

<b>Freedom</b>	<b>Control</b>	<b>Authority</b>
<b>Choice</b>	<b>Dreaming</b>	<b>Risk</b>
<b>Relationships</b>	<b>Creativity</b>	<b>Contribution</b>
<b>Support</b>	<b>Respect</b>	<b>Responsibility</b>



## **Self-Determination at Lanterman**



**Self-Determination Program (SDP) is a voluntary, alternative to the traditional way of providing regional center services. It provides:**

- ❖ Clients and their families with more control over the services and supports they need, for example, clients/families may purchase existing services from services providers or local businesses, hire support workers or negotiate unique arrangements with local community resources.
- ❖ Self-determination provides clients, and their families, with an individual budget, which they can use to purchase the services and supports they need to implement their Individual Program Plan (IPP).

### **WHO IS ELIGIBLE FOR THE SDP?**

- ❖ **Must be a Lanterman client over the age of 3**
- ❖ **Live at home or in the community (Not eligible if you live in certain types of long term care facilities, unless you're in the process of moving into the community)**
- ❖ **Be willing to receive training and comply with the program's rules**

If you are interested in the Self-Determination Program and would like to be notified once the SDP Pre-Enrollment Informational Meeting is available, please e-mail [selfdetermination@lanterman.org](mailto:selfdetermination@lanterman.org) with your name and/or the name of the person who is interested in enrollment, client date of birth and regional center UCI (Unique Client Identifier) number.

For additional information about the program contact your service coordinator.

### **WHEN DOES THE SDP START?**

The program will start once it is approved for federal funding.

- ❖ Upon approval of federal funding, the SDP will be implemented for up to 2,500 participants during the first three years.
- ❖ After this three-year phase-in period, the program will be available to all clients.
- ❖ Lanterman Regional Center has been approved for 74 participants.

Once federal funding is approved, and the material becomes available, interested parties will be invited to participate in a SDP Pre-Enrollment Informational Meeting.

- ❖ If after participating in the SDP Pre-Enrollment Informational Meeting a client/family is still interested in being considered to participate in the SDP, the client's information will be forwarded to the Department of Developmental Services (DDS) to be put through the selection process.
- ❖ DDS will ultimately be responsible for selecting the initial 74 pilot SDP participants for Lanterman Regional Center.

If you would like to self-identify as an interested party with DDS and receive updates on the Self-Determination Program please email DDS at [sdp@dds.ca.gov](mailto:sdp@dds.ca.gov) and provide DDS with your name and/or the name of the person interested in enrollment and the regional center you are with.