

Frank D. Lanterman Regional Center (FDLRC) Board of Directors Training Plan

September 2020

This training plan is developed to assure that members of the FDLRC Board of Directors receive training that enables them to understand and carry out their responsibilities. It's expected that board members will receive training throughout their tenure with targeted readings, formal training and presentations throughout the year at board meetings.

Welfare and Institutions Code, section 4622 (g)(1) states "The regional center shall provide necessary training and support to these board members to facilitate their understanding and participation, including issues relating to linguistic and cultural competency. (2) As part of its monitoring responsibility, the department shall review and approve the method by which training and support are provided to board members to ensure maximum understanding and participation by board members. (3) Each regional center shall post on its internet website information regarding the training and support provided to board members.

- 1) At the first meeting of the new fiscal year, all board members receive training on the role and responsibilities of a board member, as well as reviewing and signing the Conflict of Interest statement and Whistleblower policy. This training was developed by the Center's corporate attorney.
- 2) The executive director meets individually with new board members as part of the onboarding process.
- 3) Throughout the year, the board receives Administrative Reports from the key departments of the regional center, with a focus on emerging issues. The executive staff members responsible for the following departments provide the presentations: Client and Family Services, Administrative Services, Community Services, Human Resources, and Training & Development.
- 4) In addition to Administrative Reports, presentations on current issues may be incorporated into the board meeting agenda. Examples of such topics include Self-Determination, Alternative Service Delivery and family support efforts; these topics will be provided by subject matter experts at the regional center.
- 5) Board members are encouraged to attend the ARCA Academy, which focuses its training topics on the support of regional center board members.