

Frank D. Lanterman Regional Center

Client Advisory Committee

January 11, 2021

MINUTES

**PRESENT**

Howard McBroom, Chair  
Rachelle Cabrera  
Thomas Fambro  
James Li  
Nicholas Pietrantonio  
Thomas Espinosa

**GUEST**

Jonathan Arevalo-Parrish, State Council on Developmental Disabilities  
Gaby Funes  
Stefanie Scoot

**STAFF**

Carmine Manicone  
Helene Schultz  
Lyndon Marshall

**CALL TO ORDER**

The meeting was called to order at 4:30PM.

**STATE COUNCIL SURVEY**

Mr. Jonathan Arevalo-Parrish from the State Council on Developmental Disabilities (SCDD) was present to talk about the NCI survey. This survey is being sent to approximately 400 clients of each Regional Center. The clients were selected by SCDD at random and clients will receive a letter in the mail and then they will receive a phone call. The survey itself will take place via zoom on a one-to-one basis. Mr. Arevalo-Parrish added that by participating in the survey, clients are assisting the state of California to identify what areas of improvement are needed with the services and supports that clients are receiving through the Regional Center. Some of the questions from the survey include: what you like to do on your free time, what services you receive from the Regional Center, and life during COVID-19. The survey is voluntary, anonymous, and confidential. Questions and discussion followed.

**REVIEW OF MINUTES**

The minutes of November 9, 2020 were reviewed and approved by consensus.

**2021 CALENDAR & CHARGE DISCUSSION-ANNUAL PROJECT**

The committee reviewed the proposed 2021 calendar. They were in favor of all topics. All committee members would like a lot more updates and information regarding and related to COVID-19. This includes: where to get tested, information about the vaccine, how to protect yourself, and when they can visit the Regional Center again. Ms. Cabrera suggested adding stress/anxiety reduction as a topic and all committee members agreed.

In the past, the committee has had a variety of annual projects such as: employment, housing, and socialization. This year, the committee would like to focus on membership and recruitment for CAC. Some of their ideas in order to make this happen include: making a flyer, inviting at least one client to the next meeting, posting it on social media, and e-mailing. Discussion followed.

**ARCA/CAC VICE CHAIRPERSON DISCUSSION**

Since Mr. Howard McBroom is the chairperson for CAC, he has attended the ARCA/CAC meetings in the past. Due to his work, he can no longer attend. Mr. Manicone asked voting members if anyone was interested and available to attend. The ARCA/CAC meetings take place on the second Friday of the month at 10:00AM. Mr. Pietrantonio and Ms. Cabrera were interested but they also have a conflict with their jobs. Ms. Scoot expressed interest and will let us know if she is available.

**VOTE IN NEW MEMBERS**

The committee voted to have Ms. Stefanie Scoot become a voting member unanimously.

**DISCUSS FEBRUARY MEETING: LEGISLATIVE ADVOCACY TRAINING**

Mr. Daniel Savino from ARCA will be present at February's CAC meeting. He is the legislation advocacy chair at ARCA and he will be presenting on how clients can be better advocates for yourself, services and the community. Mr. Savino will teach clients the tools to be able to talk to elected officials and how to make their voices have a real impact.

The committee is encouraged to attend and also invite as many clients as possible for this.

**NEXT MEETING**

The next meeting is scheduled on February 9, 2021.

**ADJOURNMENT**

The meeting was adjourned at 5:35 PM

/gs