that is so severe and high-risk that one of the following applies: 1) a COVID-19 infection is likely to result in severe, life-threatening illness or death; OR 2) acquiring COVID-19 will limit your ability to receive ongoing care or services vital to your well-being and survival; OR 3) providing adequate and timely COVID care will be particularly challenging as a result of your disability?

- ✓ **Yes**
- ○ No

California Department of PublicHealth | My Turn

Please select the business/industry you work in

Other

What county do you live in?

Los Angeles

Access Code (optional)

Continue

Back

Have questions?

Our Virtual Assistant can help with your vaccine, registration and scheduling questions today. Click here to chat now.

Having trouble? Don't have an email address or mobile phone?

Call the CA COVID-19 Hotline at 1-833-422-4255 (M-F 8AM-8PM, Sa-Su 8AM-5PM) for assistance.

HOW TO MAKE AN APPOINTMENT

Congratulations! You are eligible.

Find a location near you.

IMPORTANT NOTE: Some clinics returned for your search result may be outside your county of residence. Your appointment could be cancelled depending on the requirements set in the county you are seeking a vaccine. Each County sets their own geographic requirements and most limit vaccination to those who live or work within the county. So before booking a vaccine appointment outside your County of residence, check the other County's official government website to make sure you are eligible to be vaccinated in that County, otherwise your appointment could be cancelled.

NOTE: Even when you're fully vaccinated, it's still important to get tested if you've been exposed to someone with COVID-19 or have any symptoms. COVID-19 tests work the same for both vaccinated and unvaccinated people.

Find a testing site near you or call (833) 422-4255.

Enter your address or zip code

Los Angeles, CA 90010, USA

Use your current location

Continue

Back

Select location

Locations nearest to Los Angeles, CA 90010, USA Change

KEDREN VACCINES FIRST DOSE (Moderna OR Pfizer OR Janssen)
4.55 miles away
4211 S Avalon Blvd, Los Angeles, CA 90011
Open 9am - 4pm Mon-Fri

See availability

KEDREN VACCINES SECOND DOSE ONLY (Moderna OR Pfizer)
4.55 miles away
4211 S Avalon Blvd, Los Angeles, CA 90011
Open 9am - 4pm Mon-Fri

See availability

Henry Mayo Newhall Hospital POD (Phase 1A and 1B)
26.98 miles away
23803 McBean Parkway Valencia, CA 91355
Open 12:30pm - 4pm Tue-Fri

See availability

APPOINTMENT WEBSITES AND PORTALS

PrepMod is used by many clinics and hospitals serving community members. Each session for each location has a different link.

- Angeles Community Health Center
- CHA Hollywood Presbyterian Medical Center
- Herald Christian
- JWCH
- Western University of Health Sciences
- East Valley (some sites using MyTurn)
- St. John's Well Child and Family Center (some sites using MyTurn)

Click here to view these locations in our Community Partners and Hospitals section where we list unique links for each session at each location.

APPOINTMENT WEBSITES AND PORTALS

Carbon Health

https://carbonhealth.com/covid-19-vaccines/los-angeles

- **LA City Fire Department PODS**

Community Pharmacies/ Partners

CVS pharmacy

RITE AID

UCLA

Albertsons

Walgreens

curative

PAVILIONS

Ralphs Pharmacy

COSTCO WHOLESALE

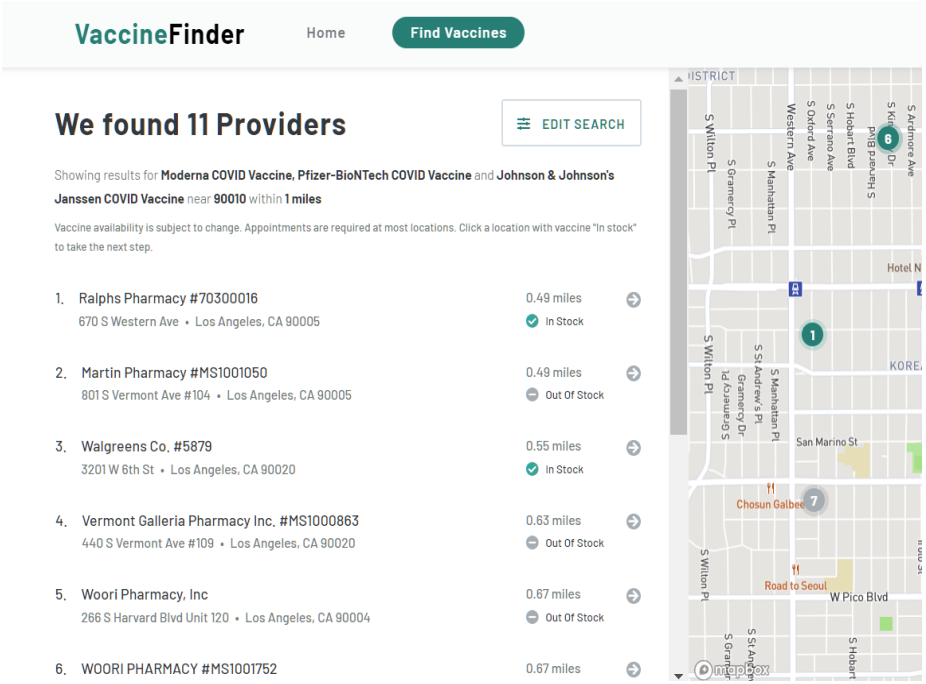
one medical

VONS

Other ways to find an Appointment

Vaccine Finder: https://vaccinefinder.org/search/

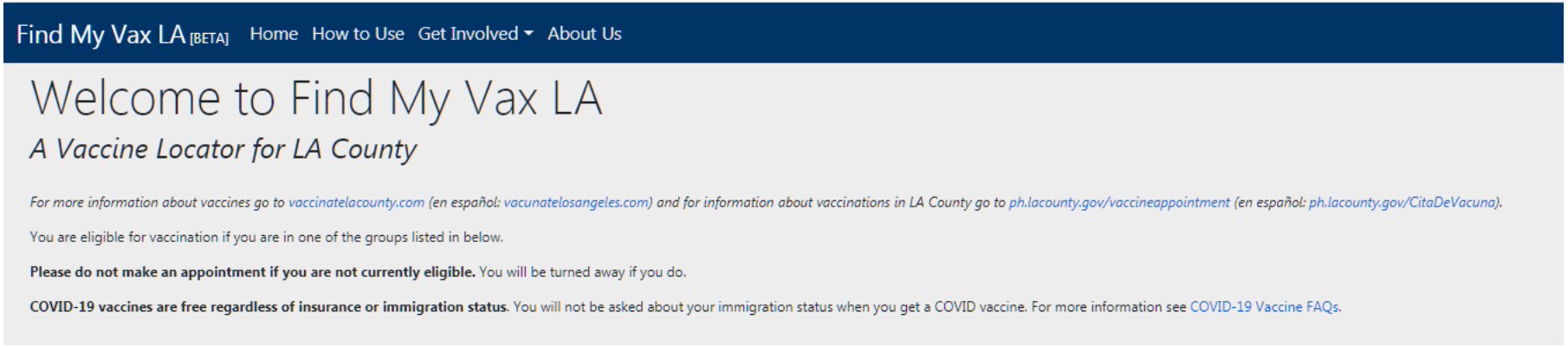
Find a COVID-19 Vaccine appointment near you. Search by zip code, preference of vaccine, and distance you want to travel (from 1-50 miles).



Other ways to find an Appointment

Find My Vax LA: https://www.findmyvaxla.com/index

Find My Vax LA was created for one reason: to help eligible LA County residents receive COVID-19 vaccines by centralizing vaccination availability from 200+ locations. We are here to help ensure vaccines are distributed efficiently and equitably.The project was developed by Andrew Friedman with operational support from Alex Wood. Offers real time, available appointments, has optional search by zip code.



Other ways to find an Appointment

GFD's Free At-Home COVID-19 Vaccinations for Seniors

The Glendale Fire Department, in partnership with Glendale Memorial Hospital, is offering free at-home COVID-19 vaccines to qualifying seniors. Interested individuals must be Glendale residents over the age of 65 who are homebound and unable to get to a COVID vaccination clinic.

Please call (818) 550-5617 to sign up today!

Dignity Health.
Glendale Memorial Hospital
and Health Center

FREE AT HOME COVID-19 VACCINATIONS

Are you a senior (65+)???

Do you live in Glendale???

Have you been vaccinated for COVID-19???

Are you unable to get to a vaccination clinic???

If not, the Glendale Fire Department in partnership with the Glendale Memorial Hospital is offering sign ups to provide COVID-19 vaccinations at your home.
To sign up, please call, (818) 550-5617.

https://www.glendaleca.gov/government/departments/management-services/communications-community-relations/covid-19-local-vaccine-information

Other ways to find an Appointment

The City's Mobile Outreach for Vaccine Equity **(MOVE)** program is an effort to scale up mobile vaccinations in some of the most vulnerable neighborhoods in the City of Los Angeles.

- **If you don't know what district you live in**, you can look up your council district by entering your home address here EmpowerLA.org/Council-Districts-Map**.**

- *Once you locate which Council District you live or work in,* **find out if your district is offering mobile/pop up vaccination clinics, click on the Councilmembers District office or call the number listed.** For information see→ Mobile Outreach for Vaccine Equity Program https://corona-virus.la/MobileVax

Please note these local appts are not available through the LA County website, LA City/Carbon health website, or MyTurn website.

Other ways to find an Appointment-

Need assistance, no computer access or technology?

- **Vaccinate LA County-** County residents with *disabilities or without computer access* can call **1-833-540-0473** between 8:00 a.m. and 8:30 p.m, *7 days a week,* for help with finding and booking appointments at LA County sites, and its partners.

- **MyTurn**- *If you don't have computer access, an email address, or mobile phone.* Call the **1-833-422-4255** (M-F 8AM-8PM, Sat-Sun 8AM-5PM) for assistance.

- **Call your health care provide**r, local health clinic, medical group, or health plan.

- **Call the Regional Center-** *call your service coordinator* or *the family resource center* for assistance with scheduling appointments, or resources for transportation to a vaccine appointment.

Transportation to vaccine appointments

For drop off or walk up locations:

- **City of Los Angeles Para Transit Services**-. https://www.ladottransit.com/cityride/
- **ACCESS SERVICES*** https://accessla.org/ *only specific drive thru locations, check the website
- **METRO LA-** https://www.metro.net/

❖ **Medi-Cal Health Plans:** *For more information,* call the Member Services phone number on the back of your card**.** ***At this time only offered to drop off at walk up sites only.***

•**LA CARE:** CSC/Member Services at **888-839-9909.** Must be a walk in/ up site. **Schedule 2days (48hrs) prior** to your appointment as much as possible however, they may be flexible with the **48-hour prior notice** to ensure members can get to their vaccine *locations as needed.*

•**HEALTH NET:** Member Services toll free at **1-800-675-6110** (TTY:711) require 5days notice advance notice.

• **KAISER**: For Kaiser facility appointments only. *Call Member services for more details.* **1-800-464-4000 or 1-877-930-1477** (TTY: 711).

**Please have your insurance card handy, your address, phone # and details about your vaccine location and appointment ready when you call.*

Vaccine Eligibility Documents

Documentation to bring on the day of your appointment:

☑ **Proof of eligibility-** RC letter, work ID, paycheck stub

☑ **Photo ID*-** CA ID or Driver's license, passport, gym membership, day program ID

(does not need to be a government issued ID)

☑ **Proof you live or work in LA County-** correspondence, a phone bill, utility bill.

Vaccines are free*

Insurance is not required. Regardless of immigration status.

You may be asked to bring your insurance card, this is for reimbursement purposes only, if you have insurance.

For more information visit: VaccinateLACounty.com

http://publichealth.lacounty.gov/acd/ncorona2019/vaccine/hcwsignup/

Watch Next:

What to Expect the Day of your Appointment

(*Before, During,* and *After)*