




Meeting the Challenges of Dual Diagnosis

Sponsored by
Frank D. Lanterman Regional Center




Developmental Disabilities and Mental Health Seminar Series

Designed to help bridge the gap
between the mental health and
developmental disabilities systems

March 11, June 2,
& September 16, 2015
9:30 a.m. — 4:00 p.m.

Brookside Golf Course
1133 N. Rosemont Avenue
Pasadena, CA 91103



Registration Fee: \$30.00

Parking: No Cost

Includes all 3 seminar days & lunch



Overview and Objectives

OVERVIEW

Top experts in the field of dual diagnosis will address assessment and treatment of clients with mental health and developmental disabilities including factors such as substance use and abuse, and involvement with law enforcement, compounded behavioral issues, residential and employment challenges that may complicate their care. The seminar series will include ways to engage the hard to reach clients, unique intervention strategies, treatment options, and successful community models.

OBJECTIVES

1. Identify behavioral signs and symptoms of the client with behavioral challenges due to mental illness.
2. Identify common complications and signs of mental health deterioration in a person with a developmental disability.
3. Learn strategies to address employment and housing needs for the individual with mental illness and developmental disability.
4. Recognize the signs of substance use and abuse and identify treatment options.
5. Increase the safety of clients who may be involved with law enforcement.

TARGET AUDIENCE

Residential administrators and direct service staff, ILS/SLS and day program staff, service coordinators, mental health case managers, nurses, therapists, behavior interventionists, and other professionals responsible for coordinating/implementing treatment for people with a dual diagnosis.

CONTINUING EDUCATION

Frank D. Lanterman Regional Center is a continuing education provider approved by the California Board of Registered Nursing (RN), Provider Number CEP 13627 and California Board of Behavioral Sciences (MFT, LCSW) Provider Number PCE 2461, as a provider of continuing education. This seminar series meets the qualifications for 15 hours (5 hours/day) of continuing education. CEU fees are included in the registration fee and are non-refundable.

Day 1—March 11, 2015



9:30 a.m. – Registration and Continental Breakfast

9:45 a.m. – Understanding People with Developmental Disabilities and Mental Health Needs

This session will provide information on common co-existing diagnoses, Signs of mental health deterioration, counseling and psycho-therapeutic approaches and support tips for direct service staff who work with people with a dual diagnosis of mental illness & developmental disabilities.

Robert Wark, MA, Arroyo Developmental Services

10:45 a.m. – Break

11:15 a.m. – Activity

Get ready to experience an exercise in reflection, collaboration, and integration for providing services in a holistic manner.

Deborah Cook, MA, MFT, Pacific Clinics Training Institute

12:30 p.m. – Lunch

1:30 p.m. – Obsessive Compulsive Disorder (OCD)

This session will provide information on Obsessive Compulsive Disorder (OCD) and how it is exhibited in a person with a developmental disability such as autism.

Robert Wark, MA, Arroyo Developmental Services

2:30 p.m. – Break

2:45 p.m. – Activity

What's in your tool kit?

Deborah Cook, MA, MFT, Pacific Clinics Training Institute

3:45 p.m. – Closing

9:30 a.m. – **Registration and Continental Breakfast**

9:45 a.m. – **Forensic Issues: Law Enforcement and Dual Diagnosis**

This session covers SMART and PERT: An Inside Look

Charles Lennon, LCSW, DMH, Detective Charles Dempsey, LAPD

10:45 a.m. – **Break**

11:00a.m. – **The Other Diagnosis: Substance Abuse**

This session will cover the most common substances of abuse, the physical and behavioral effects, and signs and symptoms of addiction. It will also include some challenges and barriers to successful treatment and strategies to address them.

Mary Hubbard, LAADC, Marste Training Services

12:30 p.m. – **Lunch**

1:30 p.m. – **Employment Options**

People with a disability and who experience mental health issues face incredible challenges in the workplace. Poor work history or poor social behavior can be barriers to employment. This session will include strategies to ensure a successful match between the individual and the work environment.

James Chase, Chase Inc.

2:30 p.m. – **Break**

2:45 p.m. – **Tools for Meeting the Housing Needs of People with Mental Health and Development Disability**

This session will include information on housing options, the prevalence of homelessness, how to assess for housing readiness, and solutions-based strategies to meet housing needs.

Brezette Green, Pacific Clinics Training Institute

3:45 p.m. – **Closing**

Day 3—Sept. 16, 2015



9:30 a.m. – Registration and Continental Breakfast

9:45 a.m. – **What's Working – Ideas Going Forward**

A showcase of programs and case management wrap around strategies for LA County.

Mental Health/Regional Center Case Management Collaboration
Employment Readiness
Housing and Independent Living
Residential Options for the Forensic Client
Substance Abuse Program Options

12:00 p.m. – Lunch

12:45 p.m. – **Models of Success**

Clinicians, program administrators and interventionists from various programs share their challenges and successes on service delivery in the areas of housing, employment, substance abuse and mental health treatment, services.

Moderator and panelists to be announced

3:30 p.m. – Closing



Meeting the Challenges of Dual Diagnosis Seminar Series Registration Form

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Registrant Information (One form per person)

Name: _____ Title: _____

Agency Name: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Daytime Phone: () _____ E-Mail: _____

Seminar Information

Check Seminar Date(s)

- March 11, 2015 (\$10.00)
- June 2, 2015 (\$10.00)
- September 16, 2015 (\$10.00) **PLEASE NOTE: BBS CEUS are not available on this date.**
- or
- Series: March 11, June 2, & September 16, 2015 (\$30.00)

Registration Payment *(includes CEU certificate and lunch)*

Seminar Day: \$10 per person/per day

Seminar Series: \$30 per person

_____ Seminar Days @ \$10 each = \$ _____

_____ Seminar Series @ \$30 each = \$ _____

Grand Total Enclosed: \$ _____

Send completed form and payment payable to:

Frank D. Lanterman Regional Center
Attention: Training & Development • 3303 Wilshire Blvd., Suite 700 • Los Angeles, CA 90010
Phone: (213) 252-4976 or (213) 252-2572

Register now. Space is limited. Pre-registration forms must be received at least 10 business days prior to the selected seminar.